

Valhall Viking



Mission Statement

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

Meeting Location

La Mesa Masonic Lodge 4731 Date Ave. La Mesa, CA La Mesa, CA 91942

https://lodgeofvalhall.com/ Serving San Diego, CA Founded 1912

Schedule of Events

Feb 1 9:00 AM: LOV Meeting

Feb 15 3:30 PM: Corporation Meeting

4:30 PM: Lodge Meeting

5:30 PM: Anniversary Dinner

Feb 23 Newsletter Deadline

Ord fra presidenten

Dear Members,

We are looking forward to making 2020 a great year for all of us. We have opportunities for people to volunteer to fill vacancies in our lodge:

- Vice President
- Musician
- Sunshine Committee
- Blood Bank Representative

Please let Aprell Bigler know if you are interested in filling any of these positions.



We also need to elect 4 delegates to go with me to the District 6 Convention in Mesa, AZ, in June. We will elect the delegates at the February lodge meeting. Come and have stew with us and vote for

delegates. We encourage members to consider running for delegate.

We were sad to lose Al Johannesen in December. He had served Valhall Lodge in a variety of ways. He was President of the Corporation as well as an auditor when he died. We are fortunate that Jim Adams volunteered to serve on the Corporation Board to fill the vacancy left by Al. With Al's death and 2 other auditors deciding not to continue to serve, we have a need to get additional auditors. Fortunately, Sandra Yeaman volunteered. We need at least one additional auditor.

We hope that you will have a year that is prosperous for you and we hope to see you often at our activities.

Respektfult, Maury D. Lee President, Valhall Lodge 06-25





February Birthdays

- 3 Anne Høidal
- **6** Sue Fouquette
- 6 Mia Aamodt
- 10 Sven Olsen
- **10** Don Bigler
- **16** James Adams
- **19** Kimberly Bardin
- 21 Erik Nilsen
- 25 Linda O'Dell
- 28 Lewis Johnson

In Recognition of
Ten Years of Membership,
Valhall awards a Ten-Year Pin
to the following member for
her long and faithful service:

Ten Years of Membership

Jeanne Teveldahl Scott

Congratulations! Valhall Lodge 6-025 Sons of Norway

Valhall Lodge 6-25 Sons of Norway

La Mesa Masonic Lodge 4731 Date Ave., La Mesa, CA 91942

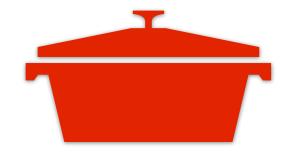
Lapskaus Social

Saturday, February 15, 2020

Corporation Meeting 3:30 - 4:30 PM Lodge Meeting 4:30 - 5:30 PM Dinner 5:30 PM

Menu

Beef Lapskaus Stew Cole Slaw Bread Dessert Coffee



\$18.00

Reservations please by February 11th

E-mail or call Millie Wright Grandmom2DaCh@gmail.com (619) 443-0942

Lodge	Officers
President	Maury Lee
Vice President	VACANT
Counselor	Susan Cody
Secretary	Janet Coulon
Assistant Secretary	Janet Weber
Financial Secretary	Aprell Bigler
Treasurer	Millie Wright
Social Director	Judy Sawyer
Asst Social Director	Denise Olson
Cultural Director	Myla Coleman
Marshall	Carmen Cleary
Assistant Marshall	Rick Hausvik
Historian	Sandra Yeaman
Musician	VACANT
Editor	Steve Rawlinson
Assistant Editor	Arlene Labree
Foundation Director	Arlene Labree
Publicity Director	Susan Cody
Youth Director	Myla Coleman
Sports Director	Ellen Spitzer
Webmaster	Steve Rawlinson
Trustee (3 Year)	Susan Cody
Trustee (2 Year)	Millie Wright
Trustee (1 Year)	Judy Sawyer

NOTE: Corporation will elect officers on Feb. 15.

Auditors	
Sandra Yeaman	
Steve Rawlinson	
Rick Hausvik	

Corporation	Officers
President	VACANT
Vice President	Andreas Ueland
Secretary	Aprell Bigler
Treasurer	Steve Rawlinson
Director	Maury Lee
Director	Judy Sawyer
Director	Rick Hausvik
Director	James Adams

Officers
Millie Wright
Susan Cody
Myla Coleman
Amelia Seeto



JAMES DONOVAN

Your Financial Benefits Counselor 760-440-9905 <u>idonovaninsure@gmail.com</u>

District Six 2020 Convention



The <u>District Six Convention</u> in 2020 will be held from **Thursday**, **June 18**, **through Sunday**, **June 21**. The theme of the convention is **CELEBRATING OUR ROOTS**. The convention starts on Thursday with a <u>session on genealogy</u>. This is an opportunity to learn how to research your Norwegian ancestry.

Valhall Lodge will have 5 delegates. One of the delegates is the President ex-officio. The other 4 delegates will be elected at the **February 15 lodge meeting.**

Please attend the February lodge meeting and be prepared to choose which candidates will receive your vote. Please also consider running as a delegate. If you are a new member of Sons of Norway or if you have never been to a district convention before, getting elected as a delegate will give you the opportunity to learn more about Sons of Norway.

The convention will be at the <u>Sheraton Hotel in Mesa, AZ</u>. Some delegates from Valhall may choose to drive. If you fly, there are 4 airports nearby. The closest airport is PHX (Phoenix Sky Harbor Airport). AZA, SCF and DVT are also in the area.

It is recommended that you arrive on June 17 because activities commence on June 18. Don't plan to leave until June 22 because festivities will run late on June 21.

The lodge will reimburse your convention attendance fee and hotel room cost. The District has negotiated a discounted rate for a hotel room. The lodge expects each delegate to share a room with one other person. Reasonable travel expenses will be reimbursed based on mileage or air fare plus taxi/Uber/Lyft. Delegates will have to pay for meals that are not covered by the convention.

Tubfrim

Susan Cody is collecting cancelled stamps for the Tubfrim charity. These stamps help raise funds for needy people.

Newsletter editor: Steve Rawlinson

editor@lodgeofvalhall.com

New Bylaws Approved

The lodge submitted updated bylaws to HQ last June after the members voted unanimously to approve them. We received notification of HQ approval on December 19, 2019. The updated bylaws are on our website at https://lodgeofvalhall.com/about-us/bylaws/

Minutes of the Lodge Meeting

December 21, 2019

CALL TO ORDER: President Maury Lee called the meeting to order at 4:31 PM. The Charter was draped because of the death of Al Johannesen. We had a moment of silence for Al.

APPROVAL OF MINUTES: The minutes for the November 16, 2019. meeting were accepted as printed in the December 2019 - January 2020 Valhall Viking, #10.

MEMBERSHIP APPLICATIONS: Aprell Bigler reported that David Kenstad and Anders Kenstad joined the Lodge in October and John Burgess joined in November.

AWARD: A 10-year pin was awarded to Jeanne Scott.

CORRESPONDENCE: Maury Lee reported that Headquarters had approved the new Bylaws.

COMMITTEE AND DIRECTOR REPORTS:

Cultural: Myla Coleman is working on a presentation for January about Alf Prøysen, the noted Norwegian author, poet, playwright, songwriter and musician. The intro for Alf is from the cooking show New Scandinavian Cooking where he visits Alf's childhood home, now a museum. Myla also wants to celebrate the 125th Anniversary of Sons of Norway at the Anniversary Dinner in March.

Newsletter: Steve Rawlinson reminded the members that the Lodge pays about \$3000 per year to print and mail the newsletter. He is considering asking the Board to cease printing and mailing the newsletter. People can still read it on the website. Several members, including Rick Hausvik, Sven Olsen, and Sandra Yeaman, commented on the idea.

Historian: Sandra Yeaman is working on updating the account of lodge history on the website. She plans to take pictures to help record history in the making.

NEW BUSINESS: Millie Wright reported that Wendy Hovland-Henry would like to step down as chairman of the Sunshine Committee. We are looking for a volunteer to take that position.

FINANCIAL REPORTS: Aprell Bigler reported that an additional gift was received from the Don Lesney Estate a few months ago. Aprell Bigler and Millie Wright presented financial reports.

ADJOURNMENT: The next social/lodge meeting will be on January 18. Eighteen members were present and the lodge meeting was adjourned at 4:58 PM.

Respectfully submitted by: Steve Rawlinson Editor and Acting Secretary Valhall Lodge #6-25

Links

Our lodge: https://lodgeofvalhall.com

District Six Newsletters and Cultural Newsletters: https://sofn6.org/newsletters/

Camp Norge: https://www.campnorge.org/site/

District Six: https://sofn6.org

House of Norway: https://www.houseofnorway.org

Minutes of the Lodge Board Meeting

January 13, 2020

CALL TO ORDER: President Maury Lee called the meeting to order at 7:05 PM. There were 9 board members present, they are listed at the end of the minutes.

OFFICER, COMMITTEE AND DIRECTOR REPORTS:

Presidents Report:

- 1) Maury reported that the district convention will be June 18-21, our lodge can send 5 delegates. That includes the president and 4 others.
- 2) Maury has not yet heard when the memorial service will be held for Allen Johannesen, but will share that information when he gets it.
- 3) We will need new officers for vacancies of auditors and directors in the Corporation. Andy Ueland will be acting President of the Corporation. The auditors review the books of the lodge, LOV and Corporation. Steve will put this in the newsletter.
- 4) Aprell reported that Jim Adams is willing to become a Director.
- 5) Steve made a motion to appoint Sandra Yeaman as an Auditor, this was seconded by Susan Cody, the motion passed.

Treasurer:

Millie presented the proposed budget for 2020. There will be a convention this June so the 2020 budget is higher than 2019. After some discussion and one or two small changes Sandra Yeaman made a motion to present the budget to the members at the January 18 lodge meeting. Judy Sawyer seconded, and the motion was passed.

Social:

1. Judy reminded us that the social this Saturday will be catered by Cupid's Catering who always brings wonderful food. So far she

has about 30 reservations and hopes for a few more. She noted that Myla and Anne are preparing a short cultural program for Saturday which will be presented right after dinner.

2. Judy reviewed the order of socials for 2020:

January: Catered Dinner February: Lapskaus Dinner March: Anniversary Salmon Dinner

April: Spring Social, catered May: Syttende Mai Dinner June: Picnic and Ice Cream Sundaes, catered September: Heritage Social,

Pork dinner
October: no social, Krettstevne

instead November: Lutefisk Dinner December: Jultrefest Party

Cultural: Myla has an outline for 2020 which will include a variety of cultural activities. Sandra is working on Hardanger introductory kits for interested members.

Publicity: Susan has a half page ad to submit for the convention booklet. This will cost \$85. Susan made a motion to approve this expenditure, Sandra seconded and the motion was passed.

Membership: Aprell reported that the current lodge membership is 168. Sandra mentioned that she posts Valhall events on meetup.com and that maybe increased usage of this site could help spread information about our lodge.

Newsletter: Steve proposed eliminating the printed version of newsletter, which would save about \$3000/year. There was some discussion and it was decided that we will keep both the printed/mailed and online newsletter situation as is for 2020. Many members still like receiving the printed black and white version in the mail.

The following members were present at this board meeting: Susan Cody, Maury Lee, Steve Rawlinson, Sandra Yeaman, Judy Sawyer, Millie Wright, Janet Weber, Aprell Bigler and Myla Coleman.

Adjournment:

The board meeting adjourned at 8:25 PM. The next lodge meeting and social will be January 18.

Respectfully submitted by: Janet Weber Assistant Secretary Valhall #6-25

Minutes of the Lodge Meeting

January 18, 2020

CALL TO ORDER: President Maury Lee called the meeting to order at 4:40 PM.

APPROVAL OF MINUTES: The minutes of the November meeting were accepted as printed in the Dec.-Jan. Valhall Viking, #10.

COMMITTEE AND DIRECTOR REPORTS:

Social: Judy reported that on February 15 we will have our Lapskaus Social.

Cultural: Myla reported that she has a lot of cultural activities planned for the year. Tonight she will be presenting a cultural program on Alf Prøysen, Norwegian author, poet, playwright, songwriter and musician. Anne Høidal will narrate a translated Alf Prøysen short story. In February we will be making Norwegian Fortune Cookies. In March she will show a 30 minute video about the founding of Sons of Norway. In April we will investigate "America Fever" and compare where members' ancestors settled in North America. In May we will be entertained by the Mannskor. In June she will be leading a craft for all ages in leather tooling. Lots of great activities for the lodge!

Youth: Myla has a kit that she'll bring to all socials with a variety of games and activities for children. She has also acquired a new game of "Frozen Monopoly", featuring Elsa and other characters from the popular Disney movie.

Webmaster: District Six has a new newsletter (Winter edition). Link in sidebar of website has been updated to point to it. The District Newsletter has information about the Convention and Camp Norge.

Newsletter Editor:

- 1. The Board has decided to continue to print and mail newsletters.
- 2. The February newsletter will have information about electing delegates to the convention. Members are encouraged to become delegates.

Corporation: Rick Hausvik reported that there will be a meeting next month in which new officers will be elected and directors appointed. Andy Ueland is the acting President.

Financial:

Aprell read through the proposed budget, explaining the reasoning behind each figure. This year's budget is higher than last year's due to the cost of sending 5 delegates to the convention. There was discussion about the cost and value of the printed newsletter, and cost of sending delegates to Mesa, AZ for the convention. Sandra Yeaman made a motion to accept the proposed budget as printed, Lou Coover seconded and the motion was passed.

OLD BUSINESS:

The updated Valhall Bylaws were approved by Sons of Norway Headquarters in December.

NEW BUSINESS:

- 1) The lodge is looking for members interested in being delegates to the District Convention, June 18-21, it will be in Mesa, AZ.
- 2) Maury mentioned that we need one more auditor for the Corporation, Rick Hausvik volunteered to do it. Sandra Yeaman, Rick and Steve Rawlinson will be the new auditors.
- 3) We are looking for a new Sunshine Coordinator.

FOR THE GOOD OF THE ORDER:

- 1) Information was shared by Anne Høidal about the Memorial Service for Allen Johannesen. It will be held on February 15, 10:30 AM at St. Mark's Methodist Church, 3502 Clairemont Drive, San Diego. Internment will be on February 17 at 12:30 at the Miramar National Cemetery.
- 2) Myla Coleman saw Sven Olsen last week, he was giving her microphone stands and projector to use for presentations. He says hello to all and shared that Joyce is bedridden now and he has caregivers helping at home.
- 3) LaVonne Coover offered congratulations to President Maury Lee who received "Volunteer of the Year" award form the House of Pacific Relations in Balboa Park! Go Maury!!

ADJOURNMENT: The next social will be today, January 18. The next lodge meeting and social will be on February 15.

There were 21 members present and the lodge meeting was adjourned at 5:30 PM. Respectfully submitted by: Janet Weber Assistant Secretary Valhall Lodge #6-25

Minutes of the Ladies of Valhall Meeting

January 4, 2020

Denny's Restaurant, Fletcher Hills Hostesses: Dale and Anne Eighteen people attended. There were two guests, Christine T and Susan's sister Karen J.. The meeting was called to order at 9:09 am by President Millie Wright. She thanked the existing officers for continuing to serve for another one-year term. Millie asked if anyone wanted the Minutes of the November meeting to be read aloud as they were in the Lodge Newsletter. No one did. There were no corrections. The report was accepted.

Amelia read Treasurer Reports for September and October-November. They were accepted as read.

Committee Reports

Sunshine Committee –.Barbara sent get well card to Eldbjorg and sympathy to Thelma, will send get well card to Sandra.

Lille Butikken – Positive feedback re set-up of the tables and display. Amelia reported that we made a profit. Myla reported that she is storing the leftover donations for next year.

Christmas Party – Positive feedback for location at Anthony's, the fun program of song and gift exchange and Linda's party favor of crystal snowflake necklace.

Linda photographed the proceedings and created a colorful, commemorative book. She also brought 4X6 prints of each attendee for each to take home.

Christmas Stockings – Susan purchased 10 nice furry stockings and stuffers appropriate for kids of all ages. Half were given at Jultrefest, the rest given at the meeting to members with kids who couldn't attend the event.

Old Business

Millie passed sign-ups for hosting LOV meetings in 2020 to fill remaining dates for 2020. Only January 2021 is left to fill.

New Business

Budget for 2020 – Committee formed: Millie, Amelia and Anita.

Lille Butikken – need committee and makers for new handmade items.

Christmas Party – Committee members from 2019 will continue for 2020.

Christmas Stockings – Susan continuing for 2020.

Cultural/Program

Program — Anne wished us godt nytt År and shared an article about countries that have female presidents or prime ministers.

For the Good of the Order

Myla shared the craft for the Lodge Jultrefest: cardboard gingerbread houses, asked for support to present Alf Prøysen at the Lodge dinner on January 18 and reminded all that Girl Scouts is working to prepare our future women leaders with the upcoming cookie program.

Judy asked for RSVPs for the Lodge's January social

Anne let us know of her efforts to sell artwork on behalf of LOV. This led to a discussion of how to rehome our treasures these days.

We sang to December and January birthdays: Barbara, Tam, Thelma. (Peggy, Eldbjorg, Ragnhild and Denise also had birthdays but were not at the meeting.) Also sang Happy Anniversary to Dale, Linda and Tam.

Winners of the drawing were Jean, Marit, Karen, Millie, Linda, Barbara and Tam.

Millie thanked Anne and Dale for hosting and for the decorations: cute little spice-scented brooms to sweep out the old year, bright primroses and Fair-Isle patterned napkins.

Next regular meeting will be at Denny's on February 1. Hostesses are Susan and Arletta.

The meeting adjourned at 10:45 am.

Respectfully submitted,

Myla Coleman Secretary

June Meeting

The lodge meeting and social in June may have to be rescheduled. The current scheduled date is June 20, but that conflicts with the District Six Convention.

Other dates in June are currently under consideration. There may be an announcement next month of a different date. Stay tuned.

LOV Notes

January 2020

Next meeting: 9:00 a.m. February 1, 2020

Hostesses: Susan and Arletta

Godt Nytt År ladies,

The new year has begun and LOV's 2019 officers continue to serve in 2020. Mange takk, VP Susan, Treasurer Amelia and Secretary Myla it has been and is a pleasure to work with you for LOV.

Welcome Marit, LOV's newest member. She will receive her LOV pin at the February meeting. Welcome also to Karen J., daughter to Arletta and sister to Susan. Hopefully Marit will lose her "newest LOV member" status to Karen in the near future, we look forward to having you as a member of our group.

Welcome to Christine, she was a former member of LOV, it was nice to see her at the January meeting.



Marit, newest LOV member



Karen with her mom, Arletta



Christine

Once again, our Ladies stepped up and volunteered to hostess the 2020 monthly LOV meetings. This takes a lot of pressure off trying to make sure each month is covered. The only vacancy now is for January 2021, we will need two volunteers and before the end of 2020 I am sure that will be filled.

The Budget Committee was formed at the January meeting. Amelia, Anita and I will meet to prepare the 2020 LOV budget to be presented at the February 1St meeting. Amelia will schedule this meeting.



Treasurer Amelia



Committee Volunteer Anita

Selecting committee members vs. chairpersons for the Lille Butikken, LOV Christmas Party and Christmas stocking bags for Valhall Lodge's Christmas party worked out well and will continue for this year.

• Judy, Linda, Barbara and Arlene volunteered to continue to be the LOV Christmas Party committee, they did an outstanding job last year and I'm sure we all look forward to this end of year celebration.







Linda created a picture book commemorating the 2019 LOV Christmas Party.

- Santa Susan will continue to provide Christmas Stockings; she was a committee of one and came through with flying colors. I wish I had a picture of Susan with one of the stockings.
- The Lille Butikken is still in need of a committee. Amelia, Sandra and Denise did a great job last year and I am sure they would answer any questions the new committee have. Although the Lille Butikken is smaller than in years past, we still made a profit and these three ladies, and their volunteer helpers should be proud of themselves.



Barbara, Millie, Sandra, Amelia and Jean

Lille Buttiken Committee members: Sandra and Amelia

• Sunshine Committee, this is a committee of one at this time, Barbara Evje continues to send get well, thinking of you, sympathy cards etc. and make phone calls to LOV members who cannot make it to the monthly meetings. She has held this position for several years and does a great job. She needs input from all of us for her to know who to contact or send a card to.



Sunshine Committee:

Barbara

• Anne, Tam, Ragnhild and Sandra continue to provide Cultural projects for LOV. Almost every meeting has a Norwegian Language aspect whether it's a song, poem, history or trying to teach us vocabulary etc. Anne and Ragnhild share this language task. Besides other cultural input, Tam is in charge of LOV to READ. This is a summer program during July and August when LOV does not meet. Books are selected for both months to be discussed at meetings at the House of Norway. This keeps us connected during the off months. Sandra provides thought provoking writing and/or speaking topics for all of us to take part in. Some of the ladies have the gift of putting their thoughts and adventures on paper, others of us not so much so verbal expression works better.



January Host — Anne



January Host — Dale



Tam displaying the scented broom Anne and Dale gave each attendee along with her primrose door Prize.

Tusen takk Anne and Dale for the beautiful Primrose door prizes and the good smelling scented brooms.

LOV's secretary, Myla is also the Cultural Director for Valhall Lodge. She provides cultural programs for the Lodge socials; LOV needs to support her in this endeavor. Anne is providing some cultural material about Alf Prøysen for Myla for the January social; it should be interesting.

Med vennling Hilsen,

Millie Wright President, LOV

Photos from our January Social



President Maury Lee, voted Volunteer of the Year by House of Pacific Relations in Balboa Park



Social Director Judy Sawyer serves dinner



Aprell, Eldbjorg, Erik and Tam



Cultural Director Myla Coleman presents program

In Memoriam

Allen Johannesen

December 17, 1934 - December 18, 2019

Al was a long and faithful Golden Member of Sons of Norway and Valhall Lodge, having joined in 1979. He received his 40 year pin and Golden Membership Certificate last February. Al was very active in our Norwegian community, House of Norway, and the Fish Club. He was a vital part of Valhall Lodge. He was a long time Officer in Valhall Corporation, serving as our current President for over 9 years and Corporation Vice President for at least 12 years. Al was also Valhall Lodge Vice President in 1998 and served as Auditor along with his wife Thelma for at least 17 years. Moreover, Al and Thelma served on many of our monthly socials, helping out. During many of the socials, you would see Al with his camera taking pictures. He enjoyed his Norwegian heritage. Al grew up in Seattle and was active in the fishing industry there as a young man. He served as a submarine commander in the US Navy. After retiring from the Navy, Al had a second career as a property manager. Our deepest sympathies go out to Thelma and other members of Al's family. Al died peacefully in his sleep with his family at his side. He was 85 years old.

The memorial service will be on February 15th at 10:30 AM at St. Mark's United Methodist Church, 3502 Clairemont Dr., San Diego, CA 92117. Internment will be on February 17th at 12:30 PM at Miramar National cemetary.

Additional Pages Follow in the Online Version

We have more than 16 pages of material this month. In order to avoid a printing surcharge, pages after Page 16 are provided only in the online version. You can look at Page 17 and beyond by going onto the internet and using a web browser to go to https://lodgeofvalhall.com. Select NEWSLETTERS and then select

Valhall-Viking-2020-February.pdf. Hopefully, you have a web browser that automatically displays .pdf files.

Standing Rule 7: That we give the editor full authority to change anything for the good of the newsletter.

In Recognition

of

Golden Membership

Sons of Norway awards a Certificate of Appreciation and pin to the following member for her long and faithful service:

Golden Membership

Rhude L. Thompson

Congratulations to you! Valhall Lodge 6-025 ~ Sons of Norway

From Your Cultural Director - January 2020

I first became aware of Alf Prøysen, the noted Norwegian author, poet, playwright, songwriter and musician, during an episode of New Scandinavian Cooking on PBS. The always entertaining host, Andreas, visited his commemorative museum Prøysenhuset during an episode called Happy Holidays. (Honestly, I watch this cooking show mostly for the Norwegian scenery and culture. The recipes are secondary.) In the modest cabin that was Alf's birthplace, he spoke of how the effects of poverty linger; his mom worried that Alf didn't have a proper job, even though he had become a beloved cultural icon who obviously made a comfortable living.

I enjoyed researching for a presentation after the January lodge dinner, finding a great short video of him dancing in Husmannspolka and a children's animated short, Blåbærturen where the children go for a day of blueberry picking. Lillebror brings a pot lid to gather berries. You can imagine how well it works ©

Tusen takk to Anne for her sharing her memories of growing up listening to him and for translating his short story, "The White Horse". She shared the difficulty of translating his work. His regional dialect has a poetic feeling, very hard to convey in English. I think you did a great job, Anne.

I used a little projector that works with my I-phone so the quality of the sound and picture could have been better. Thanks to everyone for their patience with that.

More fun is in the works for our upcoming socials. See the minutes of the Lodge meeting for details. I hope you can join us!

Here's a link to my new favorite song of encouragement, Du Ska Få En Dag i Mårå

https://www.youtube.com/watch?
v=MMclgmjvOLQ&list=PLQ9WPptLhoveElDGeB LWBhp2BNmCkbNN&index=4

Wishing you all a new day "with blank white sheets and fresh new crayons."

Myla

Valhall Viking Published Monthly by SONS OF NORWAY (Valhall Lodge) 6-25

Stephen Rawlinson, Editor 3202 Mohican Ave. San Diego, CA 92117-6250

DATED MATERIAL

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Valhall Viking

FEBRUARY 2020

CALENDAR February

Feb 1 9:00 AM: LOV Meeting

Feb 15 3:30 PM: Corporation Meeting

Feb 15 4:30 PM: Lodge Meeting

Feb 15 5:30 PM: Social

Feb 23 Newsletter Deadline

Next newsletter is the March issue

Deadline for the March Valhall Viking is February 23, 2020

E-Mail articles to Steve Rawlinson at:

editor@lodgeofvalhall.com

Flying Wind Turbines Show Promise in Norway Tests

A new flying wind turbine was tested off the coast of Norway recently, with promising results for the future of offshore wind power generation.

Floating wind turbines already exist, but they are unusable in many ocean areas because the water is too deep. The new technology, which uses a kite-like design tethered to a buoy, could dramatically expand the potential for offshore wind-power generation. Makani, the company behind the tests, says the deep-water turbines could eventually supply electricity to hundreds of millions of people.

In addition to operating in deeper water, the new technology has other advantages over traditional wind turbines: They can operate at higher altitudes, where wind currents are more reliable, and they also require less building material and are far cheaper to build and install.

If they prove to be successful, the turbines could be of particular interest to Norway as it eventually seeks to replace its current exports of oil and gas with more sustainable sources of energy.

Norwegian Vocabulary: 3 Untranslatable Words

Some words are easily translated from Norwegian to English—hund means dog, for instance, and ti means ten—but others, like these, have no English equivalents and can only be approximated.

Kos(elig) — The warm, pleasant feeling of enjoying life's simple pleasures with people you like. Although often translated as "nice" or "cozy," these words only capture part of the spirit of kos. It may mean cuddling by a fire on a snowy day, but it can also mean running into an old friend, enjoying yourself at a party, or even spending some peaceful time alone.

Dugnad — Roughly translated as "volunteering" but encompassing so much more, a dugnad is a day when communities come together to participate voluntarily in unpaid work for a common cause. Dugnads may be organized by neighborhoods, schools, sports teams, housing complexes or other groups to accomplish tasks that are necessary for the common good, such as outdoor work at the change of seasons.

Takk for sist – Literally "thanks for the last time," this is what you say upon encountering someone you haven't seen in a while—whether that means it's been a few days or a few decades.

Digitizing Archives Mean Access to Cultural Heritage for All

The National Archival Services of Norway and the National Library of Norway (Arkivverket og Nasjonalbiblioteket) will receive a 2020 budget windfall to convert and store items of cultural heritage and other historical data. Concerts, photos, historical audio recordings, property records, and even school records will be digitized.

Minister of Culture Trine Skei Grande says that it is unusual to see such a large budget available to a historical archive. 127 million Norwegian kroner (US\$ 13.8 million / Can\$ 18.3 million) has been earmarked for the conversion project, to the delight of the archive and library staff. Minister of Culture Trine Skei Grande told Aftenposten that it is urgent to save the historical materials and make them available to all. "Your mailing address should not determine your ability to find information. Now we are preparing for as much of the historical documentary heritage as possible to be available from your home PC. You will no longer need to go to a library to find the information," says Grande.

Floppy disks from the 1980s are also slated to be digitized, as they are vulnerable to damage. Trine Skei Grande says that many digital databases are in danger of disappearing if no action is taken.

More Photos from our January Social



Judy and Alex



Arnette and Barbara



Lou showing his cane



Alex serves cake to Oddvar



Sig and Eldbjorg



Anne participates in cultural presentation

Delegates to the 2020 Convention

It is time to select your lodge convention delegates. All lodge secretaries were sent their allowed number of delegate. The election of delegates is found in Chapter 7 of the Charter and Constitution, section 4.7, page 45 of the 2018-2020 edition. When you elect delegates think of members who will represent you at the district meeting. Choose delegates who will make sound decisions on behalf of your lodge and the District Lodge. Members who are aware of the Sons of Norway Charter and Constitution. In addition you may want to consider members who actively participate in your lodge in leadership and volunteer positions. Those are the people who are in the know. Convention maybe a fun time, but it is business first and foremost. The decisions, discussions and interactions plot the future of Sons of Norway. Please send delegates. It is important for all lodges to participate.

Fraternally, Luella Luella Grangaard President District Six Sons of Norway

January 2020

For Publication in February District Six Newsletters

District Six Recreation Center Board positions open at next election.

The Camp Norge Board has four positions that are up for election at this June's District Six convention in Mesa, Arizona.

Members of the Rec. Center Board are elected to four-year terms at each biennial district convention. To serve on the board you must be a member in good standing of Sons of Norway District Six. Members are expected to attend meetings on a regular basis and participate in board/camp activities and events whenever possible. Most in need are members who have a good attitude, enjoy the outdoors and have professional, managerial, financial or administrative experience, skills and knowledge.

The board meets in person approximately four times each year (not including the biennial meeting at convention). Meetings typically are convened at Camp Norge in Alta, CA, weather permitting. Otherwise they are held in locations near Alta. The board also holds occasional phone or web-based meetings.

The Rec. Center Board holds work party weekends approximately twice per year and board members are encouraged to attend and participate. This sometimes includes landscaping and other physical labor. However, board members are not required to meet certain physical requirements.

If you are interested in running for the board or would like more information you are encouraged to contact current board members, District Six officers, or Board President, Fred Hymans at (916) 412-3797 or email: fred.hymans@campnorge.com.

Photography Policy

We take photographs at lodge functions and publish them in our newsletter and on our website. We may identify you by name in the newsletter, but we do not identify anything or anybody on the Photos page of the website. (But keep in mind that the newsletters are posted on the web site, so the contents of the newsletters are visible anywhere on the internet.) **We respect your concerns for your privacy.** We respect any decision you may make to decline to be photographed or to request that your name not show along with the photograph. We respect your right to enforce your privacy. If somebody attempts to take a photo of you, please speak up if you are concerned about your privacy. We will usually ask you if it is OK with you to photograph you, but we do not guarantee that we will always do that.

This item was also in the December 2019 - January 2020 issue of this newsletter, including in the print edition.