



Valhall Viking

VALHALL LODGE 6-25

SAN DIEGO, CA

Dec 2017/Jan 2018, #10

Message from the President

GOD JUL TO ALL!!

Here we are at the holiday season again, and I, for one, am looking forward to it. We had a great kickoff with the Lille Butikken, where folks got to purchase baked goods and gift items. We had a great turnout for the delicious salmon dinner, too. Thank you very much to the hard working November committee.

At the last meeting, there was a short discussion about the coming SofN dues increase that will be implemented next year. Headquarters in Minneapolis has decided to standardize the dues structure across that board for all members. Currently, almost every lodge in the organization has different dues for lodge members, and this has created quite a headache for the membership office in Mn. So they have created a flat rate for members and families, as well as for Golden members. Information will be forthcoming soon, and when your renewal date comes up.



In some other news, the church has decided to raise our rent from \$250 per month to \$600 a month. This was done one year into our three-year contract. Rick Hausvik, Alan Johannesen, and I met with the pastor and a council member who were very hard-lined about the increase. As you may know, our rent was at \$680 when we left the Masonic Lodge, and that was creating a strain on our budget, so it is disappointing that the church has exercised a clause in the contract to make changes therein after just one year. We are, therefore, beginning a search for an alternate meeting site, in the event that we decide to make another change. Of course, this is not ideal, but the tone of the communications from the church sound like they would like us 00pm vacate the premises.

So, come one, come all to the Juletreffest! It will be our chance to “whoop it up”, and the kids will have t-shirts donated by the Ladies of Valhall to paint. “Oh, what fun it is to paint on a t-shirt for the day!”

Vennlig hilsen og god jul,
Susan



1912—2017

VALHALL LODGE
6-25

Meetings and Socials
at
Ascension Lutheran
Church
5106 Zion Ave.
San Diego, CA 92120

Upcoming Lodge Events

Lodge Meeting
Mon. Dec. 13, 2017
7 pm

Lodge Social
Juletreffest/potluck
Dec. 9, 2017

Newsletter Deadline:
Jan. 23rd, 2018

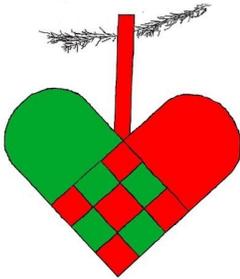


Valhall & House of Norway Christmas Party And Potluck Dinner

Saturday, December 9, 2017 Adults Happy
Hour and Children's Activities

5:00-6:00 P.M.

Pot Luck Dinner 6:00 -7:00



Last names with N-Z bring a main dish
Last names with A-M bring a side dish or salad
(if you wish to bring a main dish...please do)

Dessert Will Be Provided

*(If You Can, Bring Norwegian Christmas Cookies
to Share)*

Go Around the Christmas Tree Norwegian Style...
Entertainment provided by HPR Queens Dancers
And visit with Santa/

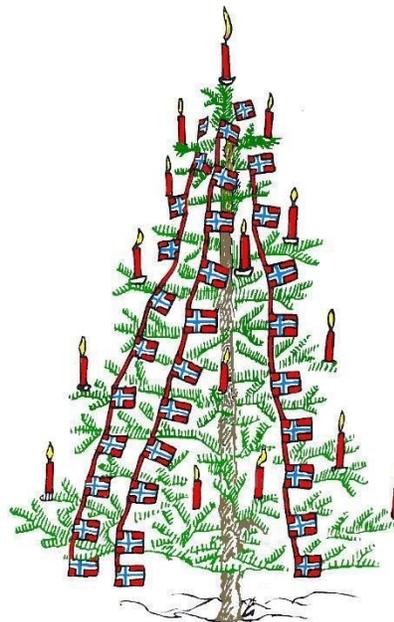


Norsk food encouraged!

Bring enough food for 8-10 people.

Make Reservations before December 6th

*We need a count of adults attending for seating arrangements
and number of kids in order to reserve Christmas bags for children under 13.*



Ellen Spitzer cell-619-933-5409 text/ leave a message or e-mail ellenspitzer@cox.net
Event at Ascension Church 5106 Zion Ave, San Diego, CA 9212 0

**Norwegian Holiday Tradition –
The Julenisse**

The Christmas season is a perfect time to embrace your Norwegian heritage and share the culture with your loved ones. One way to do this is by incorporating a new or different tradition into your celebrations each year.

This season, why not invite an icon of Norwegian folklore, the Julenisse, into your holiday home? Both farm protector and bearer of Christmas cheer, the nisse is a charming, yet sly fellow whose legacy lives on in Norway and around the world to this day.

The classic tale declares that small gnome-like nisser hide in houses and barns to bring good luck or make mischief, depending on how well they are treated by the ones who live there. Try having fun with this family-friendly legend and hunt for the nisse living in your own home. Simply search for photos of the nisse on the internet, print them out and hide them around your home, then send your guests on the nisse hunt of the year.

Check out the 2010 November issue of Viking for a nisse cut-out, along with other Nordic games and activities you can enjoy over the holidays. You can also learn more about the nisse and its Norwegian legend in the 2012 December issue of Viking.

The Viking archive may be found online at https://www.sofn.com/viking_archive (member login required).



Lodge Officers for 2017-2018

President	Susan Cody	619-303-5220
Vice-President	Vacant	
Counselor	Rick Hausvik	619-579-5447
Secretary	Janet Weber	858-484-3996
Assist. Secretary	Janet Coulon	619-319-0824
Financial Secretary	Aprell Bigler	619-284-6221
Treasurer	Millie Wright	619-443-0942
Social Director	Judy Sawyer	619-993-9113
Assist. Social Director	Joyce Oen	858-271-6229
Cultural Director	Sven Olsen	760-735-6171
Marshal	Maury Lee	619-476-1837
Assistant Marshal	Steve Rawlinson	619-275-1934
Greeter	Lou Coover	610-264-9486
Historian	Janet Coulon	619-319-0824
Librarian	Vacant	
Musician	Ragnhild Amble	619-465-7425
Musician	Joyce Olsen	760-735-8171
Editor	Arlene LaBree	858-271-8709
Assistant Editor	Steve Rawlinson	619-275-1934
Foundation Director	Rick Hausvik	619-579-5447
Publicity Director	Sven Olsen	760-735-6171
Youth Director	Myla Coleman	619-588-5783
Sports Director	Ellen Spitzer	619-444-9077
Webmaster	Steve Rawlinson	619-275-1934
Trustee (3 years)	Raymond Johnsen	858-459-5430
Trustee (1 year)	Joyce Oen	858-217-6229
Trustee (2 years)	Judy Sawyer	619-993-9113
Auditors:	Allen Johannesen	858-452-1797
	Thelma Johannesen	858-452-1797
	Sig Stautland	619-299-9237

Corporation Directors

Andy Ueland	619-226-1946
Don Balmer	619-466-2179
Susan Cody	619-303-5220

Corporation Officers

President	Allen Johannesen	858-452-1797
Vice President	Sigurd Stautland	619-299-9237
Secretary	Aprell Bigler	619-284-6221
Treasurer	Rick Hausvik	619-579-5447





Happy Birthday
 Gratulerer Med Dagen!



DECEMBER BIRTHDAYS

- 5 Jan Garzon
- 5 Julie Watts
- 7 Marlow Myrmo
- 9 Cheryl Edwards
- 10 Peggy Gere
- 12 Mary Hovland
- 14 Gale Schaffroth
- 15 Eldbjørg Backous
- 15 Gregory Withee
- 17 Allen Johannesen
- 20 Ragnhild Amble
- 20 Judi Dow
- 22 David Hansen
- 23 Ola Brevig
- 25 Arita White

JANUARY BIRTHDAYS

- 1 Jerilynn Hovland
- 3 Kenneth Monson
- 4 Lewis Dow
- 4 Barbara Evje
- 7 Erik Aamodt
- 8 Lisa Bordner
- 11 Solveig Waters Appel
- 11 Tam Stautland
- 13 Thelma Johannesen
- 16 Helga Moore
- 21 Charles Hansen
- 22 Lucille Wendling
- 25 Erik Adams
- 25 Don Amundson
- 26 Wendy Hovland-Henry
- 26 Glenn Jerpseth
- 27 Denise J Olson-Durham

Welcome New Members

Valhall welcomes new members Roberta Balstad and Gregory Withee, and a transferring member from another lodge, Julie Watts. Hope to meet you all at future meetings and socials!



Barnas Klubb
Crafts, Cooking, & Culture
Valhall Lodge Kids Activities at Socials

Barnasklubb
 Along with the usual Christmas stocking stuffed with treats, the Ladies of Valhall would like to offer a special craft at the Jultrefest on December 9, a white t-shirt with a special Viking design that your child can paint with acrylic paints, also provided at the event. Myla has ordered some extras for last-minute guests

*In Recognition
 of
 Golden Membership*

*Sons of Norway awards a
 Certificate of Appreciation
 and pin
 to the following member for her
 long and faithful service:*

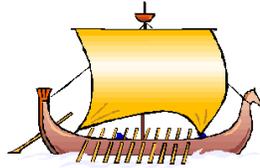
Golden Membership

Gail M. Schaffroth

*Congratulations to you!
 Valhall Lodge 6-025 ~ Sons of Norway*

LOV NOTES

November 2017



Next meeting January 6, 2018 at 9:00 a.m. at Denny's on Fletcher Parkway Hostesses: Dale Roybal and ?

In the spirit of the Thanksgiving season, I want to thank all of our awesome ladies who help with our activities and support the lodge. Last weekend was our Salmon Dinner (compliments to Judy and her crew for another delicious meal) and our Lille Butikken sale of Norwegian goodies. There was a plethora of framed art and clothing items, thanks to several members and the House of Norway plus our first ever silent auction for special items donated by Anne Hoidal: a hand painted reproduction of "Leif Eriksson Discovering America" by Christian Krohg and an autographed copy of "Why Kings And Queens Don't Wear Crowns" by Princess Märtha Louise. The donations collected will go to future activities.

We still have lefse, gjetost and Norway calendars which I will bring to the Jultrefest on December 9 so you have another chance to purchase before it's all gone! I look forward to our t-shirt craft for kids at the Jultrefest. If you didn't contact me with a size for your child or grandchild, don't worry, I'll order a few extra ones. I will continue to take orders for the adult t-shirts. I anticipate the cost to be about \$15. You can email me with your size and if you want women's v-neck or men's style and if you prefer red, blue or either.

A special thanks also to our slate of officers for continuing through 2018. Millie, Sandra and Amelia, I am so grateful for your support. Thanks for your patience with me when I need to be reminded of Parliamentary Procedure ...it's been a few years since I served in a group who used Robert's Rules for their meetings.

God jul og godt nytt år! Myla



LOV Ladies: Sandra Yeaman, Anne Hoidal, Dale Roybal and Ragnhild Amble.



Myla Coleman and Dale Roybal admiring items at the Lillebutikken.



Myla Coleman, Joyce Oen, Susan Cody and Dale Roybal in discussion at Lillebutikken.



Anne Hoidal and Else Ottesen shopping at Lillebutikken.



Minutes of the Valhall Lodge Meeting

Monday, November 13, 2017

CALL TO ORDER: President Susan Cody called the meeting to order at 7:10 PM.

APPROVAL OF THE MINUTES: The October board and lodge meeting minutes were accepted as printed in the November Valhall Viking #9.

MEMBERSHIP:

(1) Aprell reported that Julie Watts has joined Valhall as a transfer member from Norge Lodge in Vista.
(2) Roberta Balstad and Gregory With-ee have joined the lodge, they plan to come to the Salmon Dinner Social.

OFFICER REPORTS:

Secretary: Janet shared a thank you card from Lucille Wendling, thanking Sons of Norway and the lodge on behalf of her mother, Laura Wendling, for the Golden Membership Pin and Certificate.

COMMITTEE AND DIRECTOR REPORTS:

Social: Judy reminded us that the Salmon Dinner and Lille Butikken will be this Saturday at 4:30, reservations can be made tonight with Millie.

Cultural: Rick reported for Sven Olsen that the Mannskor will perform at the December Lodge Meeting. .

Youth: (1) Myla Coleman reported that she is taking orders for T-shirts for children. LOV is providing the shirts to member's children, grandchildren, etc. A picture of the design can be found in the November newsletter. The children will use fabric paint to color it themselves. If the child cannot attend the Christmas social, she will provide kits so they can paint them at home.
(2) Myla is also working on T-shirts for adults, with both a men's and women's style. She is finalizing details with the printer, but estimates cost to be about \$15. The design is white, and shirts would be blue or red.

Foundation: Rick told us about the donations that the Foundation is mak-

ing. Members can also make individual donations to the Sons of Norway Foundation which supports many causes such as disaster relief, grants and scholarships. Estate gifts can also be established.

Corporation: (1) Allen reported that the Corporation met before tonight's meeting. The primary topic of discussion was the news that the church is planning to raise our monthly rent substantially, from \$250 to \$600/month. We may need to look for a different meeting place.
(2) Susan added that she, Rick and Allen will be meeting with church representatives to discuss this, and hopefully negotiate a more reasonable rent.

Sunshine: Wendy reported that she sent *Thinking of You* cards to Sigurd and Allen. Both men were at the meeting and reported that they are doing well and appreciated the thoughtful cards.

OLD BUSINESS:

(1) Susan reported that the revised Standing Rules were printed in the November newsletter, and she hoped everyone had a chance to read them. There was some discussion and 2 rules needed slight modifications. Sandra Yeaman made a motion to approve the updated and amended rules, Sigurd Stautland seconded and the motion passed. Rick said they will be printed for the members one more time with these corrections.
(2) Susan Cody talked about the new roof that is needed at Camp Norge. Tax deductible donations can be made for this cause.

AWARDS:

Sandra Yeaman was presented with her 10 year pin by Susan Cody. Congratulations Sandra!

FINANCIAL REPORTS:

(1) Aprell Bigler presented the Financial Report and Millie Wright read the Treasurer's Report.

FOR THE GOOD OF THE ORDER:

(1) Aprell and Susan reported that Sons of Norway will be changing the membership fees next year, to standardize dues for all lodges. New dues will be: \$95 for family, \$60 for individual, and \$42 for Golden members.
(2) Pat Becker shared that she attended her grandson's wedding at a Texas ranch last summer. She was quite pleased to meet her grandson's best friend who is the son of Jostein Mykletun, retired Consul General of Norway in Houston. It was a lovely wedding and a fun Norwegian connection.
(3) Judy had a sweater and tablecloth which were left behind at September's social. Both were happily claimed.

ADJOURNMENT: The next social will be November 18, the next lodge meeting will be December 11 and the Juletefest social is December 9. The next board meeting will be January 17.

There were 23 members present and the lodge meeting was adjourned at 7:48 PM.

Respectfully submitted by:
Janet Weber
Secretary
Valhall Lodge #6-25



**Sons of Norway
Mission Statement**
*The mission of
Sons of Norway
is to promote and to
preserve the heritage and
culture of Norway,
to celebrate our relationship
with other Nordic countries,
and to provide quality
insurance and financial
products to its
members.*

SALMON DINNER THANK YOU

Approximately 60 Members and Guests gathered for our annual Salmon Dinner and Lillebutikken on Nov 18, 2017....All enjoyed eating and visiting with friends.

Yes, I do go buy the food and supplies and organize the dinner and appreciate the compliments.....
.....But
I don't do it alone....It takes a Great Committee to execute a Great dinner...without all their help the evening would not be successful.

I would like to Thank Rick Hausvik chief salmon cook, and last night dishwasher, Elka Adams and Aprell Waymire Bigler for the delicious Fish Soup, Becky and Tom Bourdage for the Fall table Decorations, Tom also rolled all the Lefse on your tables. Philip and Mary Hindshaw, Bartenders, also Rick and Tom helped with its setup, and Carmen Cleary for helping deliver desert. And Millie Wright for her excellent reservation skills...keeping me informed with up to the minuet changes.

Last to all who helped clean up....it does we were out of there by 8:30, Awesome!!!

Thank you, Thank you All...
Sincerely
Judy Sawyer



Millie Wright and Becky Bourdage greeting guests to the Salmon Dinner at the Reception desk.



Philip & Mary Hindshaw were Bartenders at Salmon dinner.



Aprell Waymire, Elka Adams and Judy Sawyer preparing the soup and salmon dinner.



Susan Cody greeted guests and led the singing of the Table Prayer .

Minutes of the LOV Meeting

Saturday, November 4, 2017

Denny's Restaurant, Fletcher Hills
Hostesses: Anita Reith and Barb Evje
17 people attended.

The meeting was called to order at 9:14 a.m. by President Myla Coleman. Secretary Sandra Yeaman asked if anyone needed her to read the minutes from the October 2 meeting since they were printed in the most recent issue of *Valhall Viking*. No one requested she read them. Susan Cody moved and Peggy Gere seconded that the minutes be approved as printed. The motion carried.

Sandra circulated a 2007 magazine with an article about the LOV bunad book. The magazine is in Norwegian. Sandra used an auto-translate program to produce an English version of the article.

Treasurer Amelia Seeto-Murguia presented the Treasurer's Report for September. Susan moved and Anne Høidal seconded that the Treasurer's Report be accepted as read. The motion carried.

OLD BUSINESS

Lille Butikken:

Myla will order the gjetost, lefse and calendars (25 of each of the two designs—the traditional and the photographic).

Myla circulated a signup sheet for the timeslots to prepare, sell, and cleanup.

Cookbook:

Peggy moved and Millie Wright seconded that we not proceed. Motion carried.

T-Shirts for children at Jultrefest:

Myla provided a sample of the design for the children's T-shirts which will be provided at no cost to the children who attend Jultrefest. Sandra moved and Millie seconded that we accept the design as is. Motion carried.

Myla also provided a sample of the

design for adult T-shirts which will be printed in white on blue or red shirts. Preorders will be taken at Lille Butikken and Jultrefest. Amelia moved and Peggy seconded that we accept the design as is. Motion carried.

Christmas Party:

Because the date for our proposed Christmas luncheon is now the same day as the Sons of Norway/Hall of Norway Jultrefest, Dale moved and Amelia seconded that we cancel the Christmas luncheon this year. The motion carried.

NEW BUSINESS

Election of Officers for 2018:

The Standing Rules call for the election of officers for the upcoming year be held at the November meeting. Dale moved and Barb seconded that the current slate of officers keep their positions for 2018, unless they object. None objected. The motion carried. Members thanked the current Board members for service.

Hosting in 2018:

Myla circulated the hosting schedule for 2018.

Sunshine Committee: Barb Evje sent cards to Joyce Oen, Lorraine Tucker, and Karen Brevik. She asked if members had others in mind for her to send cards.

CULTURAL COMMITTEE

Tam reminded us that the next *LOV to Read* meeting would be the last Saturday in January when we will discuss Linn Ullmann's book *Before You Sleep*.

Sandra reviewed the remaining pieces of information members think others don't know about them. We identified (with help from the authors) that Susan climbed to the top of Half Dome with newlyweds, Peggy Gere was born on an Indian reservation, and Anita Reith's grandparents stopped speaking Norwegian and switched to English

whenever their grandchildren entered a room. One item of little known information has yet to be matched with a LOV member.

In line with the theme of telling our stories, Sandra read a portion of Ragnhild Amble's biography, through the point where she met her future husband Kjell.

Dale and Anne also read short pieces describing how they learned to tell direction—or not.

FOR THE GOOD OF THE ORDER

Dale mentioned two books from the LOV library she is returning. The first describes the experiences of a Swedish family in Kansas between 1889 and 1900. The second, *Haul the Water, Haul the Wood*, describes the experiences of a Norwegian family from the Hallingdal area from 1870s through 1912.

We marked the November and December birthdays of Millie Wright, Sandra Yeaman, Peggy Gere, and Ragnhild Amble by singing Happy Birthday. We also marked November and December anniversaries for Sandra, Dale, and Tam by singing Happy Anniversary. Thanks to Anita Reith and Barbara Evje, our hostesses, who handed out Thanksgiving cards for members to send to other Sons of Norway members to mark that holiday. Myla adjourned the meeting at 11:30 a.m.

Next Meeting at Denny's: January 6, 2017 at 9:00 a.m. Hostesses will be Dale Roybal and someone to be determined.

Respectfully submitted,
Sandra Yeaman
Secretary

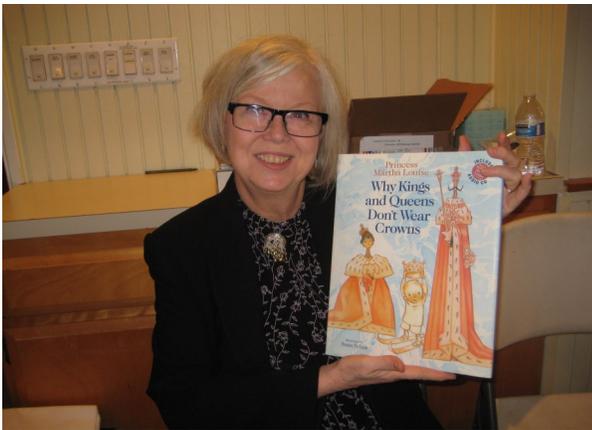




Millie Wright won a Norwegian painting at the raffle



Charles and Susan Hansen won gift basket with winning ticket



Sandra Yeaman won the book Princesses Why Kings and Queens Don't Wear Crowns



Lewis Dow won the Kransekake in the raffle.



Myla and Millie checking out items at the Lillebutikken.

Christmas Party at Valhall



December 9th
See pg 2 for details



Norwegian Christmas Service
Sunday, December 10, 2017
5pm

Ascension Lutheran Church
5106 Zion Ave,
San Diego, CA 92120

*Hei alle sammen! (see below for English)
Vi nærmer oss jul og vi skal ha norsk
julegudstjeneste i San Diego søndag 10. desember
kl 17.*

*Mannskoret deltar i gudstjenesten og etterpå
blir det kirkekaffe og julegrøt med mandel.
Håper å se deg til norsk førjulsstemning og vi
har også med norske matvarer til salg.*

Hi,
**We will have a Norwegian Christmas Service in
San Diego Sunday December 10 at 5pm.**
**The Men's Choir will join us and afterwards
there will be coffee/snacks and Norwegian style
Christmas porridge.**
Hope to see you there!

Ascension Lutheran Church
5106 Zion Ave,
San Diego, CA 92120
December 10 at 5pm.

Best regards/vennlig hilsen,

Sverre Tofte
Sjømannsprest/Senior Pastor

The Norwegian Seamen's Church
in Los Angeles/San Pedro

Cell: +1 310 467 3554
www.sjomannskirken.no/sanpedro



Ten-Year Pin Awarded

President Susan Cody awarded a Ten-Year membership pin to Sandra Yeaman at the Nov. 14 Lodge meeting.

Congratulations, Sandra!

Member Passing

It is with great sadness that I share with you the passing of Chuck Gorder, who passed away on November 19th. He was 92 years old. Chuck was a proud Norwegian and loved being a member of the Sons of Norway although his health has not allowed him to attend events in the recent years. Chuck was a long and faithful member of Sons of Norway and Valhall Lodge having joined in 2005. Chuck will be greatly missed by all his Valhall friends. Our deepest sympathy goes out to his wife, Rhona Gorder and the Gorder family.

From Chuck's wife, Rhona, "We very much enjoyed attending Sons of Norway events over the years and I will hold those memories dear."

Services are planned for Friday, January 5, 2018 at 2 p.m. at the First United Methodist Church in Mission Valley, San Diego. Rhona, will give us additional information as plans progress.

If you would like to send her a sympathy card, her address is:

Rhona Gorder
1315 Eagle Glen
Escondido, CA 92029



Rice Porridge (Risengrynsgrøt) & Rice Pudding (Riskrem)

Adapted from arcticgrub.wordpress.com

Rice Porridge (Risengrynsgrøt)

- ◆ 1 cup short grain rice, such as Arborio •
- ◆ 2 cups water •
- ◆ 4 cups almond milk (or coconut milk) •
- ◆ 1 vanilla bean pod, split in half •
- ◆ ½ cup granulated sugar •
- ◆ ½ tsp salt

Drain rinsed rice in a colander. Add water and rice to a pot and bring to boil. Lower temperature to a simmer and cook until all water has been absorbed.

Add milk, insides of vanilla pod as well as shell, sugar and salt. Bring to boil while whisking constantly, do not allow milk to burn at the bottom.

Lower temperature to simmer for 45 minutes or until porridge consistency. Pour into a bowl to cool for rice pudding or keep warm and serve with butter, sugar and cinnamon. Makes about 4 portions

Rice Pudding (Riskrem)

- ◆ 2 cups rice porridge (Risengrynsgrøt)
- ◆ 2 tbsp confectioners sugar or to taste •
- ◆ 2 tsp vanilla sugar or vanilla extract •
- ◆ 1 ½ cups heavy cream or coconut cream
- ◆ 50 grams or ¼ cup toasted almonds, chopped (optional)

Whisk coconut cream or heavy cream with the confectioners sugar and vanilla sugar/extract in a stand mixer until fluffy.

Fold the whipped cream with the rice porridge and sprinkle in the chopped almonds.



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Countdown to Implementation of New Dues Structure

Review the facts about the new simplified dues structure by visiting www.sonsofnorway.com. Click on the Member Resources box on the top of the homepage and navigate to the dues structure information pages.

You can check out what lead up to the decision by the Sons of Norway International Board by clicking on the History button. An overview of the dues structure changes are outlined in the Membership Charts and Dues Information section.

Still have questions? You may send them to 2018dues@sofn.com.

Of course, we are also happy to take your calls at 800.945.8851.

Valhall Viking
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(Valhall Lodge) 25

Arlene LaBree, Editor
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Valhall Viking
DEC 2017/JAN 2018

CALENDAR

December

9 Sat Christmas Party
11 Mon Lodge meeting

January

6 Sat LOV meeting
8 Mon Lodge meeting
17 Sat Board meeting
27 Sat LOV to Read meeting

No Social in January

Next newsletter is the
February issue

Deadline for the
February Valhall Viking
is Jan 23, 2018

E-Mail articles to:
lodgevalhall@yahoo.com
or alabree25@yahoo.com

