



Valhall Viking



**SONS of
NORWAY**

Celebrating **125 Years**

1895-2020

Mission Statement

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

September 2022
Valhall Lodge #6-25
<https://lodgeofvalhall.com>
Serving San Diego, CA

Meeting Location
La Mesa Masonic Lodge
4731 Date Ave.
La Mesa, CA 91942

Founded 1912

September 3:	9:00 AM	LOV Meeting
September 10:	1:30 PM	Lodge Meeting & Social

Lodge Meetings Rescheduled!

Starting this month (September), lodge meetings and socials will take place on the **SECOND (2nd)** Saturdays of the month (instead of the 3rd). This means that the next lodge meeting and social will take place on **September 10, 2022**.

Ord fra presidenten

Dear Members,

We changed the scheduling of lodge meetings and socials. **We are going to meet on the second Saturday of the month** so that we can participate in Vista Lodge activities which they normally hold on the 3rd Saturdays.

Parents and Grandparents, don't miss the briefing on availability of scholarship grants that will be explained at the House of Norway on September 8. See page 5.



We will have a special election at the lodge meeting this month to fill a vacancy on the Corporation Board. Anybody who wishes to run should contact Jim Adams.

I wish to thank everybody who gave blood last month. There are people who should deeply appreciate what you did.

Summer is over, and the kids are back in school. It's time to get back into the swing of things. Let's have a great year together accomplishing great things and having lots of fun.

Respektfullt,
Maury D. Lee
President, Valhall Lodge 06-25

Newsletter editor: Steve Rawlinson
editor@lodgeofvalhall.com

This newsletter is published monthly
except in January and July.

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*In Recognition of
Ten Years of Membership,
Valhall awards a Ten-Year Pin to
the following member for his long
and faithful service:*

Ten Years of Membership

Alexander Davis

Congratulations!
Valhall Lodge 6-025
Sons of Norway



Happy Birthday
Gratulerer Med Dagen!



September Birthdays

2	Janet Weber
3	Else Ottesen
4	Helen Johnson
7	Glenda Holsbo
7	Ann Hougen
7	Emily Morissette
12	Graciela Lee
16	Everett Shogren
17	Barbara Paulovich
18	Dolores Anderson
22	Jeanne Scott
24	Erik Bardin

Links

Our lodge: <https://lodgeofvalhall.com>

District Six Newsletters and Cultural
Newsletters: <https://sofn6.org/newsletters/>

Camp Norge: <https://www.campnorge.org/site/>

District Six: <https://sofn6.org>

House of Norway: <https://www.houseofnorway.org>

International: <https://www.sofn.com>

Valhall Lodge, Sons of Norway

Planned 2022 Social Calendar

This calendar has been proposed by the Social Director. It is subject to change. One likely change agent will be COVID.

JANUARY	15	(HELD ON ZOOM)
FEBRUARY	19	BEEF LAPSKAUS
MARCH	19	SALMON DINNER
APRIL	16	SPRING HAM DINNER Movie: "Lutefisk Wars"
MAY	21	SYTTENDE MAI DINNER
JUNE	18	ICE CREAM SOCIAL Hot dogs & Games
JULY/AUGUST		(NO MEETINGS)
SEPTEMBER	10	CATERED SOCIAL
OCTOBER		(KRETSSTEVNE MONTH)
NOVEMBER	12	LUTEFISK & MEATBALLS LILLE BUTIKKEN
DECEMBER	10	JULTREFEST Maybe potluck or maybe catered

Hardanger and knitting take place every other Monday (including February 28) at the House of Norway in Balboa Park between 1 PM and 3 PM.

The Social Committee needs volunteers. The planned socials for 2022 are listed in the table above. If you can volunteer to help, please contact Judy Sawyer and let her know which dates you are available. Judy can be reached at sonjsawyer@gmail.com.

Lodge Officers

Lodge Officers	
President	Maury Lee
Vice President	Myla Coleman
Counselor	Susan Cody
Secretary	Emily Morissette
Assistant Secretary	VACANT
Financial Secretary	Aprell Bigler
Treasurer	Millie Wright
Social Director	Judy Sawyer
Asst Social Director	Graciela Lee
Cultural Director	Amelia Seeto
Marshall	Andy Ueland
Assistant Marshall	Janet Weber
Historian	Sandra Yeaman
Musician	Sven Olsen
Editor	Steve Rawlinson
Assistant Editor	Arlene Labree
Foundation Director	Jim Adams
Publicity Director	Susan Cody
Youth Director	Myla Coleman
Sports Director	Ellen Spitzer
Webmaster	Steve Rawlinson
Trustee (3 Year)	Susan Cody
Trustee (2 Year)	Millie Wright
Trustee (1 Year)	Judy Sawyer

Auditors
Phil Hinshaw
Everett Shogren
Sandra Yeaman

Corporation Officers	
President	James Adams
Vice President	Andreas Ueland
Secretary	VACANT
Treasurer	Steve Rawlinson
Director	Maury Lee
Director	Judy Sawyer
Director	Everett Shogren

LOV Officers	
President	Millie Wright
Vice President	Susan Cody
Secretary	Myla Coleman
Treasurer	Amelia Seeto



**SONS of
NORWAY**

JAMES DONOVAN

Your Financial Benefits Counselor

760-440-9905

jdonovaninsure@gmail.com

Sons of Norway Scholarship Funds

An information meeting will take place on **Thursday, September 8, 2022, at 6:30 PM** at the **House of Norway**. The topic will be how to apply for scholarship funds from Sons of Norway. Parents and grandparents are invited. RSVP to Sandra Yeaman, historian@lodgeofvalhall.com.

Scholarship Information

Early Autumn is an excellent time to look into scholarships from the Sons of Norway Foundation. Information is available online:

- https://lodgeofvalhall.com/wp-content/uploads/2022/08/Foundation_Scholarship_Grid_2022.pdf is a grid list of available scholarships.
- <https://lodgeofvalhall.com/wp-content/uploads/2022/08/2022FoundationBrochure.pdf> is a brochure on the subject.
- <https://www.sofn.com/foundation/scholarships/> has information on applying.

Q: Why do the ships of Norway, Sweden, Finland, Denmark, and Iceland have bar codes on them?

A: So that they can scan-da-navy-in!



A promotional poster for the Viking Festival CA. The background is a misty, greyish-blue. In the center, the words "VIKING CA FESTIVAL" are written in a large, blue, serif font. Above "CA" is a logo featuring a blue helmet with a cross and two crossed axes. Below the main title, the dates "SEPTEMBER 17TH & 18TH, 2022" are written in a bold, black, sans-serif font. To the right of the dates, the text "CALIFORNIA'S PREMIERE" is written in a smaller, black, sans-serif font. Below that, "VIKING FESTIVAL" is written in a large, bold, black, sans-serif font, and "AND NORSE HERITAGE EVENT" is written in a smaller, black, sans-serif font. On the right side of the poster, there is a full-length image of a Viking man with long blonde hair and a beard, wearing a blue tunic, a red skirt, and a brown belt with a sword. In the top left corner, there is a circular logo with a QR code and the word "Viking" inside. In the bottom left corner, there is text: "NORWAY HALL CULTURAL CENTER VISTA, CA 92084", "ONLINE TICKET SALES", and "VISTAVIKINGFESTIVAL.COM". At the very bottom left, there are icons for Facebook, YouTube, Instagram, and a globe with "WWW".

We Need Volunteers

Following up from a survey taken last year, we have identified 4 tasks that we think would enhance the lodge if these tasks were done. We need a volunteer for each that has the skill an interest to perform that task. Volunteers should contact Maury Lee (president@lodgeofvalhall.com).

- Give the lodge presence on some social media platforms such as Instagram or Snapchat. (We already have a Facebook page, and we do not wish to use TikTok.) We are looking for somebody who can reach out to young people.
- Provide monthly Norwegian cooking classes.
- Provide help in lecturing about Norwegian culture. We already have 2 ladies doing this, but they could use help from an additional person.
- Provide Norwegian language classes.

Vacancy on the Corporation Board

Aprill Bigler has resigned from the Corporation Board, thereby creating a vacancy. The lodge will need to vote to fill the position at the next lodge meeting. We have identified a candidate to fill the vacancy, but if anybody else wishes to run for the position, please contact Jim Adams.

Thanks to Aprill for all the work she did for the Corporation for many years. She kept minutes and other records. She filed tax returns for both the Corporation and the Lodge. In 2020, she did major work to deal with a legal problem that hit the Corporation. We are so grateful for all she did, and we will miss her.

Charles E. Hansen, RIP 1943-2022

We are sorry to report the passing of Chuck Hansen on August 13, 2022. Chuck was a long and faithful member of Sons of Norway, Valhall Lodge, having joined on September 1, 2003. He was also a member of the Mannskor and sang with them. Chuck will be greatly missed by all his Valhall friends. He was at home in hospice and never in any pain. He was able to say good-bye to all family members.

Our sympathy goes out to his wife Susan and to the Hansen family.

Blood Drive ~ August 13, 2022

Thanks to all who participated in the blood drive. We had a turnout of at least 10 people, and their donations are greatly appreciated.

Pictured below are Sharmane Estolano and Lodge President Maury Lee giving blood (with masks on) and posing for successful donation (with masks off). Thanks to Sharmane for organizing this blood drive, and thanks to Maury for his support for this project.



Sons of Norway 29th Annual Weekend Southern California Kretssteve

Friday, Oct. 14 - Sunday, Oct. 16, 2022

SCK Banning Fall Weekend

Join us for the weekend or a day trip for a wonderful blend of Norwegian Heritage and fellowship. The campground is a short distance south of Hwy 10 in Banning, 25 miles west of Palm Springs. The camp is on level ground at low elevation.



Banning Stagecoach KOA Campground & RV Park
1455 S. San Geronio Avenue, Banning, CA 92220

<http://koa.com/campgrounds/banning-stagecoach> information, only – no reservations

- Enjoy Music, Singing, Heritage Crafts, Camaraderie
- Cultural Food Demonstration and/or games, Bingo, Silent Auction on Saturday

**** Lodging Options ****

Limited number of Park Models (4) for rent. Pricing is for two nights

Park Model – bedroom and foldout couch	\$220.00
RV space, full hookups	\$ 95.00
Tent space	\$ 60.00

Various hotel options in Banning can be found online, if the Park Models are sold out.

Please complete the registration form below and mail with your check made out to:

Southern California Kretssteve. Mail by October 5 to:



Nancy Madson, SCK Registrar
28-351 Via Las Palmas
Thousand Palms, CA 92276

Call Nancy for camp lodging (760) 238-8819
e-mail: norsknn@gmail.com

----- cut here and mail -----

Name(s) _____ **Lodge** _____

Children's names and ages _____

Phone () _____ **E-mail** _____

Fri. Night Meatball Dinner	_____ Adults @ \$10.00 each	_____ Children under 12 Free	\$ _____
Sat. Vaffler and Eggbake Breakfast	_____ Adults @ \$6.00 each	_____ Children under 12 Free	\$ _____
Sat. Hot Dog in Lefse Lunch	_____ Adults @ \$6.00 each	_____ Children under 12 Free	\$ _____
Sat. Salmon Dinner	_____ Adults @ 13.50 each	_____ Children under 12 Free	\$ _____
Sun. Scandinavian Breakfast	_____ Adults @ \$6.00 each	_____ Children under 12 Free	\$ _____

SCK Registration Fee – all attendees _____ **Adults @ 5.00 each or Family \$10.00** \$ _____

Lodging: Use pricing from above - Circle one

Park Model RV space tent space \$ _____

TOTAL AMOUNT, check written out to: Southern California Kretssteve \$ _____

All proceeds support Camp Norge.



Photo Credit: Lulu the Baker, luluthebaker.com

Norwegian Cinnamon Thumbs

These delicious shortbread cookies rolled in cinnamon sugar are a perfect little treat with a cup of coffee!

Cookie Ingredients:

5 Tbsp. sugar
1 cup butter
2 cups flour
1 tsp. vanilla

Ingredients for rolling:

1 tsp. cinnamon
¼ cup sugar

Directions:

Preheat the oven to 350°F.

To make the cookies, beat the sugar and butter together until fluffy. Add the flour and vanilla, and beat until the dough comes together.

Take a small amount of dough (about the size of a tennis ball), and roll it gently into a long, skinny rope 1/2" in diameter (about the width of your pinky). Using a sharp knife, cut the dough into 2" pieces, making sure to cut on the diagonal instead of straight across.

Place cookies a few inches apart on a lined baking sheet, and bake 8-10 minutes, until just beginning to turn golden on the bottom edges. Remove cookies from oven and allow to cool slightly.

While cookies are cooling, combine the cinnamon and sugar for rolling in a small bowl. When cookies are cool enough to handle, roll each one gently in the cinnamon sugar, and place on a cooling rack to finish cooling.

How to Behave in Norway: Five Tips

As when traveling anywhere in the world, you may find some of the social norms in Norway are different than what you are used to. Here are some tips that will help you make the most of your trip to Norway:

1. Don't get too close! Norwegians really value their personal space. Even when you're standing in line, try to stay at least an arm's length away from others.
2. Avoid too much eye contact. Otherwise, you will make your newfound Norwegian friends uncomfortable. A good rule of thumb is to use the same amount of eye contact as the person who you are speaking to does.
3. Be punctual. If you are a few minutes late, it's forgivable, especially if you call ahead to let the host/hostess know. To arrive any later than that is considered extremely rude.
4. Never compare Norway unfavorably to Sweden—especially when it comes to winter sports! Norway was the country with the most medals in the last Winter Olympics, after all.
5. Notice your surroundings. Norwegians are understandably proud of their stunning landscape, and appreciate it when visitors admire it, too.

Statistics Norway to Collect Data in Norwegian Supermarkets

Statistics Norway (SSB), a state-owned entity that collects and communicates statistics in Norway, is pursuing a new type of data collection that is met with differing opinions. SSB wants Norway's major supermarket chains to share their receipt data. The major supermarket chains include: NorgesGruppen, Coop, Bunnpris and Rema 1000. The reason SSB is after this type of information is because they believe it will be a more efficient way of gathering and analyzing household consumption statistics to inform decisions on social assistance, tax policy, and child allowance. In the past, such information was written down in a booklet by Norwegian households, proving to be very time-consuming.

The trend of increased state data collection is concerning to many. In fact, payment processor, Nets, is troubled "about the collection and compilation of data that may be problematic and intrusive for the individual citizen." Additionally, NorgesGruppen plans to appeal the decision. Only time will tell how fruitful the appeal will be.

Valhall Lodge Members: *How would you feel if this idea were implemented in the United States? Please send your comments to the editor: editor@lodgeofvalhall.com. A summary of comments will be in the October 2022 Valhall Viking. - Ed.*

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Valhall Viking
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Stephen Rawlinson, Editor
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Valhall Viking

SEPTEMBER 2022

CALENDAR

September

September 3: LOV Meeting
September 10: Lodge Meeting & Social
September 23: Newsletter Deadline

Next newsletter is the
October issue

Deadline for the
October Valhall Viking
is September 23, 2022

E-Mail articles to
Steve Rawlinson at:

editor@lodgeofvalhall.com