



# Valhall Viking



**SONS of  
NORWAY**

## Mission Statement

The mission of Sons of Norway is to provide quality insurance and financial products to our members, promote and preserve the heritage and culture of Norway, and to celebrate our relationship with other Nordic countries.

February 2026  
Valhall Lodge #6-25  
Meet at La Mesa  
Masonic Lodge  
4731 Date Ave.  
La Mesa, CA 91942  
Serving San Diego, CA



<https://lodgeofvalhall.com>

Founded 1912

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January and July.

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## Ord fra presidenten

It's a new year! There were many opportunities to celebrate Norwegian culture in January: Juletreffest with House of Norway, Friday dinner at Den Norske Fiskeklubben, Ladies of Valhall breakfast at Denny's and our lodge Lapskaus dinner. Sandra and I attended the Juletreffest in the morning, then came to the lodge dinner in the afternoon. Our bellies were full from the Juletreffest smorgasbord and Judy's hearty lapskaus.

Planning for the District 6 Convention in Sacramento is underway and updated on the [District website](#). Since it is close to Camp Norge, there will be a day trip up to the mountain location on Friday June 12. If you

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Ord fra presidenten (*continued from Page 1*)

haven't had a chance to make the long drive from San Diego, this is a convenient opportunity while you are in the area for the convention.

Timing of the convention is the same Saturday of our lodge social June 13, so we'll need to change the June date or have a social without president, social director and others 😊 Stay tuned!

“Nothing in the world is quite as certain as change”. I don't remember when I learned this quote but it has always been a favorite of mine. Seemingly solid mountains erode and change their form. Human societies are subject to change as economies, culture, values and beliefs are developed over time. We inhabit a human body that, to put it kindly, doesn't last forever. I believe there are eternal truths, but in the world, change is inevitable.

Our organization has dealt with a changing world by adapting various elements. We have gathered feedback and responded as best we can with the tools and bandwidth that we have. I'm proud that although we are a smaller group than we used to be, we are a caring and supportive community. Thanks to our board members and lodge members for the collaboration and commitment to keep on keepin' on!

MVH,  
Myla Coleman  
President, Valhall Lodge #6-25

**PS: We need a secretary. See Page 6.** Tusen takk to Carrie Reichert for serving last year, but she cannot continue.

## Mølje - A Fisher's Feast

In the northern part of Norway, during the winter months, a certain and unique meal takes the stage. This meal is known as Mølje. The main ingredient of mølje is cod, but more specifically it is cod, cod roe, and cod liver.

The migration pattern of Arctic cod is the main reason for the dish being a common cuisine in the winter. The cod spawn in the archipelago of Lofoten, Norway, from January to April, which provides an abundant catch for the fishery there.

For many years, the fisherman of Lofoten have enjoyed what the waters have to offer. They would take their one cooking pan and add cod roe, potatoes, and water to cook. Then they would add the liver and cod for a few more minutes and mix it all together.

Today's preparation of mølje is a bit more complex with upwards of four pans used to prepare each ingredient separately. You can enjoy this delicacy in restaurants in Northern Norway in season. In fact, it is a “self-contained meal” and will give you everything you need by adding some carrots and potatoes. What a unique meal to try.

**Dinner and Social  
Valhall Lodge, Sons of Norway  
Meeting at Masonic Lodge of La Mesa  
4731 Date Ave.  
La Mesa, CA 91942**

**Saturday, February 14, 2026**

**Check-In at 1:30  
Dinner served at 2:00  
Meeting to follow**

**MENU**

**Roast Lingonberry Chicken  
Potatoes, Carrots, Green Salad  
Bread and Butter  
Coffee, Dessert  
Soda and Water available with donation  
Please feel free to bring your own wine or beer**

**Cost \$20**

**\*\*\* PLEASE pre-register by February 10, 2026 \*\*\***

**When making a Reservation, please include  
number of adults and number of children.**

**Call or send reservations to Millie Wright  
(619) 760-7446  
[grandmom2dach@gmail.com](mailto:grandmom2dach@gmail.com)**

## Valhall Lodge, Sons of Norway 2026 Social Calendar

<b>JANUARY</b>	<b>10</b>	<b>LAPSKAUS DINNER</b>
<b>FEBRUARY</b>	<b>14</b>	<b>DINNER</b>
<b>MARCH</b>	<b>14</b>	<b>SALMON DINNER</b>
<b>APRIL</b>	<b>11</b>	<b>CATERED SPRING DINNER</b>
<b>MAY</b>	<b>9</b>	<b>SYTTENDE MAI DINNER</b> <b>Open-faced sandwiches</b>
<b>JUNE</b>	<b>13*</b>	<b>ICE CREAM SOCIAL</b> <b>Hot dogs &amp; Bingo</b>
<b>JULY/ AUGUST</b>		<b>(NO MEETINGS)</b>
<b>SEPTEMBER</b>	<b>12</b>	<b>CATERED HERITAGE</b>
<b>OCTOBER</b>		<b>(KRETSSTEVNE MONTH)</b>
<b>NOVEMBER</b>	<b>14</b>	<b>LUTEFISK &amp; MEATBALLS</b> <b>LILLE BUTIKKEN</b>
<b>DECEMBER</b>	<b>12</b>	<b>JULETREFEST — POT LUCK</b>

\* Date for June Social is subject to change. Our delegates will be at the District Six Convention on June 13.

# Lodge Officers - 2025-2026

Lodge Officers	
President	Myla Coleman
Vice President	VACANT
Counselor	Maury Lee
Secretary	VACANT
Assistant Secretary	Bree Klusmeyer
Financial Secretary	Aprell Bigler
Treasurer	Millie Wright
Social Director	Judy Sawyer
Asst Social Director	VACANT
Cultural Director	VACANT
Marshall	Andy Ueland
Assistant Marshall	VACANT
Historian	Sandra Yeaman
Musician	Susan Cody
Editor	Steve Rawlinson
Assistant Editor	VACANT
Foundation Director	Jim Adams
Publicity Director	Jim Adams
Youth Director	Myla Coleman
Sports Director	Ellen Spitzer
Webmaster	Steve Rawlinson
Trustee	Susan Cody
Trustee	Millie Wright
Trustee	Judy Sawyer

Auditors
Everett Shogren
Susan Hawkinson
Jon Simonsen

Corporation Officers	
President	James Adams
Vice President	Andreas Ueland
Secretary	Everett Shogren
Treasurer	Steve Rawlinson
Director	Millie Wright
Director	Judy Sawyer
Director	Myla Coleman

LOV Officers	
President	Susan Cody
Vice President	Judy Sawyer
Secretary	VACANT
Treasurer	Barbie Lorentz



**SONS of NORWAY**

**JAMES DONOVAN**

**Your Financial Benefits Counselor**

**760-440-9905**

**[idonovaninsure@gmail.com](mailto:idonovaninsure@gmail.com)**

Hei Valhall Members:

**We need a new lodge secretary for 2026.**

We encourage old and new members to become lodge officers. It is very rewarding and a great way to meet many of the members.

Please consider becoming Valhall's lodge Secretary.

If you are interested, please contact, Myla Coleman, President of Valhall Lodge.  
You can email Myla at [mycokapi@yahoo.com](mailto:mycokapi@yahoo.com)

**Secretary:**

As secretary, you are in charge of keeping the important day to day operations of your lodge running smoothly: from the organization of lodge meetings to the ordering of supplies. You are also charged with keeping the records for your lodge accurate, organized and accessible to yourself, members, officers and Sons of Norway Headquarters staff. As secretary, you serve as the primary communicator between your lodge, its officers and members, Sons of Norway Headquarters and outside organizations.

As lodge secretary you have been entrusted with a variety of duties:

- A. Helping to organize and conduct meetings
- B. Recording, reading and distributing minutes
- C. Conducting lodge correspondence
- D. Ordering supplies
- E. Reporting lodge elections results (D63)
- F. Tracking fraternal and community events for the NFCA
- G. Completing Lodge of the Year form (including the NFCA section)
- H. Completing the Family Lodge of the Year form I.

Keeping and preserving secretarial records

Additional duties may be assigned which would be outlined in your local lodge's bylaws.

# Valhall Lodge Meeting Minutes

## January 10, 2026

President Myla Coleman called the meeting to order at 3:17 p.m.

Members sang the national anthems of the United States, Norway, and Canada.

Guests present were Trish and Jim Lundeen from Bothell Lodge in Washington.

One new member, Virginia (Ginny) Gomez, also attended.

Aprell Bigler and Myla Coleman presented Jean Shogren with a pin for her 50 years of membership and to Everett Shogren for his 40 years of members.

Aprell moved to nominate Steve Rawlinson to be Assistant Treasurer of the Lodge. Jim Adams seconded the nomination. The motion passed.

Social Director Judy Sawyer said the details of the February social will be included in the February newsletter. She has two catered meals planned for April and September.

Myla announced that Helen Westerland-Davis and her daughter will present a program in February about Sami culture.

Minutes of the November meeting were posted in the newsletter. Ellen Spitzer moved to accept the minutes. Maury Lee seconded the motion. The motion carried.

Treasurer Millie Wright provided the treasurer's report. Maury Lee moved to accept the treasurer's report. James Adams seconded. The motion carried.

Cards were sent to Rick Hausvik, Solveig Waters-Appel, and Sandra Yeaman from the Sunshine Chair.

Carrie Reichert has resigned as Secretary. The Lodge needs someone to step in to fill the remainder of the term.

Jim Adams reported on the Foundation. The fundraising campaign ends January 15. This is also the due date for scholarship applications.

Jim also announced that the Fish Club meets on Friday, January 16, for a catered dinner.

Myla mentioned that this is the year for the next District Convention which will be held in Sacramento June 24-29. We can send five delegates. As Zone Director, Maury Lee will attend in addition to the five delegates we can send. Graciela Lee, Myla Coleman, Judy Sawyer, Jim Adams are willing to represent the Lodge. Susan Cody (not present) may also be interested.

For the Good of the Order: Pat Becker spoke about an article she read that explained many of the connections between the Netherlands and Norway. She is 100% Dutch, but when she and her husband first began attending Lodge meetings, she felt 100% at home and considers the Norwegian community to be her family.

**Please turn to the next page.**

Valhall Lodge Meeting Minutes of January 10, 2026 (Continued from previous page)

Maury Lee mentioned another connection between Norway and the Netherlands. In the 17<sup>th</sup> century, a Norwegian took on a Dutch name and was recruited to build a Navy for Russia under the rule of Peter the Great.

The meeting was adjourned at 4:02 p.m.

Respectfully submitted,

Sandra Yeaman

Secretary pro temp



February Birthdays	
3	Anne Høidal
6	Sue Fouquette
10	Donald Bigler
11	Andrew White
16	Jim Adams
18	Theresa Hippolyte
19	Kimberly Bardin
19	Sarah Twamley
21	Erik Nilsen
22	Jeanette Moore

**Two Spring Work Parties at Camp Norge**

In preparation for a busy 2026 season and the District Six Convention field trip to Camp Norge, the Recreation Center Board has scheduled **two spring work party weekends** this year —an unusual but important step. Volunteers are invited to help on **Saturday, April 18** and **Saturday, May 30**, as we get the camp ready to welcome members from across District Six.

- Come for one day or both
- No special skills required
- Many hands make light work (and good fellowship!)

## Valhall Lodge Board Meeting Minutes

January 22, 2026 on Zoom

We had 9 members present, which is a quorum. Present were President Myla Coleman, Counselor Maury Lee, Social Director Judy Sawyer, Marshall Andy Ueland, Historian Sandra Yeaman, Editor Steve Rawlinson, Foundation Director Jim Adams, Auditor Jon Simonsen, and Auditor Susan Hawkinson. Treasurer Millie Wright was unable to attend because of technical difficulties in joining the meeting.

Myla called the meeting to order at 7:15 pm.

Minutes of the October quarterly board meeting were published in the newsletter. Jim moved to accept; Steve seconded; motion passed.

Millie texted that the Treasurer's Report was unchanged from the previous lodge meeting.

Myla announced that she had received a letter from District Six that identified we are eligible to send 4 delegates to the Convention. Board members present assumed these 4 would be in addition to the President, for a total of 5 delegates. The Convention will take place June 11-14, 2026, in Sacramento. Delegates must be elected no later than March 31. Judy, Jim, Graciela Lee, Andy, and Jon are interested in attending.

Judy reviewed the proposed social calendar for 2026. The dinners in April and September will be catered by Cupid's Catering. They charge us \$16 per meal. Jim spoke of a recent caterer at the Fish Club, from the House of Hungary, who charged \$35 per person and provided excellent service. Jim will provide contact information to Judy.

Myla will remind Millie of the need for a budget to be voted on at the upcoming February lodge meeting.

Jim moved to purchase a speaker and microphone system for not more than \$400; Judy seconded; motion passed. Jon volunteered to procure the equipment from Amazon with a tryout planned for the February 14 lodge meeting. Possible vendors are Amazon and Pitbull Audio.

Maury suggested that the lodge consider community service initiatives, such as food or clothing donations. This was a suggestion from a District Six meeting that Maury had attended. Jim suggested a food drive similar to what his church has done. The board is aiming for March to implement this project. Judy agreed to contact a food bank about item donations and volunteering opportunities.

Sue asked if there might be members who are unable to attend our socials because they live too far away without transportation to get there. One such member is Dale Roybal. Steve will contact her and see if she can accept a ride to attend meetings.

Jim reported on the foundation meeting. The Foundation has a new campaign goal of \$250,000 for 2026 after collecting \$249,000 in 2025. Information about this will be added to the February Lodge Newsletter.

**Please turn to the next page.**

**Lodge Board Meeting of January 22, 2026 (continued from previous page)**

Judy proposed a Valentine's Day menu featuring roast chicken a lingonberry glaze and orange herb butter and potatoes. The board agreed with the idea. Judy will send the menu to Steve in time for inclusion in the February newsletter.

Jon brought up the issue of auditing. Jon and Sue agreed to see if an hour before the March lodge meeting with a continuation as needed after the meeting would work for all 3 auditors, Jon, Sue, and Everett Shogren, as well as the treasurers of the Lodge (Millie and Aprell Bigler), LOV (Barbie Lorentz), and the Corporation (Steve).

The next meeting will be April 20th. Myla adjourned the meeting at 8:28 PM.

**Action Items**

Judy	Contact local food bank to inquire about needed items and volunteer opportunities for potential community service project.	Report back March meeting
Judy	Email Valentine's Day dinner details to Steve	January 23
Jon	Purchase a PA/Speaker system from Amazon for less than \$400 to be tested in the February meeting	February meeting
Jon	Coordinate schedule of Audit with participants	
Jim	Send caterer contact information to Judy	January 23
Steve	Add foundation report information to newsletter	January 24
Steve	Add April 20th board meeting to the calendar	January 23
Steve	Reach out to Dale Roybal to offer rides to meetings	February meeting
Myla	Have lodge elect delegates to the District Six Convention.	March meeting
Myla	Remind Millie to prepare a budget for 2026	January 31
Millie	Develop a budget for 2026	February meeting

# Ladies of Valhall Meeting Minutes

## January 3, 2026

The meeting was called to order at 9:07 by President Susan Cody. Visitors were Mary Hinshaw and Sandra Yeaman's sister, Joan Kruse, who is visiting from the Minneapolis area.

The November minutes were approved as printed in the December newsletter.

The Treasurer's report was approved as presented by Treasurer Barbie Lorentz.

Old Business:

Sandra will hold the next crafting meeting at her home both because of the paid parking issue at Balboa Park and her recent surgery which is limiting her activity. The meeting will be on Jan. 12 from 1-3 pm.

The hostess signup sheet was distributed to the membership.

New Business:

There was a discussion about the account holding the funds from the sale of the Bunad Book. We have a good amount of money sitting in the account and should be used to benefit LOV. There had previously been a mention of a book utilizing the photos from the Bunad Book, and Linda will speak with Anne Hoidal about moving forward with the idea.

Cultural:

Jean Shogren read several jokes from a Norsk joke book which had all of us laughing.

Carrie read an article about a pagan cemetery near Stockholm which was printed in the Guardian Magazine.

There will be a Netflix series March about one of Jø Nesbø's Harry Hole books.

Happy birthday was sung to Eldbjorg, who's birthday was in December, and Tam, Thelma, and Carrie for their January birthdays.

The drawing winners were: Solveig, Myla, Susan, Barbie, Mary Hinshaw, Millie, and Jean.

Today's hostesses were Judy and Carrie. The next meeting will be February 7, and hostesses will be Judy and Susan. The meeting was adjourned at 10:20.

Respectfully submitted, Susan Cody, President, LOV

Addendum: after the meeting, Carrie notified me that she is stepping down as Secretary because of personal issues. Susan will take over the duties.



Everett Shogren(L) receives 40 year award and Jean Shogren(R) receives 50 year award from President Myla Coleman(C) at January 10, 2026 meeting.

## Data Request and Opt-out Platform (DROP)

Effective January 1, 2026, California residents may register with the State Of California to have Data Brokers delete them from their databases. Effective August 1, 2026, Data Brokers are required to retrieve and process deletion requests. The brokers must check back every 45 days and update their records accordingly. Individuals receive unwanted emails from senders who get their email addresses from Data Brokers, so requesting a deletion may reduce the number of spam emails.

For more information, go to <https://cppa.ca.gov/announcements/2025/20251113.html>. The information provided by California may be confusing, so best wishes figuring out what you need to do. We did it, but we didn't take notes on how we got it done.

We use Malwarebytes to protect our computer against viruses. They mail out a newsletter periodically, and that's how we learned about this. Their article is at [https://www.malwarebytes.com/blog/news/2026/01/data-broker-fined-after-selling-alzheimers-patient-info-and-millions-of-sensitive-profiles?utm\\_source=iterable&utm\\_medium=email&utm\\_campaign=b2c\\_pro\\_oth\\_20260119\\_januaryweeklynewsletter\\_v3\\_176855904054&utm\\_term=Data\\_broker](https://www.malwarebytes.com/blog/news/2026/01/data-broker-fined-after-selling-alzheimers-patient-info-and-millions-of-sensitive-profiles?utm_source=iterable&utm_medium=email&utm_campaign=b2c_pro_oth_20260119_januaryweeklynewsletter_v3_176855904054&utm_term=Data_broker)



President Myla Coleman presents awards at the December 13, 2025 meeting. From left: Myla Coleman, Sara Adams (30 years), Mary Stedham (40 years), William Stedham (25 years).

## Together We Are the Future – January Foundation Update



As we begin the New Year, District Six is proud to share a meaningful Foundation moment that reflects the lasting impact of Sons of Norway scholarships and the strong partnership between district and international leadership.

Foundation Director Amy Tuchenhausen recently visited Southern California, meeting with members of Peer Gynt Lodge in Hawthorne, Valhall Lodge, and guests at the House of Norway in San Diego. The visit highlighted the Foundation’s commitment to education, heritage, and connection across generations.

One especially memorable highlight of the reception was the presence of a past Foundation scholarship recipient. Years ago, this scholarship made it possible for him to pursue educational enrichment in Norway. Meeting with Director Tuchenhausen, he shared firsthand how that opportunity shaped his life, a powerful reminder that Foundation support creates real, lasting outcomes.

District Six leaders continue to demonstrate thoughtful stewardship of scholarship resources. Alongside maintaining our district scholarship fund as a safeguard, District Six recently approved a \$5,000 transfer to the Educational Endowment Fund within the Sons of Norway Foundation. This balanced approach ensures both flexibility today and sustainability for the future.

The Together We Are the Future Foundation Campaign continues through January 15, which is also the deadline for scholarship applications. As we look ahead, lodge members are encouraged to reflect on and share stories of how scholarships and grants have strengthened individuals, families, and communities. These stories inspire future applicants and remind us why our shared commitment matters.

Together, through generosity, leadership, and shared Nordic values, we are investing in education, culture, and the next generation.

Godt nytt år, and thank you for supporting the Sons of Norway Foundation.

Dear District Six Friends,

As your District Six Foundation Director, I recently attended a meeting with fellow District Foundation Directors that highlighted just how strong, creative, and forward looking the Sons of Norway Foundation continues to be.

The meeting was organized and chaired by Foundation leadership, including Amy Tuchenhagen, Foundation Director; Luella Grangaard, International Chair; and Elaine Nelson, Vice Chair. Their leadership and the ideas shared during the meeting provided valuable insight into future programs and opportunities that will strengthen the Foundation's reach and impact.

The Foundation's recent fundraising campaign, Together, We Are the Future, set a goal of \$225,000. Thanks to generous support throughout the organization, that goal was exceeded, with \$249,000 raised. Building on this success, the 2026 campaign goal has been set at \$250,000.

The Sons of Norway Foundation will soon celebrate its 60th anniversary. Representatives from the Foundation Board of Governors will be present at each district convention, including District Six, and a new anniversary video will be released highlighting the work of the Foundation and the lives changed through its grants and scholarships.

The impact of Foundation support continues to grow. This year, 75 grant requests were submitted totaling \$194,000, supporting projects that strengthen lodges, enrich communities, and promote Norwegian culture. Scholarship interest is also up significantly, with applications increasing from 200 to 309.

In recognition of this important work, the Norwegian Royal Family has selected the Sons of Norway Foundation as part of its Royal Patronage program, acknowledging the Foundation's significant contributions to Norwegian culture and heritage.

My sincere thanks to District Six members for your continued support of the Sons of Norway Foundation. Your generosity helps ensure these programs make a lasting difference, not only within Sons of Norway, but also in the communities we serve.

Best regards,

Jim

**James Adams**

District Six Foundation Director

## The Draxten Fund, A Legacy That Invests in Our Youth

One of the quiet strengths of the Sons of Norway Foundation is its ability to turn generosity from the past into opportunities for the future. A wonderful example is the Draxten Memorial Fund, a permanent endowment that continues to make a direct impact on young people, including here in District Six.

The fund was established through a legacy gift from Nina Draxten, daughter of Bersvend Draxten, the founder and first president of Sons of Norway. Her vision was simple and enduring, young people should have meaningful opportunities to experience Norwegian culture, build friendships, and develop pride in their heritage. By creating an endowment, her gift continues to support youth year after year.

Today, the Draxten Fund provides annual support to each district to promote youth participation in camps and cultural programs, helping reduce financial barriers for families. In District Six, these funds help ensure camps remain accessible, welcoming, and enriching experiences where confidence grows and lifelong connections are formed.

The Draxten Fund is more than financial support, it is a reminder that thoughtful giving can create a living legacy. Through the Foundation's careful stewardship, this endowment continues to invest in the next generation and in the future of Norwegian heritage.

## Roasted Beet Hummus

A delicious, creamy and visually stunning homemade hummus with just a hint of earthy sweetness thanks to the addition of a roasted beet. Perfect for dipping!

### Ingredients:

- 1 medium beet, scrubbed and trimmed
- 2-3 cloves of garlic, unpeeled
- 4 Tbsp. extra-virgin olive oil divided, plus more for roasting the beet and garlic
- 1 tsp. hot water
- 1 can chickpeas, rinsed and drained
- 1/2 tsp. ground cumin
- 2 Tbsp. tahini paste
- 2 Tbsp. fresh lemon juice
- 1 tsp. coarse salt plus more to taste

### To garnish:

- Extra-virgin olive oil for drizzling
- Chopped fresh parsley or chives



### Directions:

Preheat oven to 400°F / 200°C. Drizzle beet and garlic cloves with olive oil and rub to coat evenly. Wrap tightly in aluminum foil and roast until tender, about an hour. Unwrap and allow to cool slightly.

Once the beet is cool enough to handle, use a paper towel to rub the skin off of the beet. Slice into quarters and place in the bowl of a food processor. Peel the roasted garlic and add it to the bowl along with the beet.

Add one tablespoon of olive oil and the hot water. Process until smooth, scraping down the sides of the bowl as necessary.

Add the remaining ingredients except olive oil. Process again until smooth. While the machine is running, slowly add remaining 3 tablespoons of olive oil through the feed tube. Continue to process until fully combined, scraping down the sides of the bowl occasionally.

Transfer hummus to bowl. Season to taste with salt. Chill until ready to serve.

To serve, drizzle with olive oil and sprinkle with chopped fresh parsley or chives, if desired.

**Recipe Source: True North Kitchen** <https://true-north-kitchen.com/roasted-beet-hummus/>

**Photo Source:** <https://true-north-kitchen.com/wp-content/uploads/2019/08/roasted-beet-hummus-2-e1565268760194-768x1152.jpg>

# Valhall Viking

## FEBRUARY 2026

### CALENDAR

- February 7: 9:00 AM LOV Breakfast Meeting**
- February 9: 7:00 PM Corporation Meeting**
- February 14: 2:00 PM Meeting & Social**
- February 23: March Newsletter Deadline**

### Links

Our lodge: <https://lodgeofvalhall.com>  
 Facebook: <https://www.facebook.com/valhallsonsofnorway/>  
 Instagram: <https://www.instagram.com/valhalllodge/>  
 District Six Newsletters and Cultural Newsletters: <https://sofn6.org/newsletters/>  
 Camp Norge: <https://www.campnorge.org/site/>  
 District Six: <https://sofn6.org>  
 House of Norway: <https://www.houseofnorway.org>  
 International: <https://www.sofn.com>

Next newsletter is the March issue

Deadline for the March Valhall Viking is February 23, 2026

E-Mail articles to Steve Rawlinson at:

[editor@lodgeofvalhall.com](mailto:editor@lodgeofvalhall.com)