



1912—2015



**VALHALL
LODGE**

Meetings
at the
**East San Diego
Masonic Temple
7849 Tommy Drive
San Diego, CA
92119-1799**

www.lodgeofvalhall.com

www.sofn.com

Next Lodge Meeting
Mon Oct. 5, 2015
7:00 pm

Heritage Dinner
Sept 19, 2015

Newsletter Deadline:
Sept. 23, 2015

The Southern California Krettstevne

Fri, Oct 23, 2015 - Sun, Oct 25, 2015

The Southern California Krettstevne (SCK) is a weekend event for Sons of Norway Lodges in District 6. Members from different lodges get together for this camping weekend to enjoy comraderie and fun. This is an opportunity to get to know your own lodge members better and to meet members from other lodges.

The Krettstevne this year is being held in Banning, California. Join us for the weekend or a day trip for a wonderful blend of Norwegian Heritage and fellowship. The campground is a short distance south of Hwy 10 in Banning, 25 miles west of Palm Springs. The camp is on level ground at low elevation. Banning Stagecoach KOA Campground & RV Park 1455 S. San Geronio Avenue, Banning, CA 92220

- ◆ Play Bingo Friday night
- ◆ Bid on Silent Auction items Saturday
- ◆ Learn some Folk Dances
- ◆ Enjoy Music, Singing
- ◆ Heritage Crafts
- ◆ Cultural Food Demonstrations
- ◆ Heritage DVD programs and/or Slide Show program
- ◆ Enjoy a side tour to Gilman Historic Ranch & Wagon Museum on Saturday, 1:00 – 3:00 pm - Small extra charge at time of tour

Swimming pool, tree lined paths, and other amenities make this park a great place to camp. Definitely not too rustic for the anyone!

See more information on registration form on page 7 of this newsletter.



Heritage/Membership Dinner

At Valhall Lodge

Saturday, September 19, 2015



This is our annual membership drive dinner. Bring a friend!

Open-faced Sandwich Buffet

Featuring:

Dark & Light Bread

Herring

Smoked Salmon with capers

Scrambled Eggs

Hard Boiled Eggs

Shrimp

And More...

Butter Lettuce

Karbonade with Fried Onions

Cole Slaw

Cheese and Fruit Board

Coffee, Tea



During the cultural dinner in September, there will be ethnic food demos such as waffle making, lefse making, krumkaker, open face sandwiches.

People will be able to observe, make and eat their dinner

Additionally, we plan to have folk art exhibition with rosemaling, woodcarving, knitting etc. and perhaps a table or so with people bringing in their Norwegian artifacts.

Happy hour at 5:00pm—6:00pm

Dinner at 6:00pm (one seating only)

Cultural and Heritage Program following dinner

Cost: \$13.00 per person (if pre-registered before Sept 15)

\$15.00 at door unregistered

Children/grandchildren under 12 years FREE

Members: Bring a guest!

Free to Prospective Members participating in a brief presentation regarding Membership

Please send in registration form or contact Millie Wright before Sept. 15

Name _____ # of adults _____ # of children _____

Total enclosed _\$ _____

Mail to:

Millie Wright

14215 Pecan Park Lane, #5A

El Cajon, CA 92021-2760

Email: mvw1@cox.net

619-443-0942

Into the Woods: Norway and the Future Library

The Nordmarka forest sits just outside of Oslo. In a large clearing a thousand newly planted trees are growing. For now they are young and fresh, but they will grow tall over the next century, steadily reaching skyward as Norwegians, tourists and visitors hike past. What's special is that these are the trees that will one day play a major role in the Future Library project.

The Future Library is a century long project begun by the artist Katie Peterson. Every year as the trees grow, an author will be asked to write a secret manuscript. Nothing other than the title will be known to anyone until the unveiling one hundred years from now. Each year a manuscript will be added to Future Library and kept in a special room at the New Deichman public library in Oslo (Deichmanske bibliotek).

Then, in 2115 the trees from the Nordmarka forest will be cut down to create the paper on which the books will finally be printed. In the meantime, no one will be able to read the works of the chosen authors, but visitors will be welcomed to the library where they can browse through the titles and speculate on what the stories will entail.

In many ways the project is a fundamentally hopeful one. In the age of e-books and quickly moving news, Future Library is taking the slow road. The books produced a hundred years from now will be made in a traditional and instantly recognizable style.

Future Library is meant to bring together art and the natural world like the rings of a tree, slowly growing over time to leave a gift for future generations.

The first author to create a work for Future Library is Margaret Atwood, the award winning Canadian writer. The author for 2015 is Britain's David Mitchell. To make sure the project has long term support a trust has been founded, and every ten years new members will take over. Future Library is supported by the City of Oslo, and the Bjørvika Utvikling, a development in Oslo dedicated to revitalizing the port neighborhood of the city and to bringing art and culture to the city.

Though the authors and members of the trust will be drawn from all over the world, the trees and books will remain in Norway.

Lodge Officers for 2015

President	Susan Cody	619-303-5220
Vice-President	Marc Schaefer	858-880-5653
Counselor	Rick Hausvik	619-579-5447
Secretary	Janet Weber	858-484-3996
Assist. Secretary	VACANT	
Financial Secretary	Aprell Bigler	619-284-6221
Treasurer	Millie Wright	619-443-0942
Social Director	Judy Sawyer	619-993-9113
Assist. Social Director	Joyce Oen	858-271-6229
Cultural Director	Sven Olsen	760-735-6171
Assistant Marshal	Steve Rawlinson	619-275-1934
Assistant Marshal	Patrick Kearney	
Greeter	Lou Coover	610-264-9486
Historian	Jean Shogren	619-287-6056
Librarian	Else Ottesen	858-569-5960
Musician	Ragnhild Amble	619-465-7425
Editor	Arlene LaBree	858-271-8709
Assistant Editor	Amelia Seeto-Murguia	619-988-2452
Foundation Director	Rick Hausvik	619-579-5447
Publicity Director	Sven Olsen	760-735-6171
Youth Director	Ellen Spitzer	619-444-9077
Sports Director	Ellen Spitzer	619-444-9077
Trustee (3 years)	Raymond Johnsen	858-459-5430
Trustee (1 year)	Joyce Oen	858-217-6229
Trustee (2 years)	Judy Sawyer	619-993-9113
Auditors:	Allen Johannesen	858-452-1797
	Thelma Johannesen	858-452-1797
	Sig Stautland	619-299-9237
Corporation Directors		
	Andy Ueland	619-226-1946
	Don Balmer	619-466-2179
	Susan Cody	619-303-5220
Corporation Officers		
President	Allen Johannesen	858-452-1797
Vice President	Sigurd Stautland	619-299-9237
Secretary	Aprell Bigler	619-284-6221
Treasurer	Rick Hausvik	619-579-5447





Happy Birthday
Gratulerer Med Dagen!



SEPTEMBER BIRTHDAYS

2	Janet Weber
3	Else Ottesen
4	Helen Johnson
5	Lorraine Tucker
7	Glenda Holsbo
7	Ann Hougen
11	Donald Stewart
12	Graciela Lee
16	Everett Shogren
17	James Seiler
17	Barbara Paulovich
17	Anne-Lise Eielsen
18	Dolores Anderson
21	Ada Soberg
21	James Hollarn
22	Mary Kay Olson
22	Jeanne Scott
29	John Chisholm
29	Marit Vincent



Barnas Klubb

Crafts, Cooking, & Culture

Valhall Lodge Kids Activities at Socials

Free classes in Rosemaling for Valhall members.

Thursdays at 11:00am to 2:00pm
Sept. 10 & 24th

MEETING AT CARMEN'S.FOR NOW.

Classes will resume on September 10. Contact Instructor Carmen Cleary by phone at 619- 922-6071 or email carmencleary@gmail.com for more information.

Genealogy Explorers

The monthly genealogy meetings are being discontinued due to low attendance. Future classes will be scheduled when enough members express an interest. Thank you And thanks to Linda Rawlinson and Dale Roybal for all the interesting Norwegian genealogy topics they shared with us at the meetings.

Email alabree25@yahoo.com for more information. Thanks

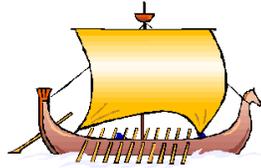


Sons of Norway Mission Statement

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

LOV NOTES

July and August 2015



Next Meeting: September 5, 2015 at 9:00am. Denny's Restaurant in Fletcher Hills

Hostesses: Jean Shogren; Rosalie Olson

As it has been the Ladies of Valhall tradition, no formal meetings were held during July and August. But, the July heat wave did not stop several of us from getting together at member Ingrid Lindgren's home for lunch. Ingrid and I made sandwiches; others provided salads and of course there was ice cream to finish of the light meal. Friendly talk and lots of laughter filled the room.

The month of August found us gathering one Saturday morning at the House of Norway in Balboa Park. Seventeen of our members were present to exchange their thoughts on the various Jo Nesbo mystery novels they each had read. Tam Stautland, our cultural chairperson, provided us with some biographical background about the author that added to the lively discussion. There was also a tasty selection of Norwegian faire to wet our appetites.

Valhall lady members, who have not taken the leap to join us on a Saturday morning, please do not hesitate to come and get acquainted. Our ladies have a long history of assisting our lodge in sharing its Norwegian heritage. The group was founded in 1991 and we are looking forward to celebrating 25 years next year. I joined the Sons of Norway in 2000 and my involvement in LOV has helped mke it a much richer and meaningful experience. I found it to be a very welcoming group and know you will too! I am looking forward to seeing everyone again this September at Denny's.

Dale Roybal, LOV President



*Dale Roybal, 2015
LOV President*



The Ladies of Valhall book club met at House of Norway to discuss the life and works of Jo Nesbo.

SERVICES DIRECTORY

Financial Benefits Counselor
Pat Kelly
(818) 986-7199
amlives@aol.com

Valhall Web Master
Steve Rawlinson
steverawlinson45@gmail.com

Sunshine Committee:
Ingrid Lindgren
(858) 277-3376

Blood Bank Representative
David Murguia
(619) 755-3297

Tubfrim Chairperson
Susan Cody
619-303-5220

Rosemaling Classes
Carmen Cleary
(619) 922-6071



Minutes of the Valhall Lodge Meeting

Wednesday, July 15, 2015

Call to Order:

Susan Cody called the meeting to order at 5:45 PM. There were 11 board members present: they are listed at the end of the minutes.

OFFICER REPORTS:

President: no report

Vice President: absent

Secretary: no report

Counselor: absent

Treasurer: Millie Wright reported the status of the lodge's expenditures and income. Millie reported that the ice cream social after our June lodge meeting made a very small profit, which was unexpected.

Cultural: Sven Olsen was absent as his wife Joyce broke her ankle and needed surgery. He is the chair of the September Heritage Social and that committee will meet on August 5 for final planning.

Social Director:

(1) Judy Sawyer reported that she and Sven have discussed the planned potluck for the September Heritage Social and wondered if it was cultural enough. Judy brought up the idea of an alternative dinner of "make your own" Norwegian style open-faced sandwiches. Traditional Norwegian toppings would be provided. There could also be a cheese and fruit board and several traditional salad dishes. Board members agreed this was a good idea and other suggestions were made. Final choices include: Carbonade, cole slaw, herring and a cold scrambled egg dish. (2) There will be dessert stations for waffles and Krumkake. (3) Other heritage stations will have displays for woodcarving, Norwegian language and genealogy. (4) Aprell Bigler reminded us that members are encouraged to bring guests who might be interested in joining the lodge. There is no charge to potential members as long as they fill out an information form. (5) The time of the social was discussed and it will begin at 5:00 with a social hour, followed by dinner at 6PM. (5) Judy will check on the possibility of having some musical entertainment, such as a fiddle player.

Website: Steve Rawlinson will update the website with the flyer for the heritage event and other new information.

Membership: (1) Aprell Bigler reported that as of June 2015 the lodge has 237 members. (2) She and Insurance Representative Pat Kelly will be setting up a table at the Heritage dinner with their respective brochures and membership information.

OLD BUSINESS:

(1) Aprell Bigler and Rick Hausvik have not yet reviewed the Bylaws. Aprell will contact him to arrange a time to meet. (2) Susan Cody reported that our building manager Tim has requested that we provide him our schedule for next year as soon as possible. A discussion followed about Monday vs. Saturday lodge meetings. Attendance has been a little lower on Monday than it was for Saturday lodge meetings. Decision was made to have meetings and socials on the third Saturday. There will be 4 lodge meetings (Feb., April, Sept. and Dec). Socials will be: January: Installation
February: lodge meeting & social TBD
March: Anniversary
April: lodge meeting, social TBD
May: Syttende Mai
June: possible ice cream social, depending on the rental terms.
July & August: summer break
September: lodge meeting and Heritage social
October: Krettstevne
November: Lutefisk and Lillebutikk
December: lodge meeting and Christmas Potluck.
On the Saturdays with meetings, start time will be 4PM for the meeting, followed by the social.

(3) The Corporation will schedule 3 or 4 meetings for next year.
(4) Board meetings will be scheduled for January, April, July and October of 2016.

NEW BUSINESS:

(1) President Susan Cody reported that she has information about 3 Sons of Norway grants that we can apply for. She has

deadline information and will submit the applications online but she needs input for suggestions for grants. Examples are: heritage, technology, sponsoring a school and guest speakers.

Items considered were:

- television and DVD player
- audio equipment such as new microphones
- video projector
- check our flags & stands, see if any need to be replaced
- cultural, such as having a genealogy lecturer

This will be further discussed by the Heritage social committee when they meet in August.

(2) Millie Wright will send a \$20 check as an anniversary gift to Solskinn Lodge which is celebrating its 20th anniversary. It is in our budget to do this for District 6 lodges.

FOR THE GOOD OF THE ORDER:

Steve Rawlinson inquired about the October Krettstevne. It will be held at the same place in Banning as last year. Susan Cody added that they have very nice accommodations and most events are held indoors. It is very fun and no one should worry about having to 'rough it' in the great outdoors.

The following members were present at this board meeting: Janet Weber, Aprell Bigler, Else Ottesen, Ragnhild Amble, Susan Cody, Millie Wright, Stephen Rawlinson, Peggy Gere, Jean Shogren, Judy Sawyer, and Allen Johannesen.

Adjournment:

The board meeting adjourned at 7:00PM. The next social will be on September 19. The next lodge meeting will be October 5. The next board meeting will be on October 14.

Respectfully submitted by:
Janet Weber
Secretary
Valhall #6-25

Sons of Norway 24th Annual Weekend Southern California Kretsstevne

Friday, Oct. 23 - Sunday, Oct. 25, 2015

SCK Banning Fall Weekend

Join us for the weekend or a day trip for a wonderful blend of Norwegian Heritage and fellowship. The campground is a short distance south of Hwy 10 in Banning, 25 miles west of Palm Springs. The camp is on level ground at low elevation.



Banning Stagecoach KOA Campground & RV Park
 1455 S. San Geronio Avenue, Banning, CA 92220
<http://koa.com/campgrounds/banning-stagecoach>

- Play Bingo Friday night and Bid on Silent Auction items Saturday
 - Learn some Folk Dances. Enjoy Music, Singing, Heritage Crafts, and Camaraderie
 - Cultural Food Demonstrations, Heritage DVD programs and/or Slide Show program
 - Enjoy a side tour to Gilman Historic Ranch & Wagon Museum on Saturday, 1:00 – 3:00 pm
- Small extra charge at time of tour



**** Lodging Options ****

Limited number of RVs (4) and Park Models (3) for rent. Pricing is for two nights

Park Model – bedroom and foldout couch	\$130.00
RV – various sizes and accommodations, TBD	\$ 95.00
RV space, full hookups	\$ 65.00
Tent space	\$ 50.00

Please complete the registration form below and mail with your check made out to:
Southern California Kretsstevne. Mail by October 10 to:

Nancy Madson, SCK Registrar
 28-351 Via Las Palmas
 Thousand Palms, CA 92276

Home phone: (760) 343-0848
 e-mail: norsknm@earthlink.net



----- cut here and mail -----

Name(s) _____ **Lodge** _____

Children _____ **Ages** _____
Phone () _____ **E-mail** _____

SCK Registration Fee – all attendees _____ Adults @ 7.50 each/Family \$15.00 \$ _____
 Includes commemorative Rosemaled Kretsstevne pin for adults

Fri. Night Soup & Salad Dinner _____ Adults @ \$8.00 each _____ Children under 12 Free \$ _____
 Sat. Norwegian Pancake Breakfast _____ Adults @ \$4.00 each _____ Children under 12 Free \$ _____
 Sat. Hot Dog in Lefse Lunch _____ Adults @ \$5.00 each _____ Children under 12 Free \$ _____
 Sat. Tri-Tip Dinner _____ Adults @ 12.50 each _____ Children under 12 Free \$ _____
 Sun. Egg Bake Breakfast _____ Adults @ \$4.00 each _____ Children under 12 Free \$ _____

Lodging: Use pricing from above - Circle one
 Park Model _____ RV rental _____ RV space _____ tent space \$ _____

TOTAL AMOUNT, check written out to: Southern California Kretsstevne \$ _____



Sons of Norway Vinland Lodge 6-159



20th Anniversary Celebration

Sunday, October 11th
Glen Oaks Community Club House
40601 De Portola Road in Temecula's Wine Country

Join us to celebrate 20 years with Vinland Lodge!

Dinner will be catered by the owner of the Nordic Fox restaurant.
The menu is roast stuffed pork loin (Svinekjøtt med Svsker), fresh vegetables and potato, salad, beets, fresh rolls, with Vinland's famous dessert table and coffee afterwards.

Our bar opens at 1:00 PM, with a selection of local Temecula wines and Aquavit.
Soft drinks and water are also available.

Music will be provided by the Scandia Gammeldans Musicians.
Everyone is encouraged to wear their bunad.
We will have our wonderful raffle, with many Scandinavian items included.

Social hour 1:00 PM, Dinner 2:00 PM

\$22.00 (Pre-reservation necessary)
No reservations or money will be accepted at the door.
Cutoff date is October 1st. Thank you!

Name _____	Phone _____

Send your check & reservation ticket above postmarked by Thursday, October 1st to:

Caronne Van Nyhuis
34250 Royal Netherlands Road
Winchester, CA 92596
Call 909-239-8399 with any questions.



Directions:
Go I-15 South, exit 79/ Temecula Parkway and turn left.
Go to Anza Rd. and turn left.
Go to DePortola Road and turn right.
*Clubhouse will be on the right. Look for the flag!
Location:
Glen Oaks Community Club House
40601 De Portola Road in Temecula

Camp Norge News

The first edition of the official newsletter of District 6 Recreation Center (Camp Norge), Camp Connections, is hot off the press. It is an impressive document that you can view on the Camp Norge website campnorge.org. We also have it on our lodgeofvalhall.com website. There is lots of news about the Camp and the changes that have occurred since spring.

In May, the President, Vice-President, and Secretary of the Recreation Center Board resigned, although they continue to assist the Board with their special talents. Two new members were selected to serve on the Board. They include Bruce Fihe and David Lutes. The new officers are Fred Hymans, President; Kirby Aasen Vice-President; Vicki Running, Secretary; with Susan Winje continuing as Treasurer. There also is a new caretaker, David Black.

Over Memorial Day weekend, the new Stabbur was unveiled. It is located at the Northeast corner of the meadow near the cozy cabins. It is larger than first conceived by Penny Joseph Knudsen, and plans are now underway to add furniture to accommodate four people. It sounds like it will be a fun place to stay on a visit to the Camp.

There is 1,200 feet of new asphalt on the Camp's road from the upper driveway at the Main House all the way up to the cell tower and the fire water tanks. Under supervision of Kirby Aasen, subcontractors for Crown Castle, with whom the Camp has the cell tower agreement, did the work. It should be a lot less dusty now when you walk or drive down to Heritage Hall and the meadow.

In late July, just after Camp Trollfjell ended, a huge forest fire raged just a few miles from Camp. It started a few miles east of Alta and Camp Norge. There were evacuations in several Nevada County communities and the fire spread for several days, but not toward Interstate 80 or Camp Norge. It eventually burned over 2,300 acres, destroyed two structures, and caused six injuries.

Dozens of communities and hundreds of dwellings were saved by the CDF. In case of emergency, CDF has an agreement with the Camp to pull water from our swimming pool – with helicopters – if needed.

Camp Norge has been called a little bit of Norway in the Sierras. It is available to all Sons of Norway members to use and visit. They offer lots of cultural events and is a great place to go camping with groups or family.

Below are some photos of Camp Norge. There are cabins to rent, RV spaces and tent camping as well as a dormitory. Here at Camp Norge you will find a multitude of great events that bring out the Norwegian in us all. You can learn the classic art of rosemalling. Join the other lodges of Sons of Norway at the annual Kretsstevne put on by Northern California lodges. Children can gather with friends and learn the Norwegian language and more about their heritage at Camp Trollfjell.

See their website for more information. www.campnorge.org.



Tromsø, Norway: A Rising Northern Star

It seems the world is finally catching on to something Norwegians have known all along: there are many things for tourists to see and do in Norway, even above the Arctic Circle. The city of Tromsø, which is known as the “Arctic Capital,” is a great example, having been recently named one of Lonely Planet’s Best Places to Visit in Europe. While the top 10 list includes plenty of scenery and activities, none are quite as unique as those offered by this Norwegian gem.

The city sits 200 miles north of the Arctic Circle, and with each season comes major changes in temperature and availability of sunlight for residents and visitors. For example, winter brings the Polar Night, a time when the sun sets in November and won’t rise again until January, is followed by slowly increasing amounts of daylight. This change peaks from May to June, when Tromsø enters the time of the Midnight Sun. Like most Norwegians, the residents of this jewel of the North enjoy outdoor activities all year round. As Lonely Planet notes, there is no shortage of ways to enjoy the great outdoors surrounding Tromsø. For nature enthusiasts there are a variety of wildlife excursions, like whale watching trips, and opportunities experience the natural wonders of Tromsø by foot or dogsled.

For those looking to enjoy the fjords there is also kayaking and fishing. All night trips are offered in every season, for those seeking Northern Lights or the feel of a never-ending sunset. For those who prefer a more “urban” experience, Tromsø also has much to offer. The main shopping and entertainment street in the city center is a pedestrian paradise where people stroll, shop and enjoy the city. The city is also home to wide array of festivals, throughout the year—from music to film to cultural events, there is always something happening to draw in visitors.

Although it is still more than a year away, Tromsø is already anticipating the grand opening of Krystall, a hotel that is being built in the fjord. Yes, the snowflake shaped, floating hotel will be in the fjord, resting on the surface of the sea. Krystall is being built as a luxury hotel that will leave no lasting environmental impact. It will also offer guests the possibility of sleeping under a glass roof that will allow the Northern Lights to dance across the bedspread. It will be yet another beautiful reason Tromsø deserves to be among the top destinations in Europe.

New Sons of Norway Member Discounts

If you haven’t heard yet, Sons of Norway has recently made some major improvements to its member discount program! Thanks to a new partnership, all Sons of Norway members now have exclusive access to PerkSpot, a onestop shop for thousands of discounts from hundreds of local and national retailers.

If you love travel, there are now have discounts on domestic and international airfares, rental cars, hotels, and travel insurance. Do you enjoy an active lifestyle? Your Sons of Norway membership now offers savings on health clubs, sporting goods and fitness equipment. Or maybe you prefer to relax at home? Then you’ll love the offers for garden & patio items, home décor, and bed & bath products.

In fact, your discounts don’t end there—Sons of Norway members will now enjoy savings in more than 100 categories, including: Apparel Automotive Beauty & Fragrance Books Cell Phones Computers Electronics Entertainment Financial Services Food Gift Items Health & Wellness Products Home & Garden Magazines Movies Jewelry Outdoors Equipment Travel But that’s not all! PerkSpot works hard to add new offers every month to enhance the program. Once you create your account, you can start saving today!

To start taking advantage of all the new offerings, visit www.sonsofnorway.com/discounts.

SAVE THE DATES!

OCTOBER 23-25

**ANNUAL SOUTHERN
CALIFORNIA
KRETSSTEVNE**

Sons of Norway
District Six Convention 2016
June 19-22, 2016
Embassy Suites; Loveland, Colorado
Folk Art Exhibition and Competition

Hosted by
Zone 8 Colorado
Fjellheim-107
Trollheim-110
Stein Fjell-114
Vesterheim-118
Vestafjell-146
Fjelldalen-162
Storfjell-169

Hilsen!

Colorado SON Lodges and District Six Board of Directors look forward to seeing you in Loveland, Colorado, and we invite **all members** to participate in the 2016 District Meeting Folk Art Exhibition & Competition! We are looking forward to an exciting display of entries - both seasoned participants and first timers!

At the suggestion of our new District 6 Cultural Director and approval of the District Board, we will initiate the Danish method of evaluating awards for entries in our Folk Art "competition" at this convention. We will still have all categories of our Folk Arts, we will still have judges, and we will still have ribbons, but not limited to 1 blue, 1 red, 1 white ribbon for each category. It won't be "everyone is a winner" (even though everyone is a winner that takes on learning these skills!) but maybe, for example, 2 blue, no red, 2 white in any one category. We also will not "group" various categories due to limited entries - each entry will be judged on its own merit. There will still be "Best in Show" chosen by the judges, and "People's Choice" awards. We hope this encourages continuous and more participation in this great part of our biannual meetings. Get busy with those projects! We are looking forward to a record display of our wonderful Norwegian Folk Arts!

We encourage all District 6 members to participate in this event - whether or not you will be a delegate to the convention. Entries are accepted as Adult Professional for those who teach and/or sell their art for financial gain. The Adult Amateur Class is for those who create their art as their past time/hobby and may share their skill with others, but not for financial gain. Please bring Youth entries - ages 16-20, and Heritage - 15 and under! They will enter in classes of their own. Remember - all entries must have been completed by the entrant within the last 2 years - District Meeting 2014-District Meeting 2016.

Pre-registration (June 1, 2016) of your item(s) is essential for set-up and committee planning (limit 2 entries in each category). All entry forms and instructions will soon be available in the District 6 website as well as included in delegate packets. If you will not be attending the convention, arrange with one of your lodge members who will be representing your lodge to carry your item(s).

We look forward to a great convention and an amazing display of the Folk Art of our heritage, created today, by our members!. Enjoy working on your projects(s)! Tusen Takk for your participation and for sharing your talent as we Mine Our Heritage in 2016.

Feel free to contact me if you have questions. I do not answer the phone to unknown numbers so please wait to leave a message and I will call you back.

Crystal Sundet

2016 Convention Folk Art Chairperson

720-283-8592 or 720-270-5236 (cell)

crystalkr@reagan.com

Bunad Camp 2016



All About Bunads

Bunads come in many varieties ranging from exquisitely embellished with trims or embroidery on wool or with no embroidery at all and made of cotton. Make your own custom bunad or hverdagsdrakt (everyday bunad) whether it is elaborate or simple. Expert dressmaker, Sue Sutherland will help you make the bunad you have always dreamed of.

- April 4-7 2016
- Taught by Sue Sutherland of Bunad Butikken
- A selection of imported fabric will be available to purchase to customize your own bunad
- Registration is \$300 plus lodging and materials for Sons of Norway members; \$350 for non-members.
- Individual instruction in authentic embroidery and construction
- Class size is limited to 12 students



For more information contact Pamela: 707-778-8120
Or email to clothcrafter@sbcglobal.net

Camp Norge
250 Canyon Mine Road
Alta, CA





Norwegian Pancakes

From cooking show, New Scandinavian Cooking

Ingredients

3/4 cup flour
 1/4 teaspoon salt
 3 large eggs
 1-1/2 cups milk
 1 tablespoon sugar (or honey)
 3 tablespoons butter, melted

Directions

Combine the flour and salt in a medium bowl. Add the eggs, milk and sugar, whisk until you have a light batter; make sure there are no lumps. Stir in the melted butter. Let rest for 30 minutes.

Heat 2 teaspoons of butter over medium heat in a cast-iron or other heavy skillet. Add 1/3 cup of the batter and immediately tilt the skillet so that the batter spreads out evenly.

Cook for approximately 3 minutes, until the batter has set on top, then flip, using a spatula. Cook for 2 minutes, then transfer to a plate. Repeat, stacking the cooked pancakes, until you have used all the batter.

Serve the pancakes warm with berries and sugar.
 Makes 2-4 servings



Social Committees & Events

Sept. 17 Heritage Dinner

Joyce Oen	Dale Roybal
Phil & Mary Hinshaw	Millie Wright
Arlene LaBree	Cecelia Wandiga
Lucy Leon	Cheryl Edwards
Linda & Steve Rawlinson	Mari & John Rem
Claudia Fisketti	Sandra Yeaman

October 5 Lodge Meeting

October 23—25 So. Cal. Kretsstevne

November 21 Lutefisk Dinner

Jim Adams	Dean Seiler
Don Balmer	Sig & Tam Stautland
Collette Burgess	Mary Conklin (krumkaker)
Douglas Swensen	Karina Maloney
Solveig Fauskanger	Bruce Furchner
Patrick Kearney	Cecilia Wandiga
Maury, Graciela, & Erica Lee	

Just for Fun

Ole & Lena Jokes

Door Prize

Ole went to the Sons of Norway Hall one night and finally won the door prize, this month it was a toilet brush.

He was so excited that he won he brought it home and used it often. Someone asked him during the next meeting what prize he had won and if he liked it or not.

Ole replied "Yeah, I like the toilet brush but think I will go back to using paper."

Night Call

One night, Ole and Lena were fast asleep when all of a sudden the phone rings. Ole wakens and goes to answer it.

"How the heck should I know, that's a thousand miles away!!" he barks into the phone and then slams down the receiver.

"Who was that?" asks Lena.

"I have no idea, Lena," answers Ole. "Somebody wanted to know if the coast is clear."

SIXTY SECOND ROSEMALING SEMINAR AT CAMP NORGE

September 26/27, 2015

It is time to make your reservations for the adult (18 years and over) Fall Rosemaling Seminar at Camp Norge. We will have three classes. The teachers are Karen Nelson, Mardella Ivers and Onya Tolmasoff. We will be painting a 14" beaded square plate

Karen is teaching a Rogaland pattern on an Oak moss Green background. Mardella will teach a Rogaland design by Vi Thode a black green background and Onya is teaching a Valdres design on a medium dark green background.

Check the Camp Norge Website for pictures of all three projects: www.campnorge.org

.I don't have all the pictures yet, but they will be coming shortly, I am assured.

Please make your bed reservation with me. I develop the list of who is in which room. You will pay for your bed when you arrive at Camp. It is not included in your class fee. Bring your current membership card. If you can't locate your membership card, bring the last issue of your Viking Magazine. It has your number in the address box.

Members pay \$16.20 per night; guests pay \$27.00 for beds in the dorms, which includes 8% Placer County Occupancy Tax.

Only members are allowed to stay in the main house and the cozy cabins.

For people who want to room together, I need to receive the list of names with the first reservation. RV's are encouraged as we have a limited number of beds. Members pay \$25 per night for up to four people per RV. Guests pay \$35 per night for RV's

Camp has electrical and water, but no sewer hookups. Tents are \$15 for up to four people for members, \$20 for non members.

No occupancy tax on RV's or tents.

Pets are \$2 per night. Pets are not allowed in any of the buildings, pool area or sleeping rooms at any time.

Please include your full phone number, address and lodge name and number when registering. If you have email, please include your email address. It is so much faster and cheaper if I need to talk to you.

The supply lists will be sent when I receive your registration form and check.

ABSOLUTELY NO EMAIL RESERVATION REQUESTS.

I need the check and registration form together.

Be sure to send a self addressed stamped envelope for your supply list and class confirmation information if you do not have e-mail. I will not be sending you a supply list unless you send me a self-addressed, stamped envelope or your e-mail address with your registration form. I use Microsoft Word running on the Windows 7 program

The cost of the seminar will be \$87 for registration which includes the class and wood piece, all base coated and ready to go, hall rent, and the meals.

There will be \$25 cancellation fee for any cancellations, but absolutely no cancellations after Sept. 9th

It is difficult for people on the waiting list to take your place if they do not have at least a couple of weeks to make their plans, so please be thoughtful.

Melanie Souza will again do our cooking. The cost for food for the weekend is included in the \$87 registration fee. The food includes breakfast, lunch and dinner on Saturday and breakfast and lunch on Sunday.

You were so very generous and cooperative with the cookies last time. I do so appreciate that.

We will ask just one class to bring cookies, and will rotate those classes each time. The information will be on your supply list.

My e-mail address is pennyjknudsen@sbcglobal.net

.My phone number is (916)941-6433. Please cut off and complete the following registration form, make your check payable to Penny (not Camp Norge) and return as soon as possible with your stamped, self-addressed envelope for supply list if you do not wish to receive it by e-mail, to:

Penny Joseph Knudsen, 3774 Park Drive, El Dorado Hills, California 95762

SEPTEMBER 26/27, 2015

ROSEMALING SEMINAR REGISTRATION FORM

Name _____ Phone (____) _____ I need a bed reservation: Yes _____ No _____

Address _____ E-mail address _____ I want to room with: _____

City _____ Zip _____ Name of Lodge _____

Class I want is: Karen _____ Mardella _____ Onya _____

I am bringing my RV _____ I am bringing my tent _____

I am enclosing \$87 for registration fee for food and class.

My spouse and/or family will be eating with us and I enclose \$35 for each _____

Lodge Name Badges

All members are encouraged to purchase and wear name badges so that we can get to know you and you can get to know everyone else.

Order your name badge directly from Awards of Tahoe.

These are the same hard white plastic name badges with the lodge name in white and the Sons of Norway shield in red, white & blue that many members already have. Your name and Valhall #6-025 will be in blue.

The cost for each badge is \$8.50 (includes tax and shipping). This badge has a pin. Magnet badges are also available for \$9.50 per pin.

To obtain your name badge send this form and a check for \$8.50 (or 9.50) per badge to the address shown below. Make the check payable to Awards of Tahoe

Phone: 530-541-6661

Email: AOTahoe@aol.com

**AWARDS OF TAHOE
3053 HARRISON AVE., #206
SOUTH LAKE TAHOE, CA 96150**

**Please send Sons of Norway
name tag(s) for:**

**(Please Print Names)
Valhall Lodge No. 25
San Diego, CA**

Enclosed is my check for _____
\$8.50 or \$9.50 per badge (includes tax and
shipping) Payable to **Awards of Tahoe**.
Please send the name tag(s) to this address:

Name _____

Street _____

City _____ **ST** _____ **Zip** _____

Phone: _____

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Calendar of Valhall Events

September

5 Sat Ladies of Valhall
10 Thu Rosemaling
19 Sat Heritage/Membership Dinner
24 Thu Rosemaling

October

3 Sat Ladies of Valhall
5 Mon Corporation Meeting at 6:30 PM
5 Mon **Lodge Meeting**
8 Thu Rosemaling
21 Wed Board Meeting
22 Thu Rosemaling
23-25 Fri/Sun Southern California Kretsstevne Weekend

November

7 Sat Ladies of Valhall
12 Thu Rosemaling
21 Sat LOV Lille Butikken at 3:00 PM
21 Sat Lutefisk Dinner
26 Thu Rosemaling

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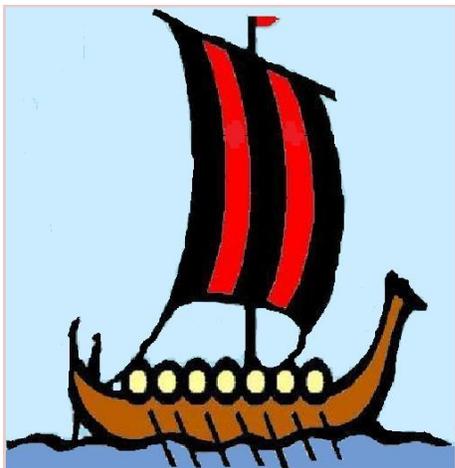
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E-Mail articles to:
lodgevalhall@yahoo.com
or alabree25@yahoo.com