

Valhall Viking

VALHALL LODGE 6-25

SAN DIEGO, CA

May 2018, #4

Message from the President

Gratulerer med dagen, Hurrah for Syttende Mai! Those will be the words heard this month as we celebrate Norwegian Constitution Day. As usual, San Diego will be having several events and festivities.

Thanks to Marc Schaefer, May 11-19 is being declared as Nordic Week in San Diego. On May 15, local Norsk groups are invited to Norway Day at the City Council Building for presentation of a proclamation. May 13 is the Lawn Program at House of Norway in Balboa Park. Of course, on May 17, will have the flag raising at Sefton Plaza in Balboa Park with refreshments following at House of Pacific Relations, and then Valhall will have the Syttende Mai social at Ascension Lutheran Church on May 19. Also, House of Norway is participating in the Ethnic Food Fair again this year on May 27. Then we will have June to rest up.



We had a very nice April social dinner, even though a mistake on my part caused a bit of a kerfuffle. Originally, we were not going to hold a social in April, but we decided that, since we were paying the church rent for the month, we would have one. I seriously dropped the ball by not notifying the church that we were going to need the facilities. When the committee crew arrived on Saturday morning, they discovered that the church was setting up for a funeral that would go on most of the day. Through quick thinking, Judy was able to contact the manager for the Masonic Lodge in La Mesa, the site was available for the evening, the crew moved everything over, the caterer was notified, and Millie and I called all attendees to notify them of the change in venue. We also celebrated Sig Stautland's 90th birthday with cake and champagne. All sang "Happy Birthday" med velbehag. Everything went very smoothly, and there was a great deal of favorable feedback about our possible new meeting site. I am hoping that we will receive some good news after the Masons meet on the first Monday in May regarding our rental of the facilities.

Have a great month!! Only a short time until our Summer break.

Vennlig hilsen, *Susan*



1912—2018

**VALHALL LODGE
6-25**

Meetings and Socials
at
**Ascension Lutheran
Church
5106 Zion Ave.
San Diego, CA 92120**

Upcoming Lodge Events

**Lodge Meeting
Mon. May 14, 2018
7 pm**

**Lodge Social
Syttende Mai Celebration
May 19, 2018**

**Newsletter Deadline:
May 23rd, 2018**

**For more Valhall News and
Information, visit our website
at:**

www.lodgeofvalhall.com



SYTTENDE MAI DINNER

Saturday, May 19, 2018



Ascension Lutheran Church
5106 Zion Avenue
San Diego CA 92120



Social Hour 5:00 PM

★

Dinner 6:00 PM

After Dinner Norwegian Entertainment with the
San Diego Mannskor

Menu

*Smørgårdsbord, Red Cabbage, Salad, Pølse, Rømmegrøt,
Bløtkake, Ice Cream & more!*

\$22 Per Adult (\$25 at the Door)
(Children 12 and under Free)

Wear your Bunad or "Rødt, Hvitt og Blått" (Red, White & Blue)!

*****RSVP BY MAY 13th*****

**** MAIL CHECK & RSVP FORM TO ****

Marc Schaefer at 6682 Del Cerro Blvd, San Diego, CA 92120
or RSVP Marc Schaefer marcpschaefer@gmail.com or (858) 880-5653

www.lodgeofvalhall.com

Hurray, It's the 17th of May!

As the nation's most celebrated holiday, Syttende Mai honors the anniversary of the signing of the country's constitution in 1814. Over time, the day and what it represents to the people of Norway has evolved greatly. Historically, May 17 stood as a day of politics involving speeches and rallies; today it is filled with national pride, festivities and tradition.

Each year, thousands of people in Norway—and around the world—take part in waving Norwegian flags, marching in city parades and professing their love of Norway. Many of today's festivities are centered on music, food, children and graduating high school students. The largest parade takes place in Oslo and consists of more than 75 schools and marching bands, and is even attended by the Royal Family.

For more facts about Syttende Mai and details on how the day is celebrated, check out the Sons of Norway blog at https://www.sofn.com/blog/2017/05/16/148/syttende_mai_10_fun_facts.

Also, while you're celebrating with family, friends or your lodge, remember to take lots of photographs. The Viking magazine's District Happenings Section is the perfect place to showcase your Norwegian celebrations.

For information on how to take and submit photos for consideration in the Viking magazine District Happenings Section, check out the updated Viking Photo Guide found in the Member Resources section of the website: https://www.sofn.com/_asset/wj4q66/District-Pages-Photo-Guide.pdf.



Lodge Officers for 2017-2018

President	Susan Cody	619-303-5220
Vice-President	Vacant	
Counselor	Rick Hausvik	619-579-5447
Secretary	Janet Weber	858-484-3996
Assist. Secretary	Janet Coulon	619-319-0824
Financial Secretary	Aprell Bigler	619-284-6221
Treasurer	Millie Wright	619-443-0942
Social Director	Judy Sawyer	619-993-9113
Assist. Social Director	Joyce Oen	858-271-6229
Cultural Director	Sven Olsen	760-735-6171
Marshal	Maury Lee	619-476-1837
Assistant Marshal	Steve Rawlinson	619-275-1934
Greeter	Lou Coover	610-264-9486
Historian	Janet Coulon	619-319-0824
Librarian	Vacant	
Musician	Ragnhild Amble	619-465-7425
Editor	Arlene LaBree	858-271-8709
Assistant Editor	Steve Rawlinson	619-275-1934
Foundation Director	Rick Hausvik	619-579-5447
Publicity Director	Sven Olsen	760-735-6171
Youth Director	Myla Coleman	619-588-5783
Sports Director	Ellen Spitzer	619-444-9077
Webmaster	Steve Rawlinson	619-275-1934
Trustee (3 years)	Raymond Johnsen	858-459-5430
Trustee (1 year)	Joyce Oen	858-271-6229
Trustee (2 years)	Judy Sawyer	619-993-9113
Auditors:	Allen Johannesen	858-452-1797
	Thelma Johannesen	858-452-1797
	Sig Stautland	619-299-9237
Corporation Directors		
	Andy Ueland	619-226-1946
	Don Balmer	619-466-2179
	Susan Cody	619-303-5220
Corporation Officers		
President	Allen Johannesen	858-452-1797
Vice President	Sigurd Stautland	619-299-9237
Secretary	Aprell Bigler	619-284-6221
Treasurer	Rick Hausvik	619-579-5447





Happy Birthday
Gratulerer Med Dagen!



MAY BIRTHDAYS

4	Susan Hansen
4	Dale Roybal
6	Jacob Landers
10	Andrea Hales
13	Debra Hausvik
14	Amelia Seeto-Murguia
15	Cynthia May
16	Arlene LaBree
16	William Stedham
22	Marie Olson-Weir
24	Arnette Scherl
25	Mary Conklin
29	Magnhil Gilbertson

New Member

Valhall Lodge welcomes new member Michael Daasnes who lives in Cardiff. Michael joined our lodge using the SON website.

Join Sons of Norway

Join Sons of Norway and enjoy the benefits of being a member. Visit the Sons of Norway website and explore what we have to offer. You can sign up or renew your membership too!

Go to www.sofn.com



May 13th, 2018



Barnas Klubb

Crafts, Cooking, & Culture

Valhall Lodge Kids Activities at Socials

Barnas Klubb craft activities will be offered at the Syttende Mai Social being held on May 19th at Ascension Lutheran Church. See flyer on pg. 2 for information.

*In Recognition of
Ten Years of Membership,
Valhall awards a Ten-Year Pin
to the following member for
her long and faithful
service:*

Ten Years of Membership

Kaarina Marie Koskinen

Congratulations!

*Valhall Lodge 6-025 ~
Sons of Norway*



Minutes of the Valhall Lodge Meeting

Monday, April 9, 2018

CALL TO ORDER: President Susan Cody called the meeting to order at 7:05 PM.

DRAPED IN HONOR: The Charter was draped in honor of Don Lesney and Lucy Leon. Don was a past president and a member since 1992. Services for him will be held on April 14. Lucy Leon passed away at age 91, she was a Valhall member for many years. The lodge sends our deepest condolences to the families of these members.

APPROVAL OF MINUTES: The minutes for the March lodge meeting were accepted as printed in the April Valhall Viking, No. 3.

COMMITTEE AND DIRECTOR REPORTS:

Membership: Aprell reported that Michael Desnis has joined online.

Social: Judy Sawyer reported that the Salmon Dinner Social was very successful. Our next social will be on April 21, and will be a casual picnic followed by a white elephant bingo game. She encouraged all to attend, so far there are 19 reservations.

OLD BUSINESS:

(1) Susan reported that we are continuing talks with the La Mesa Masonic Lodge about a potential move, but there have been problems regarding our needs for scheduling socials and meetings. We are waiting to hear back from them about availability of the second Monday for lodge meetings. Rick added that the rate at Mason's lodge would be \$450 per month with a \$10 increase per year. He is concerned that if we stay at Ascension Church they will sharply raise our rent again next year. Susan added that we will likely not move until late summer, since we are still in the negotiating phase with the Masons and we have to give 60 days notice if we leave Ascension.

(2) Susan and Maury will be happy to bring Norwegian art loaned by mem-

bers to the upcoming convention for the Folk Art Exhibit. A submission form is required for each piece, Susan will submit those forms as needed.

(3) Susan submitted a Valhall Greeting Ad for the Convention Delegate Handbook. She shared a print of it with members, the ad features a scene of a San Diego sunset. Cost is \$85 for the ½ page ad.

(4) Susan reminded us of the upcoming Nordic Night Padres Game on August 31. Marc added that all Nordic houses are invited to a tailgate party at 4:00. The game starts at 7:10. Email Jeanne Scott to order tickets. Details are in the current Valhall Viking.

(5) Important May events:

-May 11-19 is "Nordic Week" in San Diego

-May 13-Lawn Program at Balboa Park

-May 15-Norway Day at the City Council Building

-May 17-Syttende Mai Flag raising at Balboa Park

-May 19- Lodge Syttende Mai social

FINANCIAL REPORTS:

Millie Wright presented the Treasurer's Report and Aprell Bigler presented the Financial report.

REMARKS FOR THE GOOD OF THE ORDER:

(1) Erik Nilsen told us today was the 78th Anniversary of the German's invasion of Norway

(2) Members were happy to see Marie Weir at the meeting. She attended on behalf of her son Garrett, who is applying for a Sons of Norway college scholarship.

ADJOURNMENT: The next social will be April 21, and the next lodge meeting will be May 14.

There were 19 members present and the lodge meeting was adjourned at 7:26 PM.

Respectfully submitted by:
Janet Weber
Secretary
Valhall Lodge #6-25



Aprell Bigler, Susan Cody, Sig Stautland, Tam Stautland, Don Bigler offer cake and champagne at the April social to honor Sig's 90th birthday.

LOV NOTES

April 2018

Next meeting May 5, 2018 at 9:00 a.m. at Denny's on Fletcher Parkway

Hostesses: Arlene LaBree and Joyce Oen

Happy Spring!

It's that time of year again for picnics, outdoor concerts, lemonade, potato salad, ice cream...do I seem obsessed with food? I certainly enjoyed our recent lodge social/indoor picnic with White Elephant bingo and birthday cake for Sig. Nice job to Judy and all who helped pull off a fun and different party.

Our April LOV meeting was well attended. You will see from Sandra's excellent minutes that we discussed how we can support the Lodge with more cultural activities. It was a great conversation with thoughtful input from many of the ladies, and for the first time that I've been a member, the whole group discussion continued as we ate our breakfast. Normally, the group breaks into small groups for friendly chatter, and we resume discussing business after we eat. We even eliminated the cultural component to continue with our discussion. Our ultimate decision was to offer similar activities for the lodge meetings and socials that we have done at our LOV breakfast meetings.

Peggy, Wilma and Liz decorated with cheerful little decorative boxes containing Kitchen Sink cookies from Liz's family recipe ...very Springy! Thanks very much for hosting, ladies.

I have the adult t-shirts for those who placed an order with me and some extras. I will be at the Sytennde Mai Lodge Social on May 19 so come find me to get your super kul Lodge gear!

Gratulerer med dagen,

Myla



BINGO Picnic Social

Everyone was a winner at Valhall's April Social!

The event had a rocky start with the venue being changed at the last minute, but it all worked out for the best. We met at the Mason Hall in La Mesa, so members got a "sneak preview" of the proposed site we may be moving to later this year.



The hall was packed with members and guests to enjoy a delicious meal prepared by Cupid's Catering. Lively conversations and laughter filled the hall. Following the meal, we celebrated Sig Stautland's 90th birthday with a fabulous carrot cake (baked by Susan Cody) and champagne or sparkling cider. Sig has been a member of Valhall for 47 years!



Sigurd Stautland

After dinner we played Bingo, and we played until all the prizes were gone. There were consolation prizes for those who never got Bingo. There was a raffle also.

Mange takk to Judy Sawyer and her crew for putting together such a fun and wonderful evening.



April social: Annika with Wendy K. Olson-Weir



April bartenders at the social Aprell and Don Bigler



Joyce Oen and Millie Wright at the April reservation desk



April social: Mary and Rodney Olson



April Social: Thelma and Johanneson



April Social: Margie with Marie K. Olson-Weir

Minutes of the LOV Meeting

Saturday, April 7th, 2018

Denny's Restaurant, Fletcher Hills Hostesses: Peggy Gere, Wilma Springer, and Elizabeth Urich 20 people attended.

The meeting was called to order at 9:12 a.m. by President Myla Coleman.

There was one guest at this meeting, Pat Ingram. As it was her third meeting attended and she plans to join Sons of Norway, Myla presented her with an LOV pin.

Secretary Sandra Yeaman asked if anyone needed her to read Secretary the minutes of the March meeting since they were printed in the Valhall Viking. She noted there were two misspellings, one of Millie Wright's last name and the other the last name of an author Dale had mentioned. Peggy Gere moved and Susan Cody seconded that the minutes be approved as amended. The motion carried.

Treasurer Amelia Seeto-Murguia presented the Treasurer's report for March. Barb Evje moved and Arlene LaBree seconded that the report be accepted as presented. The motion carried.

OLD BUSINESS

Maya circulated the pewter spoon from the Hemmingsens once more. If no one agrees to purchase it for at least \$30, it will go into Lille Butikken.

Adult T-Shirts: Myla reported the T-shirts are in. She will pass them around and collect \$10 for each. The price is a little less than cost, but LOV can pick up the difference.

LOV Calendar of Events: Dale reported that the Coral Tree Tea Room is available the first Saturday in June. She estimated we would have between 25-30 people attending. The

cost would be \$35.13. She reported on what is required to hold the date, but she wanted to transfer responsibility for making final arrangements to one of the Board members with a debit card in hand. Amelia agreed to take on finalizing the plans. Myla agreed to let Denny's know we would not be meeting at the restaurant in June.

Dale reported that the HPR calendar shows that December Nights will be the second weekend in December this year since the 1st falls on a Saturday. For this reason, it is possible for us to meet on the first Saturday in December. Myla agreed to let Denny's restaurant know we would like to meet at the restaurant in December.

Myla reported that Fred Benedetti plays concerts on Saturdays at Mt. Soledad Presbyterian Church during the summers. Tickets are \$8.00. Myla agreed to make arrangements for a specific performance for us to attend.

Myla mentioned again the possibility of a Saturday early morning excursion to the Carlsbad Flower Fields. In the end, there was not enough interest among members to take part.

Myla will look into whether it would be possible to reserve a space on a Saturday in July or August on the Girl Scouts campus for a special event such as a pot luck lunch similar to the one held last summer.

Anne Høidal reported that the La Jolla galleries she contacted were not interested in taking on the paintings the Hemmingsens left for us. She has found a possibility in Orlando with someone who does internet sales for 50% commission. We agreed she should proceed with that option.

NEW BUSINESS

Sandra reported on a discussion that took place at the end of the March Sons of Norway business meeting regarding the fact that cultural events appear to be taking place during LOV meetings, but not at Sons of Norway meetings. Since LOV is for women only, this means the men of Sons of Norway are missing out on these opportunities.

Much discussion followed. At the end, we agreed that LOV would offer to begin the same type of autobiographical recording of members' histories that we have been doing at LOV meetings either at the business meetings or at the socials or both. Sandra agreed to announce this at the Sons of Norway business meeting on Monday, April 9.

Sunshine Committee: Barbara Evje contacted a number of members who missed recent meetings.

Cultural Committee:

Tam reported that she has decided LOV to Read will resume its original summer months schedule, meeting at House of Norway at 9:00 a.m. on the first Saturday of July and August. She reminded members that two books have been recommended thus far: *Being Mortal* by Atul Gawande, and *Knots* by Gunnhild Øyehaug. The selects need not be finalized yet. Tam pointed out that a recent issue of Viking magazine lists a number of recent Norwegian novels. Dale recommended two: *The Seed* and *The Ice Palace*, both by Tarjei Vesaas. Anne recommended *The Birds* by Tarjei Vesaas and *The Fifth Element* by Jorgen Brekke. Because the discussion regarding how LOV can provide greater support to the Lodge for cultural programming, we decided to put off the readings on topics suggested thus far.

The prompts are
Summer Memories
The First Time
Best Friend(s)

FOR THE GOOD OF THE ORDER

There were no birthdays or anniversaries to mark in April. Amelia announced that her daughter-in-law had her baby, Joseph Theodore.

Susan mentioned that Don Lesney's service will be on Saturday, April 14, at 2 PM at 9607 Murray Drive, La Mesa 92942.

She also announced that Lucy Leon has passed away. Her funeral will be on Monday, April 23rd, at the North Chapel, in Liberty Station, Point Loma (formally the Naval Training Center) at 10:30/11:00am. Following will be a burial service at Fort Rosecrans @1:30pm.

Winners of the Hostess gifts were Else Ottesen, Barbara Evje, Myla Coleman, Susan Cody, Anne Hoidal, and Arlene LaBree.

Myla thanked Peggy, Wilma, and Liz for hosting.

Myla adjourned the meeting at 11:10 a.m.

Next meeting at Denny's: May 5, 2018 at 9:00 a.m. Hostesses will be Arlene LaBree and Joyce Oen.

Respectfully submitted,
Sandra Yeaman

Norwegian Bookworms!

- Norwegian Bestsellers Snorre Sturluson's Heimskringla (The History of Kings), written in the Old Norse Period (A.D. 750–1300), remains a bestseller in Norway today.
- There are more than 60 literature festivals annually in Norway. The most popular is the Norwegian Literature Festival, that takes place in Lillehammer from late May to early June.
- The Biblo Tøyen, is Norway's first library only for those ages 10-15. There's a homework area inside a converted tuk-tuk (a three-wheeled taxi), plus other cool reading spaces inside the back of an old Volvo truck, or a gondola hanging from the ceiling. Grown-ups are not allowed. Source: <https://www.thelocal.no/20170314/norway-forbookworms-books-literature>



Norway Takes Roadside Stops to a New Level

Natural wonders are being amplified by art, design and architecture on selected roads in Norway. Several Norwegian architects have transformed average resting areas and parking lots into magnificent, must-visit attractions. The scenic route covers 1,336 miles across western Norway, and has taken two decades to complete.

Ureddplassen, one of the most popular attractions, is a wave-shaped bathroom facility that overlooks the open sea. With a wide terrace and sitting area, this rest stop has become a popular spot for locals and visitors to view the northern lights. It is also a memorial to those who died when the submarine "Uredd" hit a mine in World War II.

The Stegastein viewpoint, Steilneset Memorial and Selvika Bay are only a few among a dozen other off-road attractions that have helped boost tourism in the more remote corners of Norway.

To learn more about Norway's scenic routes, visit <https://www.visitnorway.com/plan-yourtrip/travel-tips-a-z/norwegian-scenicroutes>

World's First Powerhouse Hotel

The world's first energy-positive hotel will be nestled on the Svartisen glacier, about 1,000 miles north of Oslo. The hotel Svart, meaning "black" in Norwegian, will be built above the arctic circle and will be accessible only by boat. The Arctic's first "powerhouse" is expected to reduce energy consumption by almost 85 percent compared to a regular hotel.

Svart will be built in a circular form due to the study of how mapping of solar radiation behaves. The hotel's energy will be produced by solar panels that will be strategically placed to retain the sun's energy. With expectations to preserve the pristine Northern Norwegian nature, architectural firm Snøhetta has designed the hotel to be built primarily out of environmental materials like wood and stone.

Expected to open in 2021, the hotel will rest on the bottom of the pristine Arctic waters, offering visitors panoramic views of the fjord and glacier. To learn more about Svart, visit <https://snohetta.com/projects/366-svart>.

Balboa
Park

House of Norway
Sunday, May 13th, 2018

Free!



Waffles Rosemaling



Lefse



Music



Dance



Fun!

Knitting



Wood
Carving

Annual
Lawn Program
at the
International
Cottages

Pan American Rd. West

From **Noon - 3:30p**

- * **Parade** starts at 1:45p
- * **Entertainment** 2p

Craft Exhibits

Kids Crafts and Games

Try a Taste of Ethnic Food!

Goods for Sale

...and more!

*Thanks to
Mannskor, Dameskor,
The Norwegian Seaman's Church
&
The House of Norway Volunteers!*

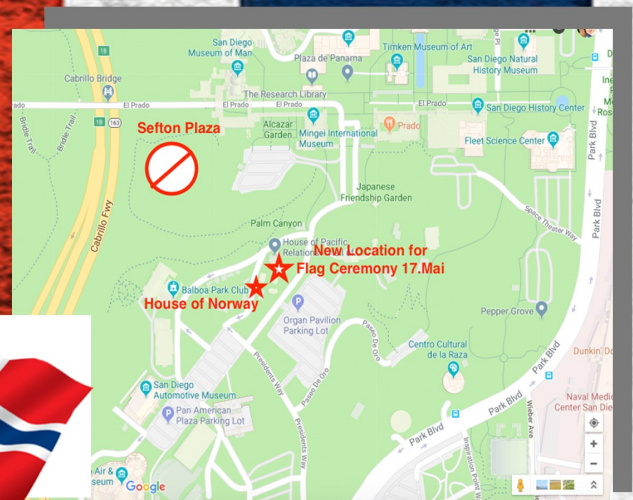
The House of Norway is Celebrating 17. Mai (May 17th, 2018)

Norway's Constitution Day!

Flag Ceremony New Location!

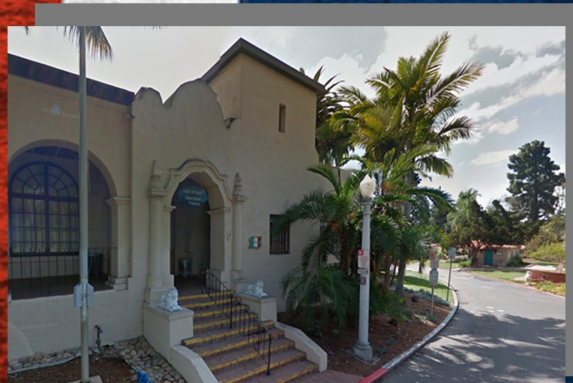
We Moved to the Lawn Area
between The Hall of Nations
and The House of Norway

9:00am



Followed by Brunch

at the **Hall of Nations**
2191 Pan American Rd. W.
Balboa Park
San Diego, CA



You MUST R.S.V.P for Brunch!
Contact Ashild at: ashild23@hotmail.com



Cardamom Ring Cake

For the Cake

- 3 Packets active dry yeast
- $\frac{3}{4}$ Cup tepid milk
- 3 Eggs (1 for brushing the cake)
- 4 Cups all-purpose flour
- 3 $\frac{1}{2}$ Tbsp. sugar
- $\frac{1}{2}$ Tbsp. salt
- 1 Tbsp. cardamom
- 11 Tbsp. butter
- 4 Tbsp. raisins
- 4 Tbsp. candied citron
- 4 Tbsp. chopped almonds

For the Filling

- 9 Tbsp. butter
- 4 $\frac{1}{2}$ Tbsp. sugar

Step 1

Combine yeast and warm milk in a medium bowl. Let rest until the yeast dissolves and begins to foam (about 10 min). Gently beat in the eggs.

Step 2

Sift together the flour, sugar, salt and cardamom. Once well combined cut in the butter until the mixture resembles coarse meal. Mix in the eggs and work until you have a smooth elastic dough. Cover and let rise in a warm place until doubled.

Step 3

Before working with your dough prepare your filling. Whip together the butter and sugar until light and creamy. Set side covered in a cool space.

Step 4

Punch the dough down and turn it out onto a floured board. Knead dough, adding flour as needed to prevent sticking, until dough is soft and elastic. Roll out into a 6 x 34 inch long ribbon.

Step 5

Spread this filling all over the roll. Sprinkle with raisins and chopped, candied citron, and chopped almonds for extra taste, if desired.

Step 6

Roll up and form into a twist on a baking sheet, put away to rise once again. Brush with egg white, sprinkle with granulated sugar and chopped almonds. Bake for 20 minutes in a hot oven (400-450 degrees F).

May Events in San Diego

May 5	Ladies of Valhall meeting
May 11-19	Nordic Week in San Diego
May 13	Mother's Day
May 13	House of Norway Lawn Program in Balboa Park. See flier page 10
May 14	Valhall Lodge meeting
May 15	Norway Day at City Council Building. A Norway Proclamation will be read on Tuesday, May 15, 10AM at 202 C St, 12 th floor lobby (Golden Hall). Pictures will be taken, so be sure to wear bunads or red, white & blue clothing.
May 17	Norwegian flag raising at Balboa Park. See flier page 11.
May 19	Valhall's Syttende Mai Celebration at Lodge (Ascension Lutheran). See flier page 2.
May 27	Ethnic Food Faire in Balboa Park, House of Norway is participating. Located at the cottages. 11am-5
May 28	Memorial Day

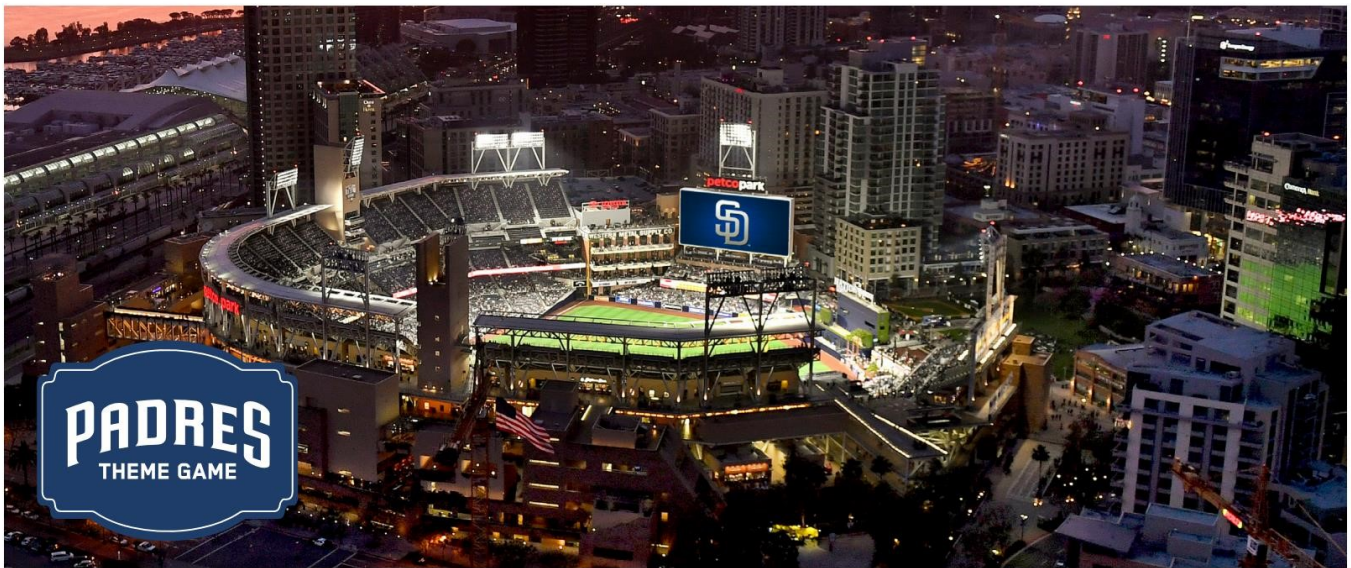
The **House of Norway** is looking for volunteers to help with our lawn program on Sunday, May 13th, 2018 from 11am to 4pm.



Anyone who does crafts or cooking or entertainment, is invited to come to our cottage in Balboa Park and share with the public. We also need help making waffles and serving other food. Please contact jeannescot@gmail.com if you can help out.



NORDIC HERITAGE NIGHT



FRIDAY, AUGUST 31 VS ROCKIES AT 7:10PM

Come together with the San Diego Nordic community and the Padres for Nordic Heritage Night at Petco Park.

Only the first 500 fans who purchase the dedicated Nordic Heritage Night ticket package for August 31 will receive a Padres-themed Nordic Night hat.



Limited Edition Padres-themed
Nordic Night Hat giveaway!

TICKET PACKAGES AS LOW AS \$22, VISIT [PADRES.COM/THEMEGAMES](https://padres.com/themegames)

For more info, contact MEAGAN MARONEY AT 619.795.5385 OR MMARONEY@PADRES.COM



Sons of Norway Mission Statement

*The mission of
Sons of Norway
is to promote and to
preserve the heritage and
culture of Norway,
to celebrate our relationship
with other Nordic countries,
and to provide quality
insurance and financial products to its
members.*

Look to SONS OF NORWAY

For
Affordable Insurance and
Great Annuities.
All financial products are
Guaranteed with no risk

- ◆Estate Planning
- ◆Retirement Planning
- ◆Life and Term Insurance

Contact our FBC Financial Benefits Counselor For California:

Pat Kelly:

Tel: 818-986-7199

Cell: 818-667-6627

Fax: 818-905-5785

Email: amlives@aol.com

This is a service provided by Sons of Norway
International for Members ONLY!
You cannot find earnings rates as good as SON
Offers in other major financial institutions

SAVE THE DATES 2018



TROLLFJELL FOLKEHØGSKULE

June 24—July 7

CAMP TROLLFJELL

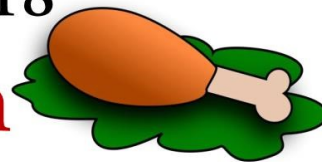
[Language Heritage Camp]

July 8 — 21

Celebrate Memorial Day at Camp Norge

May 26, 27 and 28th, 2018

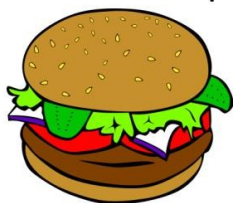
Food Reservation Form



The Camp Norge Board invites you to **Camp Norge** for a fun and relaxing three-day camping experience at your own recreation center.

Come celebrate this true American Holiday with us.

We will provide a delicious variety of meals. *Please complete this form and send with your check as soon as you can!*



We expect a big crowd this year so be sure to reserve early!



Mail this form with a check for the meals to: Camp Norge, P.O. Box 622, Alta, CA 95701

Name _____ Lodge Name & # _____

Address _____ City _____ State _____ Zip _____

Contact # (____) _____ Email _____

Saturday Breakfast... Adult(s) _____ x \$6.00 = \$ _____ Children _____ x \$3.00 = \$ _____

Saturday Lunch Adult(s) _____ x \$8.00 = \$ _____ Children _____ x \$4.00 = \$ _____

Saturday Dinner Adult(s) _____ x \$12.00 = \$ _____ Children _____ x \$6.00 = \$ _____

Sunday Breakfast..... Adult(s) _____ x \$6.00 = \$ _____ Children _____ x \$3.00 = \$ _____

Sunday Lunch Adult(s) _____ x \$8.00 = \$ _____ Children _____ x \$4.00 = \$ _____

Sunday Dinner Adult(s) _____ x \$12.00 = \$ _____ Children _____ x \$6.00 = \$ _____

Monday Breakfast Adult(s) _____ x \$6.00 = \$ _____ Children _____ x \$3.00 = \$ _____



Or purchase the weekend package and save!

Weekend Package.. Adult(s) _____ x \$50.00 = \$ _____ Children _____ x \$25.00 = \$ _____

Total Enclosed \$ _____



PRE-REGISTRATION of meals is imperative in order to allow for the purchase of the correct amount of food.

The Registration Deadline is May 18, 2018. Questions: fred.hymans@campnorge.org.



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Valhall Viking
MAY 2018

CALENDAR

May

5	Sat	Ladies of Valhall
14	Mon	Lodge Meeting
14	Mon	Corp. Meeting
19	Sat	Syttende Mai Social

June

2	Sat	Ladies of Valhall
11	Mon	Combined Lodge Meeting and Social
10-14		District 6 Convention

Next newsletter is the
June/July issue

Deadline for the
June/July Valhall Viking
is May 23, 2018

E-Mail articles to:
lodgevalhall@yahoo.com