



# Valhall Viking



**SONS of  
NORWAY**

Celebrating **125 Years**

1895-2020

## Mission Statement

*The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.*

October 2023  
Valhall Lodge #6-25  
<https://lodgeofvalhall.com>  
Serving San Diego, CA

**Meeting Location**  
La Mesa Masonic Lodge  
4731 Date Ave.  
La Mesa, CA 91942

Founded 1912

October	7:	9:00 AM	LOV Meeting
October	7:	4:00 PM	Lodge Board Meeting
October	14:	10:00 AM	Corporation Meeting
October	20-22:		Kretsstevne
October	23:		Newsletter Deadline

## Ord fra presidenten

Hei til alle!

“Knask eller knep” is one way that Norwegian kids say “trick or treat” as they *lope, sprint, dash, skip* and *race* for candy and goodies in their neighborhood. Yes, Halloween has been popular in Norway since the 1990’s! All the words in italic have Norse roots. See the Cultural Notes on Page 12 for the *saga* of my research into that subject. Sons of Norway has more information about Halloween in Norway at <https://www.sofn.com/blog/halloween-in-norway/>.

It was great seeing many of you at last month’s lodge meeting for Susan’s lovely lemon-y chicken piccata lunch, Thelma’s beautiful berry bundt cake and the sharing of heritage items and family stories. Jerry brought a simply carved wooden

spoon; its worn surface told of generations of use. Jean had another household item, a wooden bowl with a crack held together with an iron pin, telling the story of how items were repaired in a time of scarcity. Judy had a leather-bound journal with ledgers and records of the family business. Tucked and folded in the back of it was her relative’s immigration certificate. I wore my heritage item: a delicate white and blue enamel link bracelet with maker’s mark of David-Andersen Jewelers, still in business today with shops in Oslo.

Please turn to Page 2



**Ord fra presidenten (continued from Page 1)**

In October we skip the lodge meeting and get together with other Sons of Norway members in Southern California at Kretsstevne in Banning. Registration Form is on Page 3, and you need to mail the form by October 10. Kretsstevne takes place from Friday, October 20, to Sunday, October 22.

We will have a lodge board meeting on October 7 at 4 PM and a Corporation meeting on October 14 at 10 AM. Both will be on Zoom. If you are not a member of the Board or of the Corporation and wish to attend and observe, you may email Steve Rawlinson at [editor@lodgeofvalhall.com](mailto:editor@lodgeofvalhall.com) so that he can provide you with meeting information. We ask that you mute yourself and let the board members do the talking.

Med vennlig hilsen,

Myla Coleman

President, Valhall Lodge #6-25



Happy Birthday  
Gratulerer Med Dagen!



### October Birthdays

1	Martin Johnson
3	Brenda King-Scoffin
5	Linda Rawlinson
5	Linne Hougen
7	Kaarina Koskinen
17	Myla Coleman
19	Elka Adams
22	Jane Chell
23	Rick Hausvik
23	Andrew Samuelson

Newsletter editor: Steve Rawlinson  
[editor@lodgeofvalhall.com](mailto:editor@lodgeofvalhall.com)

This newsletter is published monthly  
except in January and July.

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### Links

Our lodge: <https://lodgeofvalhall.com>

Facebook: <https://www.facebook.com/valhallsonsofnorway/>

Instagram: <https://www.instagram.com/valhalllodge/>

District Six Newsletters and Cultural  
Newsletters: <https://sofn6.org/newsletters/>

Camp Norge: <https://www.campnorge.org/site/>

District Six: <https://sofn6.org>

House of Norway: <https://www.houseofnorway.org>

International: <https://www.sofn.com>

# Sons of Norway 30th Annual Weekend Southern California Kretssteve

## Friday, Oct. 20 - Sunday, Oct. 22, 2023

### SCK Banning Fall Weekend

Join us for the weekend or a day trip for a wonderful blend of Norwegian Heritage and fellowship. The campground is a short distance south of Hwy 10 in Banning, 25 miles west of Palm Springs. The camp is on level ground at low elevation.



Banning Stagecoach KOA Campground & RV Park  
1455 S. San Geronio Avenue, Banning, CA 92220

<http://koa.com/campgrounds/banning-stagecoach> information, only – no reservations

- Enjoy Music, Singing, Heritage Crafts, Camaraderie
- Cultural Food Demonstration and/or games, Bingo, Silent Auction on Saturday

#### \*\*\*\* Lodging Options \*\*\*\*

Limited number of Park Models (3) for rent. Pricing is for two nights

Park Model – bedroom and foldout couch	\$235.00
RV space, full hookups	\$100.00
Tent space	\$60.00

Various hotel options in Banning can be found online, if the Park Models are sold out.

Please complete the registration form below and mail with your check made out to:  
Southern California Kretssteve. Mail by October 10 to:



**Nancy Madson, SCK Registrar**  
28351 Via Las Palmas  
Thousand Palms, CA 92276

**Call Nancy for camp lodging**  
**prior to sending check for lodging**  
(760) 238-8819 or e-mail: [norsknm@gmail.com](mailto:norsknm@gmail.com)

----- cut here and mail -----

**Name(s)** \_\_\_\_\_ **Lodge** \_\_\_\_\_

**Children's names and ages** \_\_\_\_\_

**Phone ( )** \_\_\_\_\_ **E-mail** \_\_\_\_\_

Fri. Night Meatball Dinner	_____ Adults @ \$10.00 each	_____ Children under 12 Free	\$ _____
Sat. Vaffler and more Breakfast	_____ Adults @ \$6.00 each	_____ Children under 12 Free	\$ _____
Sat. Hot Dog in Lefse Lunch	_____ Adults @ \$6.00 each	_____ Children under 12 Free	\$ _____
Sat. Salmon Dinner	_____ Adults @ 13.50 each	_____ Children under 12 Free	\$ _____
Sun. Scandinavian Breakfast	_____ Adults @ \$6.00 each	_____ Children under 12 Free	\$ _____

**SCK Registration Fee – all attendees** \_\_\_\_\_ **Adults @ 5.00 each or Family \$10.00** \$ \_\_\_\_\_

Lodging: Use pricing from above - Circle one  
Park Model      RV space      tent space      \$ \_\_\_\_\_

**TOTAL AMOUNT**, check written out to: Southern California Kretssteve \$ \_\_\_\_\_  
**All proceeds support Camp Norge.**

## Valhall Lodge, Sons of Norway

### Planned 2023 Social Calendar

*This calendar has been proposed by the Social Director. It is subject to change.*

<b>JANUARY</b>	<b>14</b>	<b>INSTALLATION - CATERED</b>
<b>FEBRUARY</b>	<b>11</b>	<b>BEEF LAPSKAUS</b>
<b>MARCH</b>	<b>11</b>	<b>SALMON DINNER</b>
<b>APRIL</b>	<b>8</b>	<b>SPRING DINNER</b>
<b>MAY</b>	<b>13</b>	<b>SYTTENDE MAI DINNER</b>
<b>JUNE</b>	<b>10</b>	<b>ICE CREAM SOCIAL</b> Hot dogs & Bingo
<b>JULY/AUGUST</b>		<b>(NO MEETINGS)</b>
<b>SEPTEMBER</b>	<b>9</b>	<b>WELCOME BACK</b>
<b>OCTOBER</b>	<b>21</b>	<b>(KRETSSTEVNE MONTH)</b>
<b>NOVEMBER</b>	<b>11</b>	<b>LUTEFISK &amp; MEATBALLS</b> <b>LILLE BUTIKKEN</b>
<b>DECEMBER</b>	<b>9</b>	<b>JULTREFEST — POT LUCK</b>



# Lodge Officers - 2023-2024

Lodge Officers	
President	Myla Coleman
Vice President	VACANT
Counselor	Maury Lee
Secretary	Susan Cody
Assistant Secretary	VACANT
Financial Secretary	Aprell Bigler
Treasurer	Millie Wright
Social Director	Judy Sawyer
Asst Social Director	VACANT
Cultural Director	VACANT
Marshall	Andy Ueland
Assistant Marshall	VACANT
Historian	Sandra Yeaman
Musician	Susan Cody
Editor	Steve Rawlinson
Assistant Editor	VACANT
Foundation Director	Jim Adams
Publicity Director	Jim Adams
Youth Director	Myla Coleman
Sports Director	Ellen Spitzer
Webmaster	Steve Rawlinson
Trustee	Susan Cody
Trustee	Millie Wright
Trustee	Judy Sawyer

Auditors
Everett Shogren
Sandra Yeaman

Corporation Officers	
President	James Adams
Vice President	Andreas Ueland
Secretary	Everett Shogren
Treasurer	Steve Rawlinson
Director	Millie Wright
Director	Judy Sawyer
Director	Myla Coleman

LOV Officers	
President	Millie Wright
Vice President	Susan Cody
Secretary	Myla Coleman
Treasurer	Barbie Lorentz



**SONS of  
NORWAY**

**JAMES DONOVAN**

**Your Financial Benefits Counselor**

**760-440-9905**

**[idonovaninsure@gmail.com](mailto:idonovaninsure@gmail.com)**

## Lodge Meeting Minutes

### September 9, 2023

Meeting called to order at 3:21 p.m. by President Myla Coleman.

Anthems of USA, Norway and Canada were sung.

Ari and Brie Klusmeyer, guests of Mary Hinshaw, were again in attendance.

The minutes from June were approved as printed in the Valhall Viking.

Treasurer's Report was approved as read.

Membership Secretary-Aprell reported that we have two new members. Ten-year pins were awarded to Steve and Linda Rawlinson.

Social Director's Report-There will be no meeting in October because of Kretstevne at KOA campgrounds in Banning, CA. November will be lutefisk and meatballs and the Lille Butikken, December will be the potluck Juletefest.

Cultural-Myla reported that there will be a "Splendid Spoon" contest again in December. Entries for desserts will be accepted. She stated that this will not preclude attendees from bringing a main or side dish in addition to their dessert entry. More details to follow.

Corporation report-Jim Adams stated that stocks are fluctuating from week to week at this time.

Foundation report- Jim stated that he became the District's Foundation Director upon the death of Carl Peter Ingvaldstad on August 27. A motion to donate \$25 to the Foundation in Carl Peter's name was carried.

Publicity-Jim will place an ad in the local papers for the lutefisk dinner. Sandra Yeaman reported that the event is already posted on Meetup.

Editor-Steve announced that items for the October newsletter need to be turned in by 9/23.

Webmaster-Camp Oldfjell is taking place once again at Camp Norge from Sept. 30 to Oct 3. Reservations need to be submitted soon.

Historian-Sandra announced that the history of LOV has been added to the Valhall website.

Counselor-Maury announced that the district is in the process of rewriting some policies. There have been discussions about the hotel in Las Vegas for the 2024 convention. There will be a blood drive at the lodge on Sept. 30. Thanks to Charmaine for arranging the event.

Good of the Order: Myla stated that anyone interested in assisting the cultural director with events, please let her know.

The Viking Fest is being held in Vista this weekend. HON will be serving lefse, and LOV members will be selling some children's bunads.

Susan reported on the Northern California Kretstevne at Camp Norge this past weekend. There was a good turnout from No. Cal. lodges. Karaoke was held in Heritage Hall on Saturday evening, and Susan won the Solo singer award.

**Please turn to Page 7.**

**Lodge Meeting Minutes of 9/9/2023, (continued from Page 6).**

Millie sends out sympathy cards to the families of those that Valhall has donated to the Foundation.

Judy has spoken with a lodge representative about the painting of the interior of our meeting room. More information is to come.

The meeting was adjourned at 4:03. The next meeting will be November 11, 2023

The next Valhall Board meeting will be on October 7 via zoom at 4pm. Anyone interested in listening in is encouraged to notify Steve Rawlinson so that he is able to share the zoom link with them.

Respectfully submitted,

Susan Cody, Secretary



**Steve Rawlinson receives 10-year pins for himself and for his wife Linda.**

In Recognition  
of  
Twenty Five Years of Membership,  
Sons of Norway awards a Certificate of  
Appreciation and pin  
to the following member for her long and faithful  
service:

Twenty-Five Years of Membership

Millie Wright

Congratulations!  
Valhall Lodge 6-025 ~ Sons of Norway

# LOV Meeting Minutes

## September 2, 2023

Denny's Restaurant, Fletcher Hills 9:00AM

Hostesses: Barbie and Linda

The meeting was called to order at 9:00 AM by President Millie.

Sixteen members attended. We welcomed one guest, Tam's daughter Sue.

Millie presented Brenda with her LOV pin.

Minutes of the June meeting were published in the lodge newsletter and read by Secretary Myla.

Sandra MOVED. Ellen SECONDED that the minutes be approved as read. MOTION PASSED.

Treasurer's Report- Barbie presented reports for May-August Sandra MOVED, Judy SECONDED that the reports be approved as read. MOTION PASSED

### COMMITTEE REPORTS

Sunshine – Solveig sent condolences to Arnette's family, Judy, for the passing of her brother. Millie spoke to Amelia on the phone and sent get-well cards to Linda and Steve.

Bunad Book Standing Committee – Per Sandra, the inventory will happen when Anne is back in San Diego.

Christmas Stockings for lodge Jultrefest – Else and Ellen are buying stuffers.

Christmas Party – Fay will make paper tree decorations. Judy will call Anthony's to confirm menu.

Lille Butikken – Barbie sewed white canvas tote bags with pieced decorative pockets. Myla is making hexagon-pieced coasters. Tam has items to donate.

### OLD BUSINESS

Crafting Mondays continue. Sandra will promote with photos of work completed by members.

Contacting female lodge members. Carrie sent invitations to our September meeting or thinking-of-you cards to Valhall Lodge female members as well as thinking-of-you cards to LOV members we haven't seen in awhile.

Summer Book Club – Sandra reported on the books that we read, *Victoria* by Knut Hamsun and *Us Against You* by Fredrik Backman.

Hostess sign-ups – need someone for January 6 at Denny's.

**Please turn to Page 9**

**LOV Meeting Minutes, September 2, 2023 (Continued from Page 8)****NEW BUSINESS**

Sandra explained an opportunity to sell items at the dance festival at House of Pacific Relations on the weekend of 9/16 – 9/17. Since the Vista Viking Festival is the same weekend, we decided there would be more potential buyers at this larger event. Sandra will bring the children's costumes purchased from Lora Lee to be offered at the lefse booth.

Nominating Committee – Sandra, Judy and Carrie will meet to select a slate of officers to be presented at the October meeting, and voted on at the November meeting.

Collect funds to present to server Juan at the November meeting, along with holiday greetings.

**CULTURAL**

Barbie visited the Dale of Norway knitwear factory and will send photos to Else to help with her presentation on knitting.

Sandra added the LOV history to the lodge website.

Myla writing an article re: Norwegian textile artist Frida Hansen.

**GOOD OF THE ORDER**

Millie passed a signup sheet for the September Lodge Dinner and Heritage Night.

Ragnhild's granddaughter is learning to speak Norwegian so that she can live and work in Oslo.

Sandra likes the knitted cotton dishcloth Thelma made for the June meeting, easier to keep clean than a sponge.

Barbie did a Norwegian cruise of Norway and the Baltic.

Ellen cruised the Norwegian coast. In Ålesund she was impressed by the tower of wood, prepared for the summer solstice bonfire.

Millie visited family in Minnesota in June, and they spent a week at a favorite family campground.

Sandra's granddaughters are now Peewee Princesses for the House of Norway.

Sandra connected Janet M. to new employers who love her. They'll try to come to the September social.

We sang happy birthday to August and September birthdays: Anita, Judy, Barbie, Jean, Else and Helen who is celebrating 92 years.

There were no anniversaries.

**Please turn to Page 10**

**LOV Meeting Minutes, September 2, 2023 (Continued from Page 9)**

Winners of the harvest-themed bags with chocolate candies, instant cider packets and autumn leaf-patterned mug with spoon and coaster: Jean, Carrie, Sandra, Helen, Myla, Thelma.

Thanks to hostesses Barbie, Brenda, Judy, and Linda (Unable to attend but provided the drawing items)

Next regular meeting is on October 7, 2023 at Denny's at 9AM. Hostesses will be Anne and Eldbjorg.

The meeting adjourned at 10:34 AM

Respectfully submitted,

Myla Coleman, Secretary

## LOV Notes

### September 2, 2023

Next Meeting: October 7 2023, 9:00 a.m., at Denny's

Hostesses: Eldbjorg and Anne

Hei Ladies, after a two-month break from meeting at Denny's we had a decent turnout for the September meeting, including Tam's daughter Sue Hawkins, a soon to be member of Valhall Lodge and LOV. Brenda and Fay joined us also, we hope they will continue to come to the monthly meetings. Brenda received her LOV pin, since this was her third meeting. It's great to have her on board.

I must apologize to Brenda, whom I scared when I responded to her email telling her she was a hostess for the meeting! Unfortunately, I thought I was responding to Barbie, our Treasurer who was one of the September hostesses.

However, Brenda did take on the hostess duty of serving coffee along with Judy since Linda could not join us Saturday. Linda did participate though by having Steve deliver the fall door prizes and treat bags. She comes up with the most wonderful door prizes and treats.

Thank you, Sandra, Judy, and Carrie for volunteering for the daunting task of providing a slate of LOV officers for 2024 to be presented at the October meeting and voted on in November. Tusen takk Ladies.

Thank you also, to Sandra for compiling a list of Valhall Lodge female members and Carrie for sending *thinking of you* cards or *Invitations to attend* LOV meetings to them.

Med vennling Hilsen,

Millie Wright  
President, LOV



## **SCHOLARSHIPS! 2024 IS JUST AROUND THE CORNER!**



Hello, as in **HELLO! - ATTENTION!** To high school seniors and current college students. It's time to start thinking about 2024! If you are a member of Sons of Norway or have a parent or grandparent who is a member, you can apply for a **scholarship** from the **Sons of Norway Foundation**. There are a variety of scholarships available for college, trade schools, and study abroad, from \$1,500 to \$20,000+.

Go to the Sons of Norway website at [www.sofn.com](http://www.sofn.com) and click on Foundation. Then click on Scholarships and read about each one and who is eligible to apply. When you find one or more for which you qualify, read the Overview, Who Can Apply, and View Guidelines. Now, think about what you have to do to apply . . . and here are a few suggestions:

1. Treat the application as if it is a job application. Be thorough in completing all requirements of the application. Make a list of all the application requirements and check them off when completed. Then, double check before submitting. If any requirement is not completed, your application will automatically be rejected.
2. Read and study the Criteria section of the application. In your essay, you are asked to address six (6) key points. Use specific, experiential examples when answering these key points, especially your connection to Sons of Norway.
3. How did you find out about the Sons of Norway Foundation scholarship and/or what do you know about the Sons of Norway Foundation? Show you did more research than just a Google search.
4. Emphasize your community or school volunteer work.

We are excited to bring these opportunities to you! We believe you have the potential to be an excellent candidate. The applications are due in several months and we hope – indeed **RECOMMEND**, you start now to create a compelling application.

Remember, the Sons of Norway Foundation is "Here for You . . . Here for Good." -**James Adams, District Six Foundation Director.** (Slightly edited)



## Cultural Notes

October 2023

As I edited the President message this month, I wanted to find descriptive words of Old Norse origin, to **lift** (yes, Old Norse) the story of Halloween celebrated in Norway. My first thought was the word **troll** as in “wander about, searching”, but maybe it’s not the best word because has the connotation of “not purposeful”, and we know that children in search of candy are certainly purposeful. There is also the current meaning on the Internet of unkind people who leave offensive or annoying messages to get attention or cause trouble.

So on to the Internet to **root** out words of Norse origin! Some words were familiar for those who study our history: **saga**, **berserk**, **viking** (Auto-correct is saying it needs to be capitalized as a noun. It doesn’t know that viking is also a verb, meaning to travel and explore). During Halloween, ghosts and witches **haunt** the world. At Christmas we hear of glad **tidings**. The person who is invited is known as a **guest**. A butterfly **flits** from flower to flower.

With Wikipedia, the knowledge has links to sources that are cited and so I **regret** to admit that I spent some precious time in the rabbit hole of information overload. **Until** that keeps me from doing important things like work and spending time with family, I think it’s okay.

Myla Coleman

President, Valhall Lodge

See the link below for Wikipedia’s List of English Words of Old Norse Origin, and donate to support not-for-profit Wikimedia Foundation, if you feel it’s a worthwhile organization, like I do. 😊

[https://en.wikipedia.org/wiki/List\\_of\\_English\\_words\\_of\\_Old\\_Norse\\_origin](https://en.wikipedia.org/wiki/List_of_English_words_of_Old_Norse_origin)

## October 10<sup>th</sup> Live Vesterheim Museum Presentation, for D-Six Members

Thanks to those who signed up and participated in the September Vesterheim Program – The Power of Silver: Traditional Norwegian Jewelry. Thanks, especially for those who gathered some other together to share the experience. Many who signed up for The Power of Silver, have already signed up for The Voyage of the Restauration, scheduled for October 10th. If you haven't already, you can go to the link below to do that. Also, those who are looking to watch the recorded presentation; can contact me to arrange for that.

These presentations have been provided for by the District Six, Sons of Norway; for our members. Everyone who signs up will receive a brief survey by email. Feedback from those who participate, will help us know if more programs of this sort would be of interest to our members, in the future.

The presentation will be just under an hour, including a short Q & A. Up to 100 devices can be logged in, so watching with others allows more to watch the live presentation.

### **Presentation: The Norwegian 'Mayflower': The Voyage of the Restauration**

**Date:** Tuesday, October 10 (8 PM CDT, 7 PM MDT, 6 PM PDT)

**Speaker:** Dale Goodman, Former Vesterheim Trustee

**Program Description:** In the period beginning in 1825 and for about 100 years following, nearly 40% of the population of Norway – more than 800,000 Norwegians – immigrated to the United States. Most of those immigrants came for “economic opportunity,” but the first immigrants – known as the Sloopers of 1825 – came for religious freedom. The voyage was three years in the planning by an alliance of Quakers and Haugean Lutherans. Beginning on July 4th, 1825, a 54-foot sloop named Restorasjonen (The Restauration) took 52 passengers on a 98-day journey from Stavanger, Norway to New York City. This presentation follows the story from its roots (in the Napoleonic Wars), through the voyage itself, the reception in New York City, and finally to the first Norwegian settlement in the United States in Kendall, New York. Sign up here: <https://sofn6.org/vesterheim-the-norwegian-mayflower/>



*Vesterheim, the National Norwegian-American Museum and Folk Art School, welcomes people of all ages and backgrounds to engage in the conversation of the American immigrant journey through the lens of the Norwegian-American experience, and to participate in the continual evolution of traditional folk art as it meets new influences. Vesterheim offers innovative and interactive exhibits, classes, and programs, both at the dynamic campus and park in scenic Decorah, Iowa, and online at [vesterheim.org](https://vesterheim.org) and Vesterheim social media.*

Judy Purrington, District Six Cultural Director, Sons of Norway

[JudyPurrington@aol.com](mailto:JudyPurrington@aol.com) 408-799-3262 (cell/text)



Mark the Date for the District Six Lodge Meeting and Convention!

June 20-24, 2024, Tuscany Suites and Casino, Las Vegas, NV

Hosted by Vegas Viking Lodge # 152 and the District Six Board

### Folk Art and More

It's time to start working on projects for the 2024 Folk Art Exhibition at the biennial District Six Lodge Meeting & Convention in June, 2024. New this year, is a 'Viking' category to go along with the Viking Vision logo/ theme. An 'Olaf' award will again be presented to a favorite digital/ electronic program. So, start (or keep going) on your knitting, stitching, carving, painting, etc. or get creative with a digital program and/or the Viking theme.





# SAVE THE DATE

## **The Norwegian Seaman's Church Is Coming to the House of Norway!**



**House of Norway  
Balboa Park**



**Saturday, October 7  
Service at 10:00 am  
Store opens at 11:00**

**Sjømannskirken - Norwegian Church Abroad is holding a service at the House of Norway. They will also have Norwegian goods for sale afterwards. Everyone is welcome!**

**Come and join us!**

## Message from the Foundation Director

Dear Friends,

Attached is information for lodge members and newsletter editors.

As I receive information from our Foundation Headquarters, I intend on sending it to you for distribution to our membership.

With the "Together We Are the Future" campaign hoping to raise \$185,000 for 2023, we hope to provide more grants and scholarships.

The Viking Magazine will not contain an Foundation Donor Envelope this year.

Instead, Headquarters will send individual letters to members who donated in the past. This mailing should occur in the middle of October, "Foundation Month".

Encourage members to donate early so the funds will be available for scholarships and grants as soon as possible.

The 2022 Foundation report is available on the Headquarters Foundation Website. Please check the District Six Newsletter for additional information.

All the best,

Jim

**James Adams**

**District Six Foundation Director**

**Cell: 619-417-6300**

## Foundation Information

Thank you for the opportunity to visit with you about the Sons of Norway Foundation.

"The mission of the Sons of Norway Foundation is to celebrate Nordic culture and heritage through scholarships and grants to our members and communities."

In 2023 the Foundation provided 37 scholarships for \$190,500 and 32 grants for \$54,156.

In our district, in 2023 our members received 4 scholarships for \$7,000 and 3 grants for \$3,920.

Over the past 5 years (2019 - 2023), the Foundation has provided our members and lodges \$884,436 in scholarships and grants.

October is "Foundation Month". And from October 1 through January 15, 2024 we will be engaged in the "Together We Are the Future" campaign to financially strengthen the Foundation.

The 2023 goal of "Together We Are the Future" campaign is to raise \$185,000 through our lodges and members to strengthen the Foundation to provide more scholarships and grants. Another words, to fulfill the Foundation's mission.

Please turn to Page 17.



**Foundation Information (continued from Page 16)**

Since its inception of the "Together . . ." campaign in 2020, our lodges and members have grown the Foundation by \$496,600.

I might add that the current assets of the Foundation are over \$11,300,000.

This past year, our lodge's corporation has donated \$400 to the Foundation. For that we thank you.

Here are options about donating:

Those who have donated in the past will receive a letter with a return envelope to send in your donation.

However, if you have not made a donation in the past, I'm asking that you consider writing a check to the Foundation and add you Sons of Norway membership number in the "MEMO" space. We will collect the checks at our monthly meetings in October, November, and December. We'll give them to our Treasurer who will forward them to the Foundation each month.

However, if you prefer to make a donation online, go to the Sons of Norway website and under Foundation, you will have the online donation information.

And I might add that all donations are tax deductible.

Thank you for your consideration.

Remember: the Foundation is "Celebrating Norwegian Heritage - Empowering Lives" through scholarships and grants.

Additional information, if needed.

Why until January 15, 2024? So donations from IRA accounts can be included.

Scholarships and grants: 2018 - 2022

<u>Year</u>	
	-
2019	\$142,651
2020	\$132,166
2021	\$146,772
2022	\$218,191
2023	<u>\$244,656</u>
	\$884,436

Please turn to Page 18.

**Foundation Information** *(continued from Page 17)*Together We Are the Future: 2020 - 2022

<u>Year</u>	<u>Goal</u>	<u>Results</u>
2020	\$100,000	\$137,000
2021	\$150,000	\$164,600
2022	<u>\$175,000</u>	<u>\$195,000</u>
Total	\$425,000	\$496,600
2023	\$185,000	

## 2023 Scholarships and Grants by District

District	#Scholarships	\$Scholarship	#Grants	\$Grants
1	12	\$78,500	14	\$27,406
2	5	\$30,500	7	\$ 8,250
3	6	\$44,500	0	- 0 -
4	4	\$ 7,000	4	\$ 3,560
5	4	\$15,000	4	\$11,020
6	4	\$ 7,000	3	\$ 3,920
Other	<u>2</u>	<u>\$ 8,000</u>	<u>          </u>	<u>          </u>
	37	\$190,500	32	\$54,156

## Russia Pulls Troops Away from Norwegian Border

Norwegian Defense Chief General Erik Kristoffersen has reported that on the border with Russia, there is maybe 20% or less Russian forces left than it used to be before February 24, 2022. The inference drawn is that Russia knows that NATO is not a threat because we are not intending to attack them.

We are not directly quoting our sources out of respect for copyrights. You can read details at these links which we found on Google:

<https://www.foxnews.com/world/russian-troops-withdraw-norway-border-drop-since-start-ukraine-war-official>

<https://www.atlanticcouncil.org/blogs/ukrainealert/putin-knows-very-well-nato-poses-no-security-threat-to-russia/>

<https://www.reuters.com/world/europe/russian-forces-near-norway-are-20-fewer-than-before-ukraine-war-norways-armed-2023-09-16/>

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## **DATED MATERIAL**

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**Valhall Viking**

**OCTOBER 2023**

## **CALENDAR**

**October 7: Ladies of Valhall**  
**October 7: Lodge Board Meeting**  
**October 14: Corporation Meeting**  
**October 20-22: Kretsstevne**  
**October 23: Newsletter Deadline**

Next newsletter is the  
November issue

Deadline for the  
November Valhall Viking  
is October 23, 2023

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