



1912—2016



**VALHALL
LODGE**

Meetings
at
**Ascension Lutheran
Church
5106 Zion Ave.
San Diego, CA 92120**

www.lodgeofvalhall.com

www.sofn.com

www.sofn6.org

**Anniversary Dinner
March 19, 2016**

**Next Lodge Meeting
Mon Mar. 14, 2016
7:00 pm**

**Newsletter Deadline:
Mar. 23, 2016**

President's Message

How great to now be meeting at Ascension Lutheran Church! We had our first lodge meeting on 2/8, and our first social on 2/20. It was so good to see all who attended. We had several people from the church attend the dinner, and one of our members brought a tableful of her friends, too. We garnered a couple of new members from the dinner. Yeah!!!

Thank you to those who attended both functions in being patient while we work out the logistics and kinks at our new site. The atmosphere is very welcoming and friendly, and I hope that all of you will be able to join us at future meetings and socials.

The salmon at our February dinner was delicious, and if you don't like salmon, you were able to have meatballs, which were reported to be very good, too. March will be our Anniversary social, our 104th. Please join us for a festive occasion, and a catered dinner.

At our last lodge meeting, delegates to the convention were nominated and approved. This year's convention is in Loveland, CO, about an hour north of Denver. I am looking forward to attending, as this will be my last convention as President of the lodge. I will also be seeing a lot of familiar faces.

Remember, if you have any folk art that you would like to submit for the competition, let one of the delegates know so that we can transport your items for you.

Ascension is planning a refurbishing of their fellowship hall, painting, new cabinets, etc. Valhall will be putting together a work party to assist with these tasks, and we will let you know any particulars as soon as dates are set. Spring is around the corner, though it seems like summer already. El Niño, where are you????



Vennlig hilsen, Susan



Valhall Lodge No. 6-025 Sons of Norway
Ascension Lutheran Church
5106 Zion Ave., San Diego, CA 92120



March 19, 2016
Starts at 4:30pm

104th Anniversary Celebration

Catered Dinner

Social hour 4:30—5:30 pm
Dinner at 5:30 (one seating only)

Roast Beef and Teriyaki Chicken
Rosemary Potatoes
Green Beans Almondine
Caesar Salad
Pasta Primavera
Ambrosia
Rolls and Butter
Apple Crisp with Ice Cream
Iced Tea and Coffee
And "Good Fellowship"
Program following dinner

\$20.00 per person (if pre-registered by Mar.15)
\$25.00 at door
Children under 12 years \$10.00

This is a catered dinner. so please make Reservations ahead, we need to provide count for Cupid's Catering by March 15, 2016

Name _____

No. Attending _____

Amount of Check _____ Make payable to Valhall Lodge 6-25

Send to: Helga Moore, 2429 Marilouise Way, San Diego, CA 92103-1013

Questions or reservations

Call: Helga Moore at 619-298-0390

Email: hsmoore@cox.net

Attractions in Norway

Tourists to Norway are often familiar with the county's top attractions, visiting natural sites like Preikestolen as well as cultural gems like Oslo Opera House and Bergen's famous wharf. But which attractions and destinations are among Norwegians' favorite ways to spend their summers? Survey results from the Norwegian Hospitality Association highlight the most popular sites. Here are five that made the list:

The National Gallery - nasjonalmuseet.no/en/

Founded in 1837, the Nasjonalgalleriet in Oslo houses the country's largest public collection of paintings, drawings and sculptures, including works by Munch, Manet and Cézanne. According to the survey, more than four out of every ten Norwegians have visited the gallery.

Kristiansand Zoo and Amusement Park-

dyreparken.no/

A popular destination, nearly 75% of all Norwegians surveyed have visited this zoo and amusement park. In addition to over 800 animals, the zoo also includes theme parks inspired by cultural works like Cardamom Town, modeled after the famous children's book by Thorbjørn Egner, and Captain Sabertooth World, which was created after characters in a theater production.

Nidaros Cathedral - nidarosdomen.no/en/

Visited by nearly 400,000 tourists annually, Nidaros Cathedral is Norway's national sanctuary and stands over the grave of the country's patron saint, St. Olav. Restored many times since initial construction began in 1070, the cathedral has survived several fires and lightning strikes over its long history.

Fredriksten Fortress - visitoslofjord.no/en/halden/

Fredriksten-fortress/

Constructed in Halden to protect Norway against incursions by the Swedish in the latter half of the 17th century, Fredriksten Fortress is now a national monument. Today, a variety of cultural activities and offerings attract visitors to the historic site, such as restaurants, guided tours, museums and nature trails.

The Lofoten Islands—lofoten.info/en

Distinctively beautiful, the Lofoten Islands are often described as one of the most picturesque places in Norway. Visitors flock to the area to take in the dramatic coastline and sandy white beaches while enjoying hiking, biking, kayaking, whale watching and more.

Lodge Officers for 2016

President	Susan Cody	619-303-5220
Vice-President	Marc Schaefer	858-880-5653
Counselor	Rick Hausvik	619-579-5447
Secretary	Janet Weber	858-484-3996
Assist. Secretary	VACANT	
Financial Secretary	Aprell Bigler	619-284-6221
Treasurer	Millie Wright	619-443-0942
Social Director	Judy Sawyer	619-993-9113
Assist. Social Director	Joyce Oen	858-271-6229
Cultural Director	Sven Olsen	760-735-6171
Marshal	Steve Rawlinson	619-275-1934
Assistant Marshal	Patrick Kearney	
Greeter	Lou Coover	610-264-9486
Historian	Jean Shogren	619-287-6056
Librarian	Else Ottesen	858-569-5960
Musician	Ragnhild Amble	619-465-7425
Editor	Arlene LaBree	858-271-8709
Assistant Editor	Amelia Seeto-Murguia	619-988-2452
Foundation Director	Rick Hausvik	619-579-5447
Publicity Director	Sven Olsen	760-735-6171
Youth Director	Ellen Spitzer	619-444-9077
Sports Director	Ellen Spitzer	619-444-9077
Trustee (3 years)	Raymond Johnsen	858-459-5430
Trustee (1 year)	Joyce Oen	858-217-6229
Trustee (2 years)	Judy Sawyer	619-993-9113
Auditors:	Allen Johannesen	858-452-1797
	Thelma Johannesen	858-452-1797
	Sig Stautland	619-299-9237
Corporation Directors		
	Andy Ueland	619-226-1946
	Don Balmer	619-466-2179
	Susan Cody	619-303-5220
Corporation Officers		
President	Allen Johannesen	858-452-1797
Vice President	Sigurd Stautland	619-299-9237
Secretary	Aprell Bigler	619-284-6221
Treasurer	Rick Hausvik	619-579-5447





Happy Birthday
 Gratulerer Med Dagen!



MARCH 2016 BIRTHDAYS

- 1 Wilma C Springer
- 8 Petra Mc Geary
- 8 Jenna K Hausvik
- 11 Ingrid E Lindgren
- 11 JoAnn M Khaleel
- 14 Rodney Olson
- 16 Karin M Brevig
- 17 John O Rem
- 19 Almon L Coover
- 21 Joyce A Oen
- 24 Rodney Alan Dahl



Happy St.
 Patrick's Day
 March 17th

*In Recognition
 of
 Ten Years's Membership,*

*Sons of Norway awards a Certificate
 of Appreciation and Pin
 to the following members for their
 long and faithful service:*

*Ten Year Membership
 Erica Lee
 Graciela Lee*

*Congratulations to both of you!
 Valhall Lodge 6-025 ~ Sons of Norway*



Barnas Klubb
Crafts, Cooking, & Culture
Valhall Lodge Kids Activities at Socials

New Member

Valhall welcomes a new member to our lodge: Janet Kystad Coulton Hope you enjoy our lodge!

Knit & Chat

Socializing at House of Norway with or without knitting. We have decided to move the day for our meetings, since parking was so difficult on Tuesday afternoons. The new meeting time is the second Thursday of the month, at 10:00. All ladies are welcome!

Our next meeting is Thursday, March 10th at 10am at the House of Norway in Balboa Park.

Salmon Dinner

My sincere Thank You's to the February Social Committee!



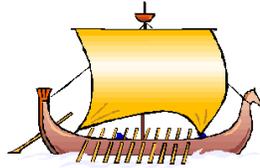
Although a bit chaotic in the kitchen, we did a fantastic job. Considering a new Kitchen, Dining Room.... and supplies out in our Pod, we prepared and served a well complimented Salmon Dinner. It was thanks to Rick, Elka, Ellen, Becky and Tom, Else, Solveig, Janet, Monica, Megan, and Austin—all working together and we were locking up by 8:30....gotta love those plastic plates!!

Sincerely.....Judy



LOV NOTES

February 2016



Next Meeting: March 5, 2016 at 9:00am. Denny's Restaurant in Fletcher Hills

Hostesses: Anne Hoidal & Peggy Gere

Our hostesses this month created an unusually festive mood for our members with each receiving a colorful mask and other party favors. It put us all in a party mood for the day. I opened our morning get together with sharing the most recent Vesterheim publication. I had found two of the articles especially interesting. One on the Norwegian Sugar Baron, Hans Peter Faye, who arrived in Hawaii in 1880 and was a millionaire by the time he died in 1928. The second was about the Finnish settlers in Michigan's Copper Country in 1865. Many of them migrated by way of Finnmark copper industry in Norway.

We discussed the business at hand: We reserved the Hall of Nations in Balboa Park for our annual Christmas Luncheon December 10th and finalizing a catering vendor. Our 2016 budget was proposed and passed. It was reported that there was an enthusiastic turn out at the House of Norway of Nordic Knitters on February 11th. It was also shared, for those of us who have become avid readers of Jo Nesbo, his latest mystery *Blood on Snow* is now out in paperback.

Our cultural chairperson, Tam Stautland, passed out copies of the play *Hedda Gabler* to read. I also shared a book from Henrik Ibsen 100th Anniversary Art Exhibit that came to San Diego in 2006. It included pictures of six prominent Norwegian painter's interpretations of Ibsen's most important plays. Thomas Knarvik chose *Hedda Gabler* as his challenge. All of Ibsen's play are still considered highly relevant today as they were during his life time. Anne Hoidal enlightened us to what life was like for upper class women in 1890 during Norway's industrial revolution. An understanding of her generation may encourage the audience to have some sympathy for what most consider to be very selfish actions.

The Ladies of Valhall are looking forward to seeing everyone at our 25th Anniversary Luncheon on April 2, 2016. Please come and celebrate with us.

Dale Roybal, LOV President



Amelia, Joyce and Dale getting in the Mardi Gras mood at the February LOV meeting.



Beads and masks adorn the LOV ladies at our festive Feb meeting—LaVonne, Millie, Arlene, Joyce and Anne.



Helen and Barbara. Nice hat, Helen!



Minutes of the Valhall Lodge Meeting

Monday, February 8, 2016

CALL TO ORDER: President Susan Cody called the meeting to order at 7:08 PM.

VISITORS: Janet Kylstad Coulon was a first time visitor and is planning to join the lodge.

CORRESPONDENCE: Janet Weber shared two items: (1) a letter from District 6 Sons of Norway to Heather Bardin, who was awarded a \$1000 educational scholarship (2) a Valentine's wish from the District 6 Convention organizers.

APPROVAL OF THE MINUTES: The minutes of the December Lodge Meeting and the January Emergency Board Meeting were accepted as printed in the February Valhall Viking, No. 1.

COMMITTEE and DIRECTOR REPORTS:

Membership: Aprell reported that Jens and Sylvia Lang joined the lodge online.

Social Director: Judy welcomed everyone to our "new digs" which she thinks has a feeling of being more warm & cozy than the old lodge. The Salmon Dinner will be the first social at the new location, and she gave details for cost and registration. She added that there will be a learning curve with figuring out the new kitchen, setup, etc, but she asked everyone to bear with us during this time, and she is optimistic that all will go well.

Cultural: Sven wants to have a cultural program at an upcoming social. There is a large screen TV and DVD player that we can use. He is working out which upcoming social the program will fit best. Judy added that she is trying to get the Hardanger Fiddle players, the Summer Januaries to come to the February social.

Publicity: no report

Newsletter: Arlene reported that the directory is being printed, members should be receiving it soon.

Website: Steve reported that the website has the application for the District Campership for Camp Trollfjell. It was mentioned that the lodge also has Embertson Funds available for campers. A camper can receive one or the other, but not both. Rick Hausvik is the contact for lodge funds.



Rick Hausvik receiving Recruitment pin and certificate and Ten Year membership pin from Susan Cody at the February meeting. Way to go, Rick!

Librarian: Else reported that the library room at the church is not yet prepared for us. Books are currently in storage.

Historian: no report

Sports Director: absent

Foundation: (1) Rick will provide a new "piggy" for Foundation collections, current one broke in the move. (2) Rick reminded us that the Foundation helps financially support scholarships and disaster relief. Estates can also be donated to the lodge foundation to set up scholarships or other purposes. (3) District 6 has a new membership drive for 2016 with an aim to add 600 new members in District 6. (4)

The district convention will be in Loveland, CO this June. He suggested we take out a full page color ad this year. The cost is \$125 for full page, \$80 for half page, \$50 for quarter and \$25 for one eighth page. We can use the new Valhall logo featured on our directory and add additional information.

Corporation: no report

Sunshine: Wendy Hovland hand delivered a card to Aprell, who thankfully is feeling much better than a few weeks ago! She will be sending cards to Joyce Olsen and Ingrid Lindgren. She will also send a card to Ingrid's son Peter who is currently in the hospital.

OLD BUSINESS:

(1) Rick Hausvik made a motion to take out a full page color ad for the upcoming convention. Millie Wright seconded, and the motion was passed. Susan and Arlene will prepare the image to be submitted.



Jean Shogren receiving a Forty Year membership pin and Certificate from Susan Cody at the February meeting. Congratulations, Jean!

NEW BUSINESS:

(1) Susan reported that we need to elect delegates to the convention which will be June 19-22 in Loveland CO. The president is automatically a delegate, and 5 regular plus 2 alternates are



Minutes of the Valhall Lodge Meeting

Monday, February 8, 2016

needed. Nominations were made and the following were selected: Arlene LaBree, Steve Rawlinson, Judy Sawyer, Millie Wright and Else Ottesen. The alternates will be Sven Olsen and Maury Lee. Rick Hausvik made a motion to elect by proclamation those nominated, and it was passed.

(2) The website d6in16.com has more details about the convention. Susan reminded us that there is a folkart competition, and members can submit items, but remember to keep the size small as delegates will be flying to CO. Rick reminded everyone to make their reservations ASAP as rooms are filling up fast. Most meals are included at the convention, and the lodge will cover travel and lodging expense.



Susan presenting Wilma Springer with a Forty Year membership pin and Certificate at February meeting. Congratulations Wilma!

(3) Millie Wright presented the proposed new budget for 2016 to the members. She went over each line item of proposed expenses and proposed income. It included expenses for the convention. There was useful discussion and clarification about each line item. Rick Hausvik made a motion to pass the budget with changes as per discussion, Sven Olsen seconded, and the motion was passed with one abstention.

FINANCIAL OFFICER'S REPORTS: Financial Secretary Aprell Bigler and Treasurer Millie Wright presented their respective reports.

AWARDS: President Susan Cody presented awards to several members:
- 40 year membership pin to Jean Shogren
- 40 year membership pin to Wilma Springer
- 10 year membership pin and 2014 recruitment pin to Rick Hausvik
- 10 year membership pin to Graciela Lee
She thanked them for their long and faithful service to Valhall Lodge.

REMARKS FOR THE GOOD OF THE ORDER:

(1) Dale Roybal announced that LOV is planning their 25th Silver Anniversary celebration. This will be an 11AM luncheon on April 2 at Mission Valley Resort. Look for a flyer in the newsletter.

(2) Maury Lee reported that the Ladies Auxiliary from House of Norway will have their monthly luncheon at the Hall of Nations this Wednesday. There will be an educational presentation and all are welcome.

(3) Aprell Bigler reported two things:
- Sons of Norway now has a signature Visa card available.
- She had free Sons of Norway pens and writing pads available for all.

(4) Millie Wright reported that she went to the District 6 Leadership Seminar and received six District 6 directories for officers of Valhall.

(5) Judy Sawyer reported that 2016 social committees will be the same as last year. If a member is over 80, they can volunteer to help if they wish, but it is their choice.



Lodge President Susan Cody awarding 10 year membership pin to Graciela Lee at the February Lodge meeting. Congratulations, Graciela!

(6) Sven reminded us about the Brain Injury Walk coming up on March 19 at De Anza Cove. The Hiking Vikings will be there and all are welcome. You can sign up for the walk online and can donate money, walk, or do both.

ADJOURNMENT: The next lodge social will be February 20, and the next meeting will be March 14, 2016 at 7PM.

There were 36 members present and the lodge meeting was adjourned at 8:05 PM.

Respectfully submitted by:
Janet Weber, Secretary
Valhall Lodge #6-25



Sisters Jean Shogren and Rosalie Olson showing some Norske spirit!



Minutes of the Valhall Board Meeting

Wednesday, January 20, 2016

CALL TO ORDER:

Susan Cody called the meeting to order at 7:00 PM. There were 10 board members present: they are listed at the end of the minutes.

OFFICER REPORTS:

President: Minutes from the December 2015 lodge meeting and January Emergency board meeting were accepted as printed in Valhall Viking Number 1, 2016.

Vice President: absent

Counselor: Rick Hausvik had several items to discuss:

(1) There will be a free leadership seminar held at Vinland Lodge in Temecula, we are fortunate to have this training offered so close to San Diego. He has a flyer and information will be in the newsletter. Reservations are needed by January 31. Five board members signed up to go.

(2) Rick gave an updated Valhall inventory list to Judy, our bylaws call for an updated list annually.

(3) Rick shared information about a storage shed that can be purchased from Home Depot for \$699. This will be placed on the church property on pallets to support and lift it off the ground. It is made of resin, has a skylight, can be locked, and has a complete floor. Shelving can be added for about \$60. Millie Wright made a motion to purchase, and it was seconded by Judy Sawyer. The motion was passed.

(4) District 6 Membership Committee has a new goal drive to encourage Sons of Norway membership. He will share information with Steve for the website and Arlene for the newsletter.

Secretary: Janet received correspondence received from Sons of Norway regarding sending delegates to convention.

Membership: absent

Cultural: absent

Treasurer: Millie Wright reported the status of the lodge's expenditures and income. A nice profit was made at the Lutefisk social.

Social: (1) Judy Sawyer reported that the Christmas party was wonderful and she is planning for the Salmon Dinner in Febru-

ary. She has a good committee and the cost will be \$20 in advance or \$25 at the door. Judy will be receiving reservations. At this point there is no program other than dinner. Judy and Jean will talk to Sven and see if a program can be organized for this social. Otherwise, it will be a chance for everyone to see the new Valhall home at Ascension Lutheran Church.

(2) Judy reviewed all of the current members and found that even though our membership is strong, there are only about 62 members who are able and willing to help regularly for socials and meetings. Many senior and youth members are living out of town, or are otherwise unable to help.

(3) Cupids Catering will cater our March social.

Newsletter: no report

Website: no report

Historian: Jean is working on a 2015 album and is trying to locate pictures taken by others at recent Valhall events.

Library: Else reported that the library is currently packed in boxes, but Susan assured us that a good sized room will be available for us at the church. They are in the process of clearing it out for us.

Foundation: Rick said the Piggy is currently packed, but he will bring it out for meetings when unpacked.

Corporation: nothing to report on the audit.

OLD BUSINESS:

(1) Rick reported that he, Aprell and Marc have not been able to meet to review the bylaws. He will contact them and figure out a way for the group to work on it.

(2) Susan mentioned grants that are available from Sons of Norway and discussed with the board what we might be interested in applying for. More information is on the website. We are not sure what is needed at the new meeting location.

(3) Susan reported that lodge piano is currently in the storage Pod. We may not need it at the ALC as they have a nice piano already. She will talk to Sven and the membership about it.

(4) Susan reported that rosemaaling classes have been very poorly attended and may

be discontinued for now.

(5) The 501C3 form has not been filed yet. This would allow the lodge to receive donations with a tax exempt status. Allen will talk to John Sunnen at HON to see if we can get some legal help with the submission, which is a long form and complicated to fill out.

(6) Arlene reported that she put an article in the Viking to clarify permission for printing pictures of members on the website and in the Viking.

NEW BUSINESS:

(1) Susan opened for discussion the option of streamlining parts of the meeting at the new location. We will set up tables at the front of the room for officers and chairs for members. There are American, Norwegian and Canadian flags permanently hanging in the new hall, so we do not have to set up our own. This will make the Marshalls job simpler. For now officers will continue to wear their sashes and the president will still use a gavel, but the format will be more casual.

(2) Susan showed us the location where a bank of cabinets will be built for us to store our belongings. A carpenter has not yet been selected.

(3) We will need to elect delegates for the Loveland, CO convention at the February lodge meeting. The president will attend and we will choose 6 delegates. The lodge will pay for transportation, lodging and the meeting. The dates of the convention are June 19-22.

(4) Susan reported that there may not be a social in April, traditionally this is the delegate social to help raise money for the delegates. Alternatively the April lodge meeting could have games such as bingo or bunko as a fundraiser for the convention.

(5) Millie reviewed the proposed 2016 budget with the board in detail and several changes were proposed. The budget will be shared with members at the February meeting.

FOR THE GOOD OF THE ORDER:

Millie and Judy proposed having raffle tickets and prizes like we used to at socials.

Minutes of the February 8, 2016 Board Meeting of Valhall Sons of Norway, Inc.

The following members were present at this board meeting: Susan Cody, Janet Weber, Millie Wright, Jean Shogren, Arlene LaBree, Judy Sawyer, Allen Johannesen, Else Ottesen, Steve Rawlinson and Rick Hausvik.

Adjournment:

The board meeting adjourned at 8:40PM. The next board meeting will be on April 20. The next lodge meeting will be on February 8 and the next social will be February 20, 2016.

Respectfully submitted by:
Janet Weber
Secretary
Valhall #6-25

The regular February meeting of Valhall Sons of Norway Inc. Board was held prior to the February meeting of Valhall lodge No 6-025. It was called to order by President Allen Johannesen at 6:44PM.

Present: President: Allen Johannesen, Vice President: Sigurd Stautland, Treasurer: Rick Hausvik, Secretary: Aprell Bigler, and Director Susan Cody. Directors Don Balmer and Andreas Ueland were absent.

Unfinished Business:

The Statement of Information (SI) has been filed. The next filing is due in November 2017.

New Business:

The elections of Corporation Officers for 2016 were held and the results are as follows:

President:	Allen Johannesen
Vice President:	Sigurd Stautland
Secretary:	Aprell Bigler
Treasurer:	Rick Hausvik

The minutes of the regular board meeting held on October 5, 2015 were read and approved.

The "Third Quarter and Fourth Quarter of 2015" treasurer report was reviewed and discussed. It was moved, seconded and passed to accept the treasurer report.

Good of the Order: None

The meeting was adjourned at 7:04PM. The next regular meeting of the Valhall Sons of Norway Inc. Board will be on May 9, 2016 at 6:30PM, prior to the May Valhall lodge meeting.

Respectfully submitted,
Aprell Bigler, Secretary

SERVICES DIRECTORY

Financial Benefits Counselor
Pat Kelly
(818) 986-7199
amlives@aol.com

Valhall Web Master
Steve Rawlinson
sjr@alum.mit.edu

Sunshine Committee:
Ingrid Lindgren
(858) 277-3376
Wendy Hovland-Henry
858-451-7964

Blood Bank Representative
David Murguia
(619) 755-3297

Tubfrim Chairperson
Susan Cody
619-303-5220

Rosemaling Classes
Carmen Cleary
(619) 922-6071

Hiking Vikings

"The Hiking Vikings" from Valhall Sons of Norway is participating in the San Diego Brain Injury Foundation's "Walk for Discovery" on Saturday, **March 19th 8:00am**, at Mission Bay Park - de Anza Cove 2740 DeAnza Road, San Diego, CA 92109.



Please go to our website and register for the "Hiking Viking" Team. Pay \$25.00 registration fee or, if you are not planning to walk, make a donation to the cause. You can come and watch even if you don't plan to walk.

Click on this link to get to our webpage. <http://www.classy.org/fundraise?fcid=620161>

Let's make this the best walk ever! Notify your friends. Just forward this message to as many as you want. People can participate in the fundraiser even if they don't live in San Diego.

Sven Olsen & "The Hiking Viking" Team

Ladies of Valhall cordially invite you to join us at a luncheon to celebrate our 25th Anniversary.



WHEN: Saturday, April 2, 2016

WHERE: Mission Valley Resort
875 Hotel Circle South, San Diego, CA 92108

TIME: 11:00 a.m. to 2:30 p.m.

ENTERTAINMENT:

A scene from Act IV of Henrik Ibsen's play [Hedda Gabler](#)

LOV members will be assisted by professors from SDSU Theatre Department, Dr. Michael Harvey and Dr. Peter Larlham.

The production will be produced by Dr. Anne-Charlotte Harvey, also of the SDSU Theatre Department.

Menu: Caesar Salad
California Chicken Monterey
Red Skinned Oven Browned Potatoes
Vegetable Medley
Rolls and Butter
Strawberry Pound Cake



Price: \$25 per person (payable to LOV)

Send reservations/payments to:
Sandra Yeaman,
1401 La Vista Ave, El Cajon, CA 92020
sandrayeaman@gmail.com
(619) 741-5178

***All members of LOV and Valhall Lodge (men and women) are invited.
RSVP by March 21, 2016.***



Don't Miss This Chance

At our 25th anniversary celebration on April 2, 2016, the Ladies of Valhall will be presenting a reading from the last act of Henrik Ibsen's play *Hedda Gabler*. It is one of his most famous plays and was a bombshell when it was published in 1890. Many theaters refused or delayed for several years to present it because of its controversial content.

We are extremely fortunate to have Dr. Anne-Charlotte Harvey as our instructor. She has a great deal of experience from the San Diego State Theatre Department, where she was a professor for many years. Our reading requires two male actors, and we have them! They are also well known professors from the SDSU Theatre Department, and will read important roles. We are grateful to Drs. Michael Harvey and Peter Larlham for their participation. The LOV itself has very good in-house actresses. Some of you have already seen and heard Susan Cody and Jean Shogren in action. You have something to look forward to!

In addition, you may want to note that the North Coast Repertory Theatre will present the entire play in early June 2016. It will be based on Dr. Anne-Charlotte Harvey's translation of the original play from Norwegian. She will also serve as the play's instructor.

Anne Kløvnes Høidal,
LOV Cultural Committee co-chair



Sons of Norway Mission Statement

*The mission of Sons of Norway
is to promote and to
preserve the heritage and culture
of Norway,
to celebrate our relationship
with other Nordic countries,
and to provide quality insurance
and financial products to its
members.*

“Every Member Get a Member”

Starting January 1, 2016 through December 31, 2016 District Six has a special membership recruitment program. For every new adult member that is referred by a Sons of Norway member and that referring member's name is indicated on the membership form, that member will receive a \$5.00 gift card from the District. No limitation on the number of members you may recruit. Send the form copy to:

Luella Grangaard, PO Box 832, Morongo Valley, CA 92256

For further information contact your local lodge Vice President or District Six Vice President Luella Grangaard 760-363-7704 or morongo2@verizon.net.



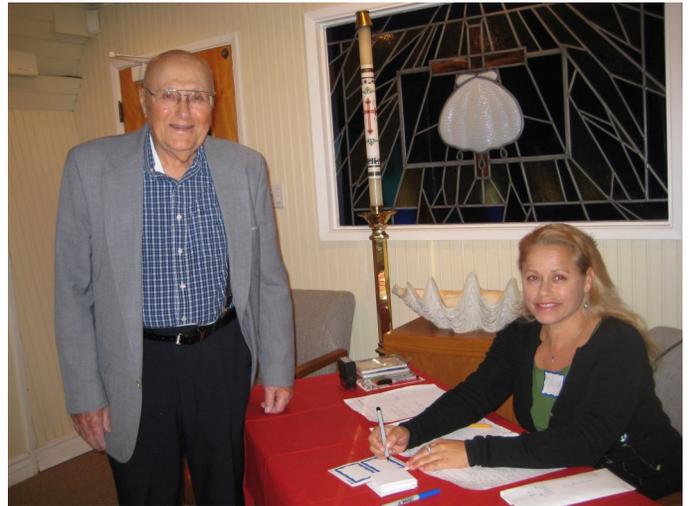
FAMILY MEMBERSHIP

FREE membership is available to individuals, age 16 through 23, who are lineal descendent's of a current Sons of Norway member or resides in the same household as a Sons of Norway member. If qualified, these individuals can become member and not pay dues under the “Family Membership” program.

Please sign up an Unge Venner today so he/she can begin enjoying the benefits of this FREE membership and start learning about their Norwegian heritage.



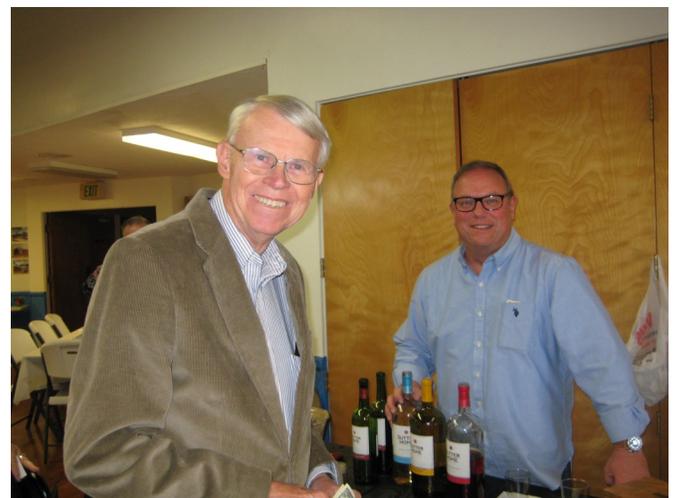
Social Director Judy Sawyer checking out the new kitchen to get ready for the salmon dinner social in February.



Monica Johnson manned the Registration Desk to greet guests as they arrived for the Salmon Dinner.



Ellen Spitzer and Rick Hausvik preparing food for the Salmon Dinner social in February.



Oddvar Hoidal and bartender Austin Moore.



Diners enjoying the Valhall's Salmon/Meatball Dinner.



February Committee's two bartenders, Megan and Austin Moore

SONS OF NORWAY 6TH DISTRICT SCHOLARSHIP

For school year 2016-2017

Application for \$1,000 Scholarships

for an Undergraduate Student attending an Accredited 4 year American College or University

Applicant for this scholarship must be a current Unge Venner* or a Youth Member of a Sons of Norway, District 6 Lodge

Application must be postmarked on or before April 1, 2016

For the school year 2016-2017, SON District 6 is pleased to award **three (3) scholarships of \$1,000 each**, to students entering their sophomore, junior or senior year in an accredited college or university in the USA. Scholarships awarded will be payable jointly to the student and the institution of learning and mailed to the student before August 1 of the application year. Students may apply each year of their undergraduate study.

Eligibility Requirements:

* A youth between the ages of 16 and 23 inclusive, who is a lineal descendent or resides in the same household as a District 6 Sons of Norway member in good standing; or a youth member paying Unge Venner dues.

Applicant must be 23 years old or younger on April 1 of the application year.

Applicant must be enrolled in a n accredited 4 year American college or university.

Applicant must be a full-time undergraduate student who has completed at least one (1) term (semester or quarter) of studies. Scholarship funds are intended to be awarded for studies in the sophomore, junior or senior year.

Applicant's college or university Grade Point Average (GPA) must be 2.50 or higher, based on a letter grade scale of A=4, B=3, C=2, D=1, F=0.

PLEASE COMPLETE THE ATTACHED APPLICATION FORM AND RETURN WITH THE FOLLOWING:

Check list of Requirements:

Include ALL items required in 1 envelope. Incomplete applications will not be considered.

1. Application form completed and signed.
2. Official transcript in a sealed envelope from the college or university you are attending, presenting work you have completed to date.
3. Two letters of recommendation in sealed envelopes: 1 from a faculty member of the institution you are attending and the other from a member of your lodge in District 6.
4. A statement of extra-curricular activities in which you participate, verified by documentation.
5. Sons of Norway activities and events in which you have taken part.
6. Essay of not more than 250 words, describing your current understanding of your career goals, how you plan to pursue them and how your studies will honor the Scholarship and the Sons of Norway.
7. Recent photo (headshot) no smaller than 3 inches wide by 4 inches high.

This application is downloadable in Sons of Norway District 6 website www.sofn6.org under Scholarship.

If you have questions, please email Sons of Norway District Six Scholarship Chairperson, Carl Ingvoldstad at cingvoldst@aol.com.

Carl P. Ingvoldstad, Sons of Norway District Six Scholarship Chairperson
Sons of Norway District Six Scholarships

See website www.lodgeofvalhall.com for application form.

SIXTY THIRD
ROSEMALING SEMINAR AT CAMP NORGE
April 23/24, 2016

It is time to make your reservations for the adult (18 years and over) Spring Rosemaling Seminar at Camp Norge. We will have two classes. The teachers are Karen Nelson and Carl Larson.

We will be painting a 10" ale plate (round plate with handles on two sides). Karen is teaching a Valdres pattern on a blue/green background. Carl will teach a Rogaland design with a touch of Valdres influence on a black background. Check the Camp Norge Website for pictures of both projects: www.campnorge.org. I am also attaching them to this notice.

Please make your bed reservation with me. I develop the list of who is in which room. You will pay for your bed when you arrive at Camp. It is not included in your class fee. Bring your current membership card. If you can't locate your membership card, bring the last issue of your Viking Magazine. It has your number in the address box. Members pay \$16.20 per night; guests pay \$27.00 for beds in the dorms, which includes 8% Placer County Occupancy Tax. Only members are allowed to stay in the main house and the cozy cabins. For people who want to room together, I need to receive the list of names with the first reservation. RV's are encouraged as we have a limited number of beds. Members pay \$25 per night for up to four people per RV. Guests pay \$35 per night for RV's. Camp has electrical and water, but no sewer hookups. Tents are \$15 for up to four people for members, \$20 for non members. No occupancy tax on RV's or tents. Pets are \$2 per night. Pets are not allowed in any of the buildings, pool area or sleeping rooms at any time.

Please include your full phone number, address and lodge name and number when registering. If you have e-mail, please include your e-mail address. It is so much faster and cheaper if I need to talk to you. The supply lists will be sent when I receive your registration form and check. **ABSOLUTELY NO E-MAIL RESERVATION REQUESTS.** I need the check and registration form together. Be sure to send a self addressed stamped envelope for your supply list and class confirmation information if you do not have e-mail. *I will not be sending you a supply list unless you send me a self-addressed, stamped envelope or your e-mail address with your registration form*

The cost of the seminar will be \$87 for registration which includes the class and wood piece all base coated and ready to go, hall rent, and the meals. There will be \$25 cancellation fee for any cancellations, but absolutely no cancellations after April 9th. It is difficult for people on the waiting list to take your place if they do not have at least a couple of weeks to make their plans, so please be thoughtful. Melanie Souza will again do our cooking. The cost for food for the weekend is included in the \$87 registration fee. The food includes breakfast, lunch and dinner on Saturday and breakfast and lunch on Sunday. You were so very generous and cooperative with the cookies last time. I do so appreciate that. We will ask just one class to bring cookies, and will rotate those classes each time. The information will be on your supply list.

My e-mail address is pennyjknudsen@sbcglobal.net. My phone number is (916) 941-6433. Please **cut off** and complete the following registration form, make your check payable to Penny (not Camp Norge) and return as soon as possible with your stamped, self-addressed envelope for supply list if you do not wish to receive it by e-mail, to:

Penny Joseph Knudsen, 3774 Park Drive, El Dorado Hills, California 95762

APRIL 23/24, 2016 ROSEMALING SEMINAR REGISTRATION FORM

Name _____ Phone (____) _____ I need a bed reservation: Yes _____ No _____

Address _____ e-mail address _____ I want to room with: _____

City _____ Zip _____ Name of Lodge _____

Class I want is: Karen _____ Carl _____ I am bringing my RV _____

I am enclosing \$87 for registration fee for food and class. I am bringing my tent _____

My spouse and/or family will be eating with us and I enclose \$35 for each _____

Lodge Name Badges

All members are encouraged to purchase and wear name badges so that we can get to know you and you can get to know everyone else.

Order your name badge directly from Awards of Tahoe.

These are the same hard white plastic name badges with the lodge name in white and the Sons of Norway shield in red, white & blue that many members already have. Your name and Valhall #6-025 will be in blue.

The cost for each badge is \$8.50 (includes tax and shipping). This badge has a pin. Magnet badges are also available for \$9.50 per pin.

To obtain your name badge send this form and a check for \$8.50 (or 9.50) per badge to the address shown below. Make the check payable to Awards of Tahoe

Phone: 530-541-6661

Email: AOTahoe@aol.com

**AWARDS OF TAHOE
P.O. Box 10271
Zephyr Cove, Nevada 89448**

**Please send Sons of Norway
name tag(s) for:**

**(Please Print Names)
Valhall Lodge No. 25
San Diego, CA**

Enclosed is my check for _____
\$8.50 or \$9.50 per badge (includes tax and
shipping) Payable to **Awards of Tahoe**.
Please send the name tag(s) to this address:

Name _____

Street _____

City _____ **ST** _____ **Zip** _____

Phone: _____

Look to SONS OF NORWAY

For
Affordable Insurance and
Great Annuities.
All financial products are
Guaranteed with no risk

- ◆ Estate Planning
- ◆ Retirement Planning
- ◆ Life and Term Insurance

Contact our FBC Financial Benefits Counselor For California:

Pat Kelly:

Tel: 818-986-7199

Cell: 818-667-6627

Fax: 818-905-5785

Email: amlives@aol.com

This is a service provided by Sons of Norway International for AMembers ONLY!
You cannot find earnings rates as good as SOFN Offers in other major financial institutions

Valhall's Website

The newsletter is limited I the amount of space it has for pictures and registration forms, etc. Our website is not that limited.

Go to <http://www.lodgeofvalhall.com>

You will find current dates for upcoming events, flyers, registration forms, scholarship and camper-ship applications, newsletters and more.

More Photos!! Only a few photos make it to the newsletter, see the complete collection on the website—your photo may be there! Jean Shogren, our historian, takes lots of photos at lodge events.

So check out the website and find out everything you always wanted to know about Valhall but didn't know who to ask.

Steve Rawlinson is our webmaster. Comments and questions about the website can be sent to him at sjr@alum.mit.edu

Valhall Viking
Published Monthly by
SONS OF NORWAY
(Valhall Lodge) 25

Arlene LaBree, Editor
11128 Blythe Road
San Diego, CA 92126-1103

NON PROFIT ORG.
U.S. POSTAGE
PAID
SAN DIEGO, CA
PERMIT No. 960

DATED MATERIAL

Please Deliver Promptly

Valhall Viking
MARCH 2016

MARCH

3/5 Sat LOV Meeting
3/10 Thu Knit & Chat group
3/14 Mon Lodge Meeting
3/19 Sat Valhall Anniversary Dinner

APRIL

4/2 Sat LOV 25th Anniversary Luncheon
4/11 Mon Lodge Meeting
4/14 Thu Knit and Chat group
4/20 Wed Board Meeting

MAY

5/7 Sat LOV Meeting
5/9 Mon Lodge Meeting
5/9 Mon Corp Meeting
5/12 Thu Knit and Chat
5/17 Tue Norwegian Flag Raising at Balboa Park
5/21 Sat Valhall 17th of May Social



Next newsletter is the
April issue

Deadline for the
April Valhall Viking
is March 23, 2016

E-Mail articles to:
lodgevalhall@yahoo.com
or alabree25@yahoo.com