

Message from the President

Fall has arrived, and now we will be quickly heading to the holidays. The Lille Butikken and Lutefisk dinner will be held in November, and the Christmas potluck in December, and then it will be 2019!!! Yikes.

The great news this month is that Ragnhild Amble will begin teaching Norwegian language classes! The classes will begin on October 27, and be held every Saturday until December 15. The cost to Valhall members will be a very reasonable fee of \$15. The fee will be \$25 for non-members. The class will be limited to 8 students due to room constraints, so it will



be an intimate setting for learning Norsk. It will be required that students purchase their textbook prior to the first class. Please contact me with any questions and to register.

Another class that will be beginning in January will be cooking classes. I will be holding these on the morning of our socials, on the third weekend of the month. I think that it will be great fun, and hopefully, we will be able to earn some cultural pins. Look for more information in the January newsletter.

Something else that was decided at the board meeting was to no longer provide wine and beer at the socials. We do not have room for storage of alcohol at the new lodge, and we have experienced a great deal of wastage with previous events. So you are very welcome to bring your bottles of wine and cans of beer. We will be able to uncork your vino and provide ice and coolers for chilling your beverage, and glasses for your drinks. A reminder announcement will be made with the information about the socials.

Our slate of officers for 2019/20 is being announced in this newsletter, and election will be held at the November meeting. Please be on hand to indicate your vote.

Also, the Southern California Kretsttevne is being held this month at the Banning Stagecoach KOA. I would love for all of you to attend. It only takes about 2 hours to get to Banning, you are able to bring your own camping vehicle or gear, or there are motels in the area near the camp for lodging for Friday and Saturday nights. An added bonus—I will be cooking the Salmon for Saturday's dinner. Does that inspire

you to come??? I hope that you can make it. We have a lot of interesting things to do and see this year, thanks to Nancy Madsen and her crew.

Vennlig hilsen,

Susan Cody





VALHALL LODGE 6-25

1912-2018

Meetings and Socials at

La Mesa Masonic Lodge 4731 Date Ave. La Mesa, CA 91942

Upcoming Lodge Events

No Lodge meeting in October

Social Kretsstevne Fri. Oct. 19-Sun. Oct 21

Newsletter Deadline: Oct. 23rd, 2018

For more Valhall News and Information, visit our website at:

www.lodgeofvalhall.com

Sons of Norway 27th Annual Weekend Southern California Kretsstevne Friday, Oct. 19 - Sunday, Oct. 21, 2018 SCK Banning Fall Weekend

Join us for the weekend or a day trip for a wonderful blend of Norwegian Heritage and fellowship. The campground is a short distance south of Hwy 10 in Banning, 25 miles west of Palm Springs. The camp is on level ground at low elevation.



Banning Stagecoach KOA Campground & RV Park

1455 S. San Gorgonio Avenue, Banning, CA 92220

http://koa.com/campgrounds/banning-stagecoach information, only - no reservations

- Enjoy Music, Singing, Heritage Crafts, and Camaraderie ٠
- Cultural Food Demonstration and/or games Silent Auction and Scavenger Hunt
- Enjoy Saturday afternoon side-trip to Suveg Cellars Winery in Yucaipa

**** Lodging Options ****

Banning Travelodge 951-849-1000, Days Inn Banning 951-849-0092 Sold out Limited number of RVs (2) and Park Models (3) for rent. Pricing is for two nights

Park Model – bedroom and foldout couch	\$215.00
RV – various sizes and accommodations, TBD	\$155.00
RV space, full hookups	\$ 95.00
Tent space	\$ 60.00

Please complete the registration form below and mail with your check made out to: Southern California Kretsstevne. Mail by October 10 to:

	Nancy Madson, SCK Registrar 28-351 Via Las Palmas Thousand Palms, CA 92276	Call for campsite lodging (760) 343-0848 e-mail: norsknm@gmail.com	
	cut here	and mail	
Name(s)		Lodge	
Children		Ages	
Phone () E-ma	il	

Fri. Night Meatball Dinner	Adults @ \$8.00 each	Children under 12 Free	\$	
Sat. Norwegian Vaffler Breakfast	Adults @ \$5.00 each	Children under 12 Free	\$	
Sat. Hot Dog in Lefse Lunch	Adults @ \$5.00 each	Children under 12 Free	\$	
Sat. Salmon Dinner	Adults @ 12.50 each	Children under 12 Free	\$	
Sun. Scandinavian Breakfast	Adults @ \$5.00 each	Children under 12 Free	\$	
SCK Registration Fee - all attend	ees Adults @ 7.50 e	each or Family \$15.00	\$	
Includes commemorative Rosemale	ed Kretsstevne pin for adults			
Lodging: Use pricing from above -		tant anaga	¢	
Park Model RV rental	RV space	tent space	Φ	
TOTAL AMOUNT, check written out to: Southern California Kretsstevne				
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All proceeds support Camp Norge.

Bold Leif Erikson

October marks the month when famous explorer Leif Erikson is celebrated and remembered for his adventurous spirit. President Lyndon B. Johnson proclaimed October 9 as Leif Erikson Day in the United States in 1964, following congressional approval of a resolution proposed by Minnesota statesman (later Vice President) Hubert H. Humphrey.

The official observance already had momentum: Almost 40 years earlier, President Calvin Coolidge had acknowledged the concept that Erikson had landed on North American shores nearly 500 years before Christopher Columbus. Leif Erikson Day had already been observed in Minnesota and Wisconsin since the 1930s and was established in South Dakota, Illinois, Colorado, Washington and California by 1956.

History reveals some fascinating details about the revered adventurer. Erikson was born around 960-970 A.D. in Iceland to Norwegian parents. He traveled to Norway and Greenland, so he is claimed by many, and is referred to as both Viking and Norse. He earned the nickname "Leif the Lucky" after rescuing a crew of 15 shipwrecked Icelanders. Icelandic sagas tell us that Erikson established a settlement called Vinland (believed to be in northern Newfoundland at L'Anse aux Meadows) around the year 1001 A.D., four centuries before the birth of Columbus. Erikson was only 24 when he captained this voyage. He bought a boat and set out on commission by Norway's King Olav I to bring Christianity to other lands. Erikson and his group settled and stayed at Vinland for a winter, before returning to Greenland.

The spelling of his name varies from culture to culture. Icelanders call him Leifur Eiríksson, Norwegians use Leiv Eiríksson and, in Old Norse, he was called Leifr Eiríksson. But the American observance uses the more familiar spelling – Leif Erikson. No matter the spelling variances, Leif Erikson's name evokes the spirit of adventure and calls for a deiesignated day to celebrate the bold and beloved explorer.

LEIF ERIKSON DAY OCTOBER 9TH

Lodge Officers for 2017-2018

President	Susan Cody	619-303-5220
Vice-President	Vacant	
Counselor	Rick Hausvik	619-579-5447
Secretary	Janet Weber	858-484-3996
Assist. Secretary	Janet Coulon	619-319-0824
Financial Secretary	Aprell Bigler	619-284-6221
Treasurer	Millie Wright	619-443-0942
Social Director	Judy Sawyer	619-993-9113
Assist. Social Director	Joyce Oen	858-271-6229
Cultural Director	Sven Olsen	760-735-6171
Marshal	Maury Lee	619-476-1837
Assistant Marshal	Steve Rawlinson	619-275-1934
Greeter	Lou Coover	610-264-9486
Historian	Janet Coulon	619-319-0824
Librarian	Vacant	
Musician	Ragnhild Amble	619-465-7425
Editor	Arlene LaBree	858-271-8709
Assistant Editor	Steve Rawlinson	619-275-1934
Foundation Director	Rick Hausvik	619-579-5447
Publicity Director	Sven Olsen	760-735-6171
Youth Director	Myla Coleman	619-588=5783
Sports Director	Ellen Spitzer	619-444-9077
Webmaster	Steve Rawlinson	619-275-1934
Trustee (3 years)	Raymond Johnsen	858-459-5430
Trustee (1 year)	Joyce Oen	858-217-6229
Trustee (2 years)	Judy Sawyer	619-993-9113
Auditors:	Allen Johannesen	858-452-1797
	Thelma Johannesen	858-452-1797
	Sig Stautland	619-299-9237
Corporation Directors		
	Andy Ueland	619-226-1946
	Don Balmer	619-466-2179
	Susan Cody	619-303-5220
Corporation Officers		
President	Allen Johannesen	858-452-1797
Vice President	Sigurd Stautland	619-299-9237
Secretary	Aprell Bigler	619-284-6221
Treasurer	Rick Hausvik	619-579-5447
	SXN	
	NUL 97	





OCTOBER BIRTHDAYS

- 5 Linda Rawlinson
- 5 Linne Hougen
- 7 Jeffrey Giarde
- 7 Kaarina Koskinen
- 15 William Balmer
- 17 Myla Coleman
- 22 Jane Chell
- 23 Richard Hausvik

A Doll's House, Part 2

San Diego Repertory Theatre is producing <u>A</u> <u>Doll's House, Part 2</u>, a continuation of Henrik Ibsen's classic story, picking up 15 years when Nora returns to her home.

The performance will be at San Diego's Lyceum Theater in Horton Plaza

A group rate of \$37 per ticket is available to those interested in joining the audience on Wednesday, December 5, at the 7 p.m. performance.

If interested, contact Sandra Yeaman at sandrayeaman@gmail.com or by phone at (619) 741-5178.

Valhall in Viking Magazine!!!

Valhall Lodge members Ellen Spitzer and Erling Nyhammer appear on page 33 of the latest Valhall Viking magazine (October 2018)

Ellen, our Sports Director, is awarding SON sports medals to Erling for numerous badges he has earned in Sports.



Barnas Klubb Crafts, Cooking, & Culture

Valhall Lodge Kids Activities at Socials

Join Sons of Norway

Join Sons of Norway and enjoy the benefits of being a member. Visit the Sons of Norway website and explore what we have to offer. You can sign up or renew your membership.

Go to www.sofn.com or contact Aprell Bigler at 619-284-6221 or aprellw@aol.com

New Policy at Socials: BYOB

We no longer have an acceptable place to store beer or wine. Therefore, we will no longer offer beer or wine at socials. We will continue to offer water and soft drinks, and we will provide ice. You may bring your own beer or wine to socials, and we will have a cooler where you can store your drink.

Share Your Talent

The **House of Norway** is looking for any type of talent to perform for 20-30 minutes at December Nights in Balboa Park on Friday, December 7th in the time slot of 5:30pm— 6:30pm

Contact Jeanne Scott at (619) 750-1516.



LOV NOTES

September 2018



Next meeting October 6, 2018 at 9:00 a.m. at Denny's on Fletcher Parkway

Hostesses: Susan Cody and Arletta Jurasinski

It's official! Autumn is here. For some it's back to school, back to work, back to reality. Preparation and planning for the holiday season has started, and we Ladies of Valhall are ready to rock. Donations of Scandinavian or handcrafted items for the Lille Butikken will be appreciated.

We were delighted to provide entertainment for the September Social. Joan, Stine and Trine are a trio of musicians and story tellers who weave a spellbinding tapestry of life in the far North. Joan Paddock, a university professor in Oregon, played keyboard, guitar and a few uniquely Norwegian instruments: a long wooden trumpet called a *lur*, a tiny wooden piccolo, a horn made from a goat's horn and a twangy metal thingy (jaw harp?) which I recognized from the intro music to New Scandinavian Cooking.

Their performance inspired me to search for them on the Internet. A video called "The Lur that saved Norway" features Joan demonstrating the construction, history and attributes of the lur so anyone who missed the event should check it out. There are also some videos of her conducting the North Coast Symphony, wearing her *bunad* and playing a solo on the *lur*.

My search also found a very cool TED Talk video of Sissel Morken Gullord, the Norwegian musician hired by Disney to bring an authentic sound to the movie "Frozen". She also demonstrated the *lur*, the *bukkehorn* made from a goat horn, and sang in an ethereal, haunting voice.

It was lovely to connect with members after the long summer and see what we have all been up to. A reminder that all lady members of Valhall are invited to join us for our monthly breakfasts and other events.

Hilsen,

Муla





Jean Paddock provided music on many different instuments



Tina Strund and Stina Fagertum from Norway entertained with music and storytelling



Louis Dow entertains on homemade flute



Monday, September 3, 2018

CALL TO ORDER: President Susan Cody, called the meeting to order at 7:00 PM.

DRAPING OF THE CHARTER:

The Charter was draped for Karin Brevig, beloved member of Valhall Lodge since 1971. Susan read her obituary and members had a moment of silence for her. Karin's contributions to Valhall were many, she held many positions over the years, including president, and was very active in all lodge activities. She will be missed greatly. We send our sincere condolences to her family.

APPROVAL OF MINUTES: The minutes for the June lodge meeting were accepted as printed in the August Valhall Viking, No. 6.

Visitors: There were 3 visitors, Linda & Bruce Kaufman, and Alex Ribble. Our FBC, Jim Donovan was also there.

COMMITTEE AND DIRECTOR REPORTS:

Membership: Aprell reported that 3 new members have joined online, Theresa Odell, Andrew Currin-Chodur and Scott Staggs Nyquist. She has sent them all the new member packet of information.

Social: (1) Judy reported that Fårikål will be served at the Membership and Heritage social in September. To celebrate membership appreciation, the cost is just \$5.

(2) Susan added that there will be a program featuring 3 women, led by Jean Paddock, they will be sharing folk tales, singing, and playing the Lur, an ancient Norwegian horn instrument.

(3) Our new Financial Benefit Counselor (FBC) Jim Donovan will be there.

Website: (1) Steve Rawlinson reported that our website has been upgraded to a safer mode using https, this was free and now the site is more secure. (2) Susan reported that she had some

difficulty finding the Valhall Facebook new location. It was a lot of hard work page and hoped it could be improved.

Foundation: Rick reminded us of the good deeds the Sons of Norway Foundation does involving scholarships, grants and disaster aid. Members can also donate or pledge to this foundation.

OLD BUSINESS:

(1) The Corporation is looking for 2 new Directors.

(2) Aprell reported that the Nominating Committee is still looking to fill positions for 2019-2010. These include Vice President, Secretary, Assistant Secretary, Foundation Director and Trustee. We could also use a Greeter, Musician, and Treasurer "understudy" who can learn from Millie.

NEW BUSINESS:

(1) Ragnhild Amble and Susan Cody are planning to revive the Norwegian language classes. They will use the same book that the recent class was using. Classes will likely be on Saturday mornings and will be held at Ragnhild's home.

(2) Susan plans to start some cooking lessons. These will be held on the same Saturdays as our socials. (3) Carmen continues to hold rosemaling classes.'

FINANCIAL REPORTS:

Millie Wright presented the Treasurer's Report and Aprell Bigler presented the Financial report.

REMARKS FOR THE GOOD OF THE ORDER:

(1) Maury Lee reminded us that the Vista Viking Festival will be September 22 - 23. House of Norway will have a membership table and they'd be happy to share it with Valhall Lodge. We could pass out lodge information.

(2) Vista Lodge will be making Lefse for the Festival on September 9.

(3) Susan thanked all the helpers who moved the shed and contents to the

but she is confident that this will be a great location for us.

(4) Millie reported that Nordic Night at the Padres game was a lot of fun, and the Padres won, 7 to 0!! There were quite a few people there from HON and Valhall Lodge.

(5) Susan reported that she was at Camp Norge last weekend. She was there for her first Camp Norge Recreation Board meeing. Northern CA Krettstevne was also held there that weekend and was very well attended. She encouraged donations earmarked for Camp Norge for repairs/ maintenance which can be made through the SON Foundation. The camp suffers through harsh winters every year and much maintenance is needed.

(6) Rick reminded us that the Southern CA Krettstevne will be held at the Banning Stagecoach KOA on October 19-21. Attendance has been down in the last few years, and he would love to see more attend. They have a lot of fun there, with great meals, singing, bingo, other games, and craft projects. There are several lodging options at the campground or local hotels.

(7) Jim Donovan gave us a brief introduction to SON Insurance products and shared his contact information with members.

ADJOURNMENT: The next social will be September 15, the next board meeting will be September 19. The next meeting will be November 12.

There were 28 members present and the lodge meeting was adjourned at 7:38 PM.

Respectfully submitted by: Janet Weber Secretary Valhall Lodge #6-25



Graciela Lee and Judy Sawyer preparing to serve flatbread at Heritage dinner



Jean Shogren, Helen & Lew Johnson, Everett Shogren, Erling Nyhammer, Marit Vincent



Judy Sawyer, Philip and Mary Hinshaw toast to a great year for Valhall.



Millie Wright and Susan Cody looking over registration list at Heritage dinner



Guests at Heritage dinner—Nancy Madsen, D6 secretary & Ronna Clymens, Zone 6 Director



Erling Nyhammer and Joyce Olsen enjoying conversation at Heritage dinner

Valhall Viking

Proposed Slate of Valhall Lodge Officers 2019-2020

President Vice President **Counselor:** Secretary: **Assistant Secretary: Financial Secretary:** Treasurer: Social Director: Assist. Social Director: **Cultural Director:** Marshal: **Assistant Marshal:** Greeter: Historian: **Musician: Editor: Assistant Editor:** Foundation Director: **Publicity Director:** Youth Director: **Sports Director:** Webmaster: Trustee (3Year): Trustee (2Year): Trustee (1year): Auditors:

Maury Lee Vacant Susan Cody Janet Coulon Janet Weber Aprell Bigler **Millie Wright** Judy Sawyer Denise Olson Myla Coleman Judi Dow Lewis Dow Vacant Sandra Yeaman Vacant **Steve Rawlinson** Arlene LaBree Arlene LaBree Susan Cody Myla Coleman Vacant **Steve Rawlinson** Susan Cody Millie Wright **Judy Sawyer Allen Johannesen** Thelma Johannesen **Sigurd Stautland Steve Rawlinson Steve Rawlinson Judy Sawyer**

Corp Directors:

We encourage old and new members to become lodge officers. It is very rewarding and a great way to meet many of the members.

Please consider filling one of the vacant positions. If you are interested, please contact either Aprell Bigler, Arlene LaBree and or Myla Coleman.

Brief Description of the Vacant Positions

If you are interested and willing to volunteer, please consider joining the board and help our lodge keep going! The following is a list of some positions we need filled. More detailed descriptions are available if you are interested.

Vice President

- Substitutes for or represents the president upon request
- Chairs the membership committee

Musician(s)

• Provide Norwegian songs at meeting, using instrument, voice or other solution

Sports Director

- Plan and supervise activity program with Norwegian flavor. Like hikes, team sports
- Plan spectator sports activities for lodge to attend
- Promote SON Sports Medal badges and hand out at meetings

Greeter

• Greets members and visitors attending lodge meetings





Minutes of the Valhall Board Meeting

Monday, September 19, 2018

CALL TO ORDER: President Susan tion and lodge would be combined Cody called the meeting to order at 7:04. There were 9 board members present: they are listed at the end of the minutes.

APPROVAL OF THE MINUTES:

The minutes from the June board meeting were accepted as printed in the August Valhall Viking #6.

COMMITTEE AND DIRECTOR REPORTS:

Financial: Millie presented the Treasurer's report.

Social:

1) Judy reported that the Lapskaus dinner was a success.

2) She suggested that LOV's Lille Buttiken be placed in the alcove area of the main room during the November social, so that everyone can see what is offered.

3) She will check and compare prices between Countryside and Olsen's to see who offers the best price for lefse.

4) She will need a volunteer to pick up the lutefisk at the airport when it arrives, usually two days before the social.

Publicity:

1) Susan has been gathering information about the small, local newspapers to place ads about the lodge's upcoming socials.

2) She will need admin privileges to the lodge's Facebook page so that she can update it.

3) Steve will add information about the Lille Buttiken to the website.

Corporation:

1) Allen reported that the next corporation meeting will be in November.

2) He also detailed the process by which the lodge could become a 501 (c)3

3. By gaining this status, the corpora-

(which would, in effect, dissolve the corporation). Donations to the lodge would then be tax deductible. Rick has begun to gather the necessary paperwork; an attorney will be needed to file it. Allen has a contact that may be able to assist with this project.

OLD BUSINESS:

1) Janet W. has made one correction to the By-laws regarding Affliliate dues. 2) Aprell reported that just one member has affiliate dues.

NEW BUSINESS:

New classes:

1) Language classes will start on Saturday, October 27, ending on December 15. Ragnhild Amble will teach the class at her home, assisted by Susan Cody. Proposed cost is \$15 for members, \$25 for non-members, plus the price of the textbook. (The Mystery of Nils, approx. \$30) Class size is limited to 8 students.

2) Susan will also begin cooking classes on January 19, 2019, from 10:00-12:00. There may be a cost for nonmembers, but the class will be free for members. If space allows, Susan may also offer a lefse making class the morning of the November social.

Social Calendar:

1) Judy recommended that the committee members stay the same for the upcoming year, unless someone requests a change.

2) She also recommends that instead of selling beer and wine at the socials, members should bring their own. There is very little storage at the new location, and she has had to throw away beer and wine because of spoilage. The beer and wine sales have been the source of some income, but the waste has offset that. The lodge would continue to provide cups and ice.

Nominating Committee: Aprell reported on the status of filling the officer slate. The proposed slate will be in the October newsletter. Voting will take place at the November lodge meeting.

The board meeting was attended by: Susan Cody, Maury Lee, Millie Wright, Judy Sawyer, Aprell Bigler, Steve Rawlinson, Allen Johannesen, Myla Coleman, and Janet Coulon

The board meeting adjourned at 8:09. The next lodge meeting will be November 12, and the next social will be November 17, and the next board meeting will be January 16, 2019.

Respectfully submitted by: Janet Kylstad Coulon Assistant Secretary Valhall #6-25

Southern California Kretsstevne – SCK

October 19 -21, 2018

The Southern California Kretsstevne is held at Banning Stagecoach KOA Campground & RV Park.

The limited number of on-site RVs/ cabins are sold out, but there are motels nearby in Banning. RV spaces are still available.

Come for a Saturday day-trip, if you are close. All Sons of Norway members and guests are welcome. Activities include a heritage craft/art activity, a silent auction, a winery side trip, a scavenger hunt, a baking demonstration, and music and singing. Ask your lodge president for the registration flyer or find it on the District Six website, www.sofn6.org.



Norwegian Split Pea Soup

A favorite wintertime supper - and easy to make From SON Recipe Box

Ingredients

Lb green or yellow split peas
Quarts boiling water
Lb lean salt pork (in one piece)
Large carrot, diced
Large stalk celery, including leaves, diced
Green oinions, including tops, sliced
Tsp salt (varies with saltiness of pork)
Tsp pepper

Directions

Sort peas. Place in boiling water in large heavy kettle over moderate heat; add salt pork. Cover and simmer about 1-1/2 hours. Add remaining ingredients; cover and simmer, stirring occasionally, 1 to 1-1/2 hours or until quite thick (about the consistency of gravyp Add salt if desired.

Taken from <u>The Global Gourmet</u> by Concordia Language Villages, Moorhead, Minnesota

<u>The Global Gourmet</u>, by Concordia Language Villages, may be purchased by writing to: Concordia Language Village 901 8th St. S. Moorhead, MN 56562



New Financial Benefits Counselor

Jim Donovan has joined Valhall Lodge as our new FBC (Financial Benefits Counselor). He lives in nearby Ramona with his wife Jan. Jim has been in the insurance business for over 24 years and holds the professional designations of FIC (Fraternal Insurance Counselor and CSA (Certified Senior Advisor).

Jim and his wife attended our Heritage Dinner in September and we hope to see them often.



Jim Donovan and his wife Jan at Valhall's Heritage Dinner. Welcome to Valhall!

MARK YOUR CALENDARS



NOVEMBER 17TH

Plan to Holiday Shop at The Annual LOV Lille Butikken

Norwegian inspired gift items and the popular fresh-baked cookies and Julekake will be available.

Opens on the day of the Lutefisk dinner and stays open through dinner.

LOV Meeting Minutes for September 1, 2018

Denny's Restaurant, El Cajon

Hostesses: Barb Evje and Anita Reith

12 people attended.

The meeting was called to order at 9:10 a.m. by President Myla Coleman.

Secretary Sandra Yeaman offered to read the minutes of the June meeting which were printed in the Valhall Viking. Helen Johnson pointed out one correction. At that meeting we sang Happy Anniversary to her, not Happy Birthday. The minutes were accepted as corrected.

Treasurer Amelia Seeto-Murguia presented the Treasurer's report for May, June, and July. Sandra moved and Anita Reith seconded that the report be accepted as presented. The motion carried.

Old Business

Myla reported on events that occurred over the summer.

The June meeting, held at Marie Callendar's, was a good change. We should keep the venue in mind for the future.

The July potluck picnic was cancelled because of the extreme heat.

The LOV to Read group met in both July and August with good attendance and lively discussion.

The Padres Nordic Night on August 31 was a success. The seats were good and attendees enjoyed themselves. Even made the jumbotron for a split second.

Myla reported that Benedetti and Svoboda will be performing on October 16 at Grossmont College, an opportunity for us to go out for a different event.

Myla brought samples of how T-shirts can be made into tote bags or pillows, options for Lille Butikken since we have T-shirts that have been on sale in past years without any buyers. She offered to give the T-shirts to members willing to sew up the projects. She will also send around the knitting pattern for trolls.

Sandra reported on the progress of the nominating committee. We have willing nominees for all officer positions: Millie Wright for President, Susan Cody for Vice President, Amelia Seeto-Murguia for Treasurer, and Myla Coleman for Secretary. The election will be at the November meeting.

New Business

Dale agreed to organize the December meeting as our holiday party since there is no need to find a venue or arrange for a caterer. She encourages members to think about the several craft projects LOV completed in the past for items that were sold at past Lille Butikkens for decorations at the holiday party.

Sandra reported on the possibility of LOV (with participants from Sons of Norway and/or House of Norway) volunteering to be part of an engagement event at the Lyceum Theatre on a day in December when the San Diego Repertory Theatre will be staging "A Dolls House—Part 2." Amelia moved and Millie seconded that Sandra follow up with the SD Rep Engagement Event coordinator to offer to have members in national costume before one of the productions.

Sunshine Committee: Since June Barbara Evje has contacted Lorraine Tucker, Peggy Gere, Wilma Springer, Joyce Oen, Eldbjorg Backous, and Arnette Scherl. She asked if anyone knows if Chris Lelevier is still in town.

Myla reported that at one of the LOV to Read meetings this summer, Susan Cody reported on the possibility of getting three Norwegian women who perform as storytellers and musicians to provide our program at the September social, provided we pay for their return transportation from San Diego back to Minneapolis. The group in attendance at that smaller meeting agreed that this would be an appropriate use of LOV funds as it is consistent with our mission. Amelia reported she has already paid for the return tickets at a cost of just over \$500.

Cultural Committee:

Sandra read a piece she wrote about her youngest brother, Brian, recounting the lessons she learned from him in his final 11 weeks of life.

She added another prompt to the set already assigned: When was the last time you did something for the first time?

The previous prompts are

Summer Memories

The First Time

Best Friend(s)

My Brother

For the Good of the Order

Myla, Jean Shogren, and Millie all spent some time during the summer in Minnesota.

We observed August and September birthdays of Anita (August), Jean (August) and Helen (September) by singing Happy Birthday. There were no anniversaries among attendees to observe.

Myla thanked Barb and Anita for hosting. She reported she will not be at the October meeting. Millie will fill in for her.

Because Anita and Barb brought so many chrysanthemum plants as centerpieces, each attendee was able to take home one of the plants.

Myla adjourned the meeting at 11:10 a.m.

Next meeting at Denny's: October 6, 2018, at 9:00 a.m.

Respectfully submitted,

Sandra Yeaman, Secretary

NORWEGIAN LANGUAGE CLASSES ARE BEGINNING OCTOBER 27

\$15 FOR VALHALL MEMBERS, \$25 FOR NON-MEMBERS

CLASS TERM IS 8 WEEKS, SATURDAYS 10-11:30

CLASS SIZE LIMITED TO 8 STUDENTS

TEXTBOOK: THE MYSTERY OF NILS IS REQUIRED

CONTACT SUSAN CODY FOR INFO AND TO REGISTER

HAPPYCHEF5@COX.NET 619-922-3705

VALHALL LODGE CULTURAL CLASSES

Norwegian Language Classes

We are offering classes in the Norwegian Language. Classes will be held in the instructor's house on Saturdays from 10 - 11:30 AM. Classes begin on October 27 and end on December 15, 2018. The textbook is The Mystery of Nils, Part 1. It can be obtained from amazon.com for \$31.20 last time we checked. The fee for the 8 classes is \$15 for members of Valhall Lodge and \$25 for non-members. Enrollment is limited to 8 students. Contact Susan Cody at happychef5@cox.net for details and to enroll.

Rosemaling Classes

Rosemaling classes continue to be offered at Valhall. They are taught by talented rosemaler and Valhall member Carmen Cleariy. She has been teaching rosemaling at Valhall for 20 years. She will advise you on the art supplies you will need. The class meets on Thursdays at 11:30 am,. Please contact Carmen for more information. carmencleary@gmail.com

Norwegian Cooking Classes

Susan Cody is going to teach Norwegian Cooking at the lodge hall kitchen on the 3rd Saturday of the month starting in January, 2019. Classes will run from 10:00 - 11:30 AM. They will take place on days that the lodge has a social. The charge is \$10 for people who are not members of Valhall Lodge, and there is no charge for members of the Lodge. Contact Susan Cody at hap-pychef5@cox.net for details and to enroll.

Woodworking Classes

Join expert woodcrafter/carver Lou Coover for insight and guidance into woodworking. Meet Lou at the House of Norway in Balboa Park on Tuesdays at 9am-noon.

loucoover@aol.com



SCANDINAVIAN HERITAGE FESTIVAL

SONS OF NORWAY - VINLAND LODGE

OCTOBER 6, 2018 1:00 PM TO 4:00 PM

AT THE ASSISTANCE LEAGUE OF TEMECULA VALLEY

28720 VIA MONTEZUMA, TEMECULA, CA 92590 (take Jefferson Ave. to Via Montezuma)

VIKINGS IN TEMECULA

Food Demonstrations – Norwegian Lefse & Waffles Scandinavian/Norwegian food both hot and cold for purchase – Scandinavian Cakes & Cookies, waffles, lefse, almond cake, krumkake Hardanger Embroidery, Norwegian Spinning & Knitting Demos Norwegian Crafts, Rosemaling Display, Norwegian Troll Displays Scandinavian Vendors

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- delivers a tax-free death benefit to beneficiaries;
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James Donovan, FIC Financial Benefits Counsellor (760)440-9905 jdonovaninsure@gmail.com

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Contact our new FBC Financial Benefits Counselor For Valhall:

James Donovan, FIC Tel: 760-440-9905 Email: jdonovaninsure@gmail.com

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Mission Statement

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

Valhall Viking

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Valhall Viking October 2018

CALENDAR

October 6 Sat LOV meeting 19-21 Kretsstevne

November

- 3 Sat LOV meeting
- 12 Lodge meeting– election of officers
- 12 Mon Corp meeting
- 17 Sat Lutefisk and Lille Butikken

December

- 6 Mon Lodge meeting
- 15 Sat Christmas Potluck

xt newsletter is the October issue

Deadline for the November Valhall Viking is Oct 23, 2018

E-Mail articles to: lodgevalhall@yahoo.com