



# Valhall Viking



**SONS of  
NORWAY**

Celebrating **125 Years**

1895-2020

## Mission Statement

*The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.*

November 2023  
Valhall Lodge #6-25  
<https://lodgeofvalhall.com>  
Serving San Diego, CA

**Meeting Location**  
La Mesa Masonic Lodge  
4731 Date Ave.  
La Mesa, CA 91942

Founded 1912

November	4:	9:00 AM	LOV Meeting
November	11:	1:00 PM	Lille Butikken
November	11:	2:30 PM	Lodge Meeting & Social
November	23:		Newsletter Deadline

## Ord fra presidenten

Hei til alle!

Modern refrigeration and freezer technology has replaced the need to preserve food with old school methods like pickling, drying and canning, but our lodge members love to celebrate our Scandinavian tradition of eating lutefisk, dried cod that is reconstituted in lye, then soaked in water to remove the lye.

November is the highly anticipated annual lutefisk dinner at Valhall Lodge. Chefs Judy and Susan will prepare the fish, served with an optional bath of melted butter. Meatballs are available for those who don't partake. Or you can do both, like me. The Ladies of Valhall will offer Norwegian baked goods, hand-made crafts and Scandinavian-themed books, household objects, clothing, etc. at the Lille Butikken.



Grant money from the Sons of Norway Foundation was received to spruce up the lodge hall. The Masons are eager to work with us on this project. Hopefully we'll soon have a plan and ask for volunteers to help us complete it.

At the November 11 lodge meeting, we will vote on purchasing a new projector that will sync with our existing Bluetooth speaker, making it easier for us to enjoy movies and videos in line with our goal of promoting Norwegian culture. *(Details on Page 7.)*

**Please turn to Page 2**

**Ord fra presidenten (continued from Page 1)**

I love an excuse to visit art galleries and public gardens so I'm excited to see Thomas Dambo's larger-than-life recycled wood troll sculptures at Southcoast Botanic Garden through January 14. Details about this are on page 4.

Med vennlig hilsen,  
Myla Coleman  
President, Valhall Lodge #6-25



### November Birthdays

3	Carol Amundson
7	Millie Wright
8	Shirley Ellingboe
12	Carmen Cleary
15	Sandra Yeaman
15	Rebecca Bourdage
15	Frank Burstrom
21	Audun Davik
23	Matthew McMillan
25	Shannon Swenson
27	Laura Wendling

Newsletter editor: Steve Rawlinson  
[editor@lodgeofvalhall.com](mailto:editor@lodgeofvalhall.com)

This newsletter is published monthly  
except in January and July.

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Sons of Norway

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### Links

Our lodge: <https://lodgeofvalhall.com>

Facebook: <https://www.facebook.com/valhallsonsofnorway/>

Instagram: <https://www.instagram.com/valhalllodge/>

District Six Newsletters and Cultural  
Newsletters: <https://sofn6.org/newsletters/>

Camp Norge: <https://www.campnorge.org/site/>

District Six: <https://sofn6.org>

House of Norway: <https://www.houseofnorway.org>

International: <https://www.sofn.com>

**SAVE THE DATE and MAKE A RESERVATION****November 11, 2023**

Valhall Lodge Annual Lutefisk and Meatball Dinner  
We are also selling lutefisk so you have some for the Holidays!

**\*\*\*Please call or email Judy Sawyer with your preorders  
and let her know if you will be having  
Lutefisk for dinner by **October 30, 2023**  
Judy needs time to order the lutefisk from Minnesota**

**Lille Butikken opens at 1:00  
So you can make purchases and Socialize  
Dinner served at 2:30 with meeting to follow**

**MENU**

**Lutefisk or Meatballs, Potatoes,  
Veggies, Bread, Coffee, Dessert  
Soda and water available  
with donation  
Please feel free to  
bring Wine or Beer**

**Cost \$20.00 if pre-registered by:  
**Nov 6, 2023** if eating meatballs  
**Oct 30, 2023** if eating lutefisk  
**PLEASE PRE-REGISTER****

**Children and Grandchildren of  
Valhall members free under 12**

**Get ready for the Holidays with one-of-a-kind  
items and Home made Baked goods....**

**When making Reservations, please include number of adults and children**

**CALL OR EMAIL JUDY SAWYER**

**619-993-9113 / [sonjsawyer@gmail.com](mailto:sonjsawyer@gmail.com)**

**Lutefisk take home packages 1<sup>3</sup>/<sub>4</sub> lb @ \$15.00  
(To order, please contact Judy by October 30, 2023)**

## Valhall Lodge, Sons of Norway

### 2023 Social Calendar

<b>JANUARY</b>	<b>14</b>	<b>INSTALLATION - CATERED</b>
<b>FEBRUARY</b>	<b>11</b>	<b>BEEF LAPSKAUS</b>
<b>MARCH</b>	<b>11</b>	<b>SALMON DINNER</b>
<b>APRIL</b>	<b>8</b>	<b>SPRING DINNER</b>
<b>MAY</b>	<b>13</b>	<b>SYTTENDE MAI DINNER</b>
<b>JUNE</b>	<b>10</b>	<b>ICE CREAM SOCIAL</b> Hot dogs & Bingo
<b>JULY/AUGUST</b>		<b>(NO MEETINGS)</b>
<b>SEPTEMBER</b>	<b>9</b>	<b>WELCOME BACK</b>
<b>OCTOBER</b>	<b>21</b>	<b>(KRETSSTEVNE MONTH)</b>
<b>NOVEMBER</b>	<b>11</b>	<b>LUTEFISK &amp; MEATBALLS</b> <b>LILLE BUTIKKEN</b>
<b>DECEMBER</b>	<b>9</b>	<b>JULTREFEST — POT LUCK</b>

### Troll Sculpture Exhibit

The South Coast Botanic Garden at 26300 Crenshaw Blvd., Palos Verdes Estates, CA 90274 has an exhibit of **Thomas Dambo TROLLS: Save the Humans** from now until January 14, 2024. These are folklore-inspired troll sculptures built from reclaimed materials. The tale about them is explained at <https://southcoastbotanicgarden.org/thomas-dambo-trolls-save-the-humans/>.



# Lodge Officers - 2023-2024

Lodge Officers	
President	Myla Coleman
Vice President	VACANT
Counselor	Maury Lee
Secretary	Susan Cody
Assistant Secretary	VACANT
Financial Secretary	Aprell Bigler
Treasurer	Millie Wright
Social Director	Judy Sawyer
Asst Social Director	VACANT
Cultural Director	VACANT
Marshall	Andy Ueland
Assistant Marshall	VACANT
Historian	Sandra Yeaman
Musician	Susan Cody
Editor	Steve Rawlinson
Assistant Editor	VACANT
Foundation Director	Jim Adams
Publicity Director	Jim Adams
Youth Director	Myla Coleman
Sports Director	Ellen Spitzer
Webmaster	Steve Rawlinson
Trustee	Susan Cody
Trustee	Millie Wright
Trustee	Judy Sawyer

Auditors
Everett Shogren
Sandra Yeaman

Corporation Officers	
President	James Adams
Vice President	Andreas Ueland
Secretary	Everett Shogren
Treasurer	Steve Rawlinson
Director	Millie Wright
Director	Judy Sawyer
Director	Myla Coleman

LOV Officers	
President	Millie Wright
Vice President	Susan Cody
Secretary	Myla Coleman
Treasurer	Barbie Lorentz



**SONS of  
NORWAY**

**JAMES DONOVAN**

**Your Financial Benefits Counselor**

**760-440-9905**

**[idonovaninsure@gmail.com](mailto:idonovaninsure@gmail.com)**

# Lodge Board Meeting Minutes

## October 7, 2023

The meeting was called to order at 4:13 p.m.

Members present: Steve Rawlinson, Jim Adams, Andy Ueland, Susan Cody, Myla Coleman

Members absent: Everett Shogren, Millie Wright, Sandra Yeaman, Aprell Bigler, Judy Sawyer, Ellen Spitzer

There is no quorum, therefore, no voting will take place.

Membership: Headquarters is not able to process credit card payments. Payments must be made by check or online on the website. Each member must have their own email address, family email addresses are not allowed.

Cultural: November is the lutefisk/meatball dinner. Myla is hoping to find entertainment for the social, possibly a hardanger fiddle player. She will be checking with Jeanne Scott at HON for contacts. December will be the Juletreffest potluck. There will also be a Splendid Spoon contest for desserts.

Improvements to the building: No report

Publicity: Judy was to be preparing an announcement to be sent to the Military Dispatch and to local papers for the Lutefisk dinner. In Judy's absence, it was suggested that Steve retrieve the announcement from last year's newsletter, update the date of the event, and submit that for publication. Jim suggested a post card and a business card to be developed that can be used at HON for promotion of Valhall in the community.

Corporation: The next meeting will be on October 14.

Foundation: Jim sent a message to all lodges regarding scholarships from the Foundation. He will be attending a meeting with a headquarters foundation director on October 19.

Editor/webmaster: Steve would like to update the calendar for 2024. Susan stated that this would be discussed at the January board meeting to be included in the 2024 directory which is sent out in February. Kudos were given to Steve by the Board Members for a great newsletter.

Susan made a motion to be able to utilize Lesney donation funds to purchase a projector for the lodge. Seconded by Jim. Susan will send the information about the projector, including cost, to all board members for a vote.

Myla announced that there is a troll sculpture exhibit at Southcoast Botanical Garden through January 11.

Next Board meeting will be January 11, 2024 at 7pm via Zoom.

Meeting adjourned at 4:51 p.m.

*See Page 7 for an addendum.*

## Addendum to Minutes of Board Meeting of Oct. 7

Susan Cody sent an email to all of the board members with the information about the motion to purchase equipment for lodge use. The email read as follows:

I made a motion at the meeting last Saturday to purchase a new projector for the lodge from the Lesney funds. The motion was seconded by Jim Adams. However, there were not enough members present for a quorum. Here is the information about the equipment: (This equipment was recommended by Jason Morken, a Camp Norge board member. The camp has already purchased this equipment, I saw it in action at the Northern Cal. Kretstevne, and the picture quality of the projector is outstanding.)

[ION Pathfinder All Weather Speaker](#) - We already have this

The Speaker system is portable, wireless, water resistant (Splashing/light rain), has over 100 hours of battery life, radio, Bluetooth, and a 3.5mm (aux) input jack.

[Smart Movie Projector](#) Projector with WiFi and Bluetooth, VIMGO Native 1080P Portable Projector \$139.99

The projector can use HDMI, USB input, Bluetooth for audio output, and WI-FI to cast your phone/tablet and can project up to a 120" screen.

And I would also recommend: [Sony Blu-ray Player](#) Sony BDP-BX370 Streaming Blu-ray DVD Player with built-in Wi-Fi, Dolby Digital \$78.00

And finally, the Blu-ray Player. With this, there will be no need to have a laptop that can work with the projector/speaker. It can play CDs/DVDs/Blu-Rays and even pictures/videos from a USB drive. If someone has an older laptop or no laptop, they would still be able to play whatever modern media they wish with no issues.

The majority of the board responded, voting affirmatively to accept the motion as presented. The motion and recommendation will be presented to the lodge members at the November meeting.

Respectfully submitted, Susan Cody, Secretary

In Recognition  
of  
Twenty Five Years of Membership,  
Sons of Norway awards a Certificate of Appreciation  
and pin  
to the following member for her long and faithful  
service:

Twenty-Five Years of Membership

Susan Cody

Congratulations!  
Valhall Lodge 6-025 ~ Sons of Norway

## Corporation Meeting Minutes

October 14, 2023

The meeting was held on Zoom and was called to order at 10:10 A.M. Present were President Jim Adams, Vice President Andy Ueland, Treasurer Steve Rawlinson, Secretary Everett Shogren, Lodge President Myla Coleman and Directors Judy Sawyer and Millie Wright. There were no absences.

It was moved, seconded and passed to accept the minutes of the April meeting as printed in the Valhall Viking.

Rent for the meeting hall has been paid for the 4<sup>th</sup> quarter.

The yearly forms required by the State of California are being prepared by Treasurer Steve Rawlinson with the aid of Aprell Bigler.

As part of the annual fall review of our finances Treasurer Steve Rawlinson presented the quarterly treasurer's report.

Transfer of our accounts to Schwab has now been completed with only minor bookkeeping changes still in progress to match accounting procedures.

The third quarter of 2023 showed a slight loss on our investments in keeping with the broad markets.

The corporation funds are held in three "buckets" depending on anticipated need for the funds, i.e., long term, shorter term and current operational needs. Some of the short-term funds will be moved to and from Sons of Norway lodge Deposits and local financial institutions for higher return and easier access.

The Treasurer's report was accepted as presented.

Subject to change the 2024 Valhall Corporation meetings will be on January 8, 2024 April 8, 2024 and October 7, 2024. The meetings will be at 7:00 PM on Zoom. All Valhall Lodge members are welcome to attend and observe. (Note change to Monday evenings)

The meeting was adjourned at 11:10 A.M.

Everett Shogren, Secretary

## Election of Directors to Corporation Board

Every year in November, two directors are elected to the Corporation Board to serve 3-year terms. If you would like to run for one of the positions, please contact Jim Adams.

# LOV Meeting Minutes

## October 7, 2023

Denny's Restaurant, Fletcher Hills 9:00AM

Hostesses: Eldbjorg and Anne

The meeting was called to order at 9:11 AM by President Millie.

Ten members attended. We welcomed one guest, Tam's daughter Sue, who is now lodge member.

Minutes of the September meeting were published in the lodge newsletter. Sandra MOVED. Susan SECONDED that the minutes be approved as published. MOTION PASSED.

Treasurer's Report- Millie presented treasurer report for August on behalf of Barbie. Sandra MOVED, Else SECONDED that the reports be approved as read. MOTION PASSED. Sandra reported that selling bunads at the the Viking was successful as some of them were purchased. We still have some left.

### COMMITTEE REPORTS

Sunshine – Millie called Anne

Bunad Book Standing Committee – No report

Christmas Stockings for lodge Jultrefest – Else found some items in Bergen

Christmas Party – No report

Lille Butikken – Myla passed signup sheet for volunteers to bring baked goods and will have signup for sales table shifts. Tam brought donations.

### OLD BUSINESS

Crafting Mondays continue. Next date October 9

Contacting female lodge members - No report

Hostess sign-ups – January 6: Judy and Millie

### NEW BUSINESS

Nominating Committee – Sandra and Carrie presented a slate of officers for 2024, to be voted on at the November meeting. President – Susan, Vice President – Judy, Secretary – Solveig, Treasurer – Barbie.

We are collecting funds to present to server Juan at the November meeting, along with holiday greetings.

### CULTURAL

Else researched traditions, facts and history of knitting and presented to us. The Dale of Norway factory was not officially open for tours but they kindly gave her a behind-the-scenes look. The information was very interesting and prompted discussion from members like Thelma who vividly recalls her husband's family in Tromso who collected fluffy white fur of their Samoyed dogs, processing it to make knitted items. Millie remembers carding wool that wasn't spun but used as batting for quilts.

**Please turn to Page 10.**

**LOV Meeting Minutes, October 7, 2023 (Continued from Page 9)****GOOD OF THE ORDER**

We sang happy birthday to October birthday Myla

There were no anniversaries.

Thanks to hostesses Anne and Eldbjorg for the chocolates and warm-colored variegated potted zinnias.

Winners of the drawing were: Millie, Myla, Susan, Sue, Sandra and Else.

Next regular meeting is on November 4, 2023 at Denny's at 9AM. Hostesses will be Carrie and Sandra

The meeting adjourned at 11:07 AM

Respectfully submitted,

Myla Coleman, Secretary

## **LOV Notes**

### **October 7, 2023**

Next Meeting: November 4, 2023, 9:00 a.m., at Denny's

Hostesses: Carrie and Sandra

Correction to the September LOV Notes: Our soon to be new LOV member, Sue's last name is Hawkinson, not Hawkins. Sorry Sue, we love having you at our meetings.

Hei Ladies, November will be our last LOV meeting in 2023; however, it is a busy month for us as we gear up for the Lille Butikken at the Lodge Lutfisk/Meatball Social. Homemade cookies, breads, lefse, etc. will be sold at the Butikken as well as various handcrafted and other donated items from Lodge/LOV members. Since the Lodge social is the second Saturday of the month, we don't have much time to pull everything together.

The new 2024 LOV Board will be elected at the November meeting, I urge all LOV members to attend this meeting.

The 2023 Christmas celebration will be at Anthony's in La Mesa on December 16<sup>th</sup>. I hope we have a good turnout for the Christmas celebration. The food is always good, and the gift exchange is fun, especially when there is "stealing" involved. Our Christmas party committee works hard to secure the location, follow up on the date, time, and the menu, and provide entertainment, whether it's music, poetry, funny jokes, or a presentation. Tusen takk Ladies.

God allehelgensaften (Happy Halloween)  
Med vennling Hilsen,

Millie Wright  
President, LOV



## Cultural Notes

### November 2023

Frida Hansen

Continuing my quest to learn about notable Norwegians, I watched a fascinating video on YouTube about Frida Hansen, Norwegian textile artist and innovator. Her wealthy father paid for art classes and tutors so she could achieve her dream of becoming a visual artist. She married a merchant and they lived happily for a few years until the economic downturn of 1888 when her husband's business went bankrupt. Needing to provide income for her family, she started an embroidery shop, employing herself and others. The story goes that a client came in asking if she could repair a woolen coverlet and Frida realized that there was a market for weavings made on traditional looms. With her talent as a watercolorist, she painted full-sized mockups on paper, then wove most of the large-scale pieces herself. She won a gold medal at the World Exhibition in Paris, leading to a lot of excitement and interest in her work as well as commissions for pieces in public buildings.

She researched techniques for dyeing wool and invented a new technique for weaving translucent panels that were used as draperies or room dividers. In traditional weaving, all the vertical threads are woven with horizontal threads to make a solid and very sturdy fabric. She used her artistry to create beautifully patterned panels with some of the threads left loose and unwoven, creating pieces that let light pass through.

Influenced by the Art Nouveau style of her era, she loved forms in nature: flowers, leaves, sinuous stems, etc. After the 1920's the style became old-fashioned but of course, everything comes around. Today, her designs have a timeless appeal.

Here is a link to the video on Vesterheim's YouTube channel. "Frida Hansen: A Norwegian Art Nouveau Artist in Wool" The presenter Robbie LaFleur is an award-winning weaver herself and speaks of Frida like an old friend:

<https://www.youtube.com/watch?v=PEk3jI5ooCg>

*Sørøver (Southward)*, a ten feet high by twelve feet wide woven tapestry created by Norwegian artist Frida Hansen in 1903, disappeared after the artist's death in 1931. Here is an article about the recent discovery of the piece, tucked away in a trunk.

<https://www.milwaukeeimag.com/this-massive-tapestry-at-the-milwaukee-art-museum-art-museum-was-almost-lost-to-history/>

Please turn to Page 12.

**Cultural Notes (Continued from Page 11)**

I was excited to learn that a copy of one of her patterns was gifted from her workshop to Girl Scout's historic Edith Macy Center in New York. One of my co-workers who had occasion to go there brought me a photo back and I kept it as a screensaver on my work computer for a few years. The stylized pine tree and sun design was a perfect decoration in the rustic wooden lodge. See the photo to the right:



## **Change in Membership Applications**

Sons of Norway no longer accepts credit card payments at the Home Office. That means that you cannot mail your application with a credit card number or give them the card number over the phone. You can mail a check to the remittance address on the bill or log into the website and pay by credit card on the website.

## **SCHOLARSHIPS! 2024 IS JUST AROUND THE CORNER!**



Hello, as in **HELLO! - ATTENTION!** To high school seniors and current college students. It's time to start thinking about 2024! If you are a member of Sons of Norway or have a parent or grandparent who is a member, you can apply for a **scholarship** from the **Sons of Norway Foundation**. There are a variety of scholarships available for college, trade schools, and study abroad, from \$1,500 to \$20,000+.

Go to the Sons of Norway website at [www.sofn.com](http://www.sofn.com) and click on Foundation. Then click on Scholarships and read about each one and who is eligible to apply. When you find one or more for which you qualify, read the Overview, Who Can Apply, and View Guidelines. Now, think about what you have to do to apply . . . and here are a few suggestions:

1. Treat the application as if it is a job application. Be thorough in completing all requirements of the application. Make a list of all the application requirements and check them off when completed. Then, double check before submitting. If any requirement is not completed, your application will automatically be rejected.
2. Read and study the Criteria section of the application. In your essay, you are asked to address six (6) key points. Use specific, experiential examples when answering these key points, especially your connection to Sons of Norway.
3. How did you find out about the Sons of Norway Foundation scholarship and/or what do you know about the Sons of Norway Foundation? Show you did more research than just a Google search.
4. Emphasize your community or school volunteer work.

We are excited to bring these opportunities to you! We believe you have the potential to be an excellent candidate. The applications are due in several months and we hope – indeed **RECOMMEND**, you start now to create a compelling application.

Remember, the Sons of Norway Foundation is "Here for You . . . Here for Good." -**James Adams, District Six Foundation Director.** (Slightly edited)







Mark the Date for the District Six Lodge Meeting and Convention!

June 20-24, 2024, Tuscany Suites and Casino, Las Vegas, NV

Hosted by Vegas Viking Lodge # 152 and the District Six Board

### Folk Art and More

It's time to start working on projects for the 2024 Folk Art Exhibition at the biennial District Six Lodge Meeting & Convention in June, 2024. New this year, is a 'Viking' category to go along with the Viking Vision logo/ theme. An 'Olaf' award will again be presented to a favorite digital/ electronic program. So, start (or keep going) on your knitting, stitching, carving, painting, etc. or get creative with a digital program and/or the Viking theme.

### **Don't Use the Self-Cleaning Feature on Your Oven**

'Tis the season coming up to bake cookies, lutefisk, and other treats. But keep things happy in your house by avoiding the self-cleaning feature in your oven. These are the reasons:

1. The intense heat of self-cleaning damages oven components and the oven ceases to function.
2. The intense heat generates toxic fumes.
3. The intense heat can start a fire.
4. Cleaning an oven without using elbow grease is against God's Will.

OK, we are just kidding about Item 4, but Items 1-3 are real and are explained in the article linked below. Item 1 really happened to the oven in our house. The repair man had to pry the oven door open (fortunately, he had a tool to do it) because the door was locked by the self cleaning mechanism and the heat melted the fuse so power was no longer provided to the oven to enable unlocking the door. The fuse was replaced but then we discovered that the control board was also damaged, and we (the customer) had to order that and still do not have the replacement.

We googled the issue and concluded that this concern applies to most oven brands and not just the brand we are using.

The repair man told us that it would be OK to use the feature after he fixed the oven and he would be happy to come back and fix it again.

<https://www.southernliving.com/oven-self-cleaning-function-7552888>

## Classic Gingercake with Brunost (Norwegian Brown Cheese)

<https://www.livinganordiclife.com/post/gingercake-with-brunost>

By Fiona McKinna, [livinganordiclife.com](https://www.livinganordiclife.com)

### Ingredients

#### For the cake:

175 g / 6 oz. plain, all-purpose flour  
1 1/2 tsp. baking powder  
110 g / 4 oz. brown cheese  
100 g / 3 1/2 oz. butter  
100 g / 3 1/2 oz. sugar  
2 medium eggs  
2 Tbsp. milk  
1 1/2 tsp. ground ginger

#### For the icing:

Powdered sugar / Icing sugar  
Brown cheese (Norwegian brunost, or you can substitute caramel chips)  
Milk

### Method

Preheat the oven to 165°C/330° F.  
Grease and line a 2 lb loaf pan.

Sift together the flour, ground ginger and baking powder. Cut the brunost into small cubes and toss in the flour. Cream together the butter and sugar until pale and slightly fluffy. Add the eggs one at a time beating well between each. If you find that your mixture is curdling add a spoonful of the flour mix. Fold in the flour and brunost mix and gradually add the milk. Pour the batter into the loaf tin and bake in the center of the oven for about 45 minutes until it rebounds to a light touch or a skewer inserted comes out clean.

Cool for a few minutes in the tin before running a palette knife around the inside and turning out to cool on a wire rack.

While you wait for the cake to cool, you can make the icing. In a small pan, melt some cubes of brunost with a little splash of milk. Once melted, add enough icing sugar to make a nice smooth, shiny icing. Drizzle over the cake and let it set for a couple of hours. Enjoy in thick slices with a glass of milk or a cup of coffee. Vær så god!



Photo credit: livinganordiclife.com

**Valhall Viking**  
**Published Monthly by**  
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**Valhall Viking**

**NOVEMBER 2023**

**CALENDAR**

**November 4: Ladies of Valhall**  
**November 11: Lodge Meeting & Social**  
**November 23: Newsletter Deadline**

Next newsletter is the  
December-January issue

Deadline for the  
December-January Valhall Viking  
is November 23, 2023

E-Mail articles to  
Steve Rawlinson at:

[editor@lodgeofvalhall.com](mailto:editor@lodgeofvalhall.com)