Valhall Viking

December 2015

Number 10

1912—2015

VALHALL LODGE

Meetings
at the
East San Diego Masonic Temple
7849 Tommy Drive
San Diego, CA
92119-1799

www.lodgeofvalhall.com

www.sofn.com

Juletrefest
December 19, 2015

Next Lodge Meeting
Mon Dec.7, 2015
7:00 pm

Newsletter Deadline:
Jan. 23, 2015

President's Message

Happy Turkey Day to one and all. I hope that everyone had a great Thanksgiving, and that you didn't eat too much!!!

I certainly indulged at the Lutefisk dinner at the lodge on November 21. If you were not there, you missed a fabulous dinner, lovingly prepared by Anita Reith, and assisted by a great crew headed up by Judy Sawyer. The fish was delish, and the meatballs were fantastic, once again due to Helen and Dean Seiler. Thank you to everyone on the committee, it was a great social, and great fun shopping at the Lille Butikken.

Coming up later this month will be our Jultrefest. I hope that everyone can join us in celebrating with a potluck and singing and dancing around the Christmas tree. And then it will be the New Year!

Speaking of the New Year, please see the board meeting minutes regarding the end of our lease at the Masonic Lodge, and our anticipated move to new digs. Negotiations will be arranged, and it is the hope of the board that we will soon be able to announce our new meeting place. We will keep you posted. There will be no lodge meeting or social in January, as we will need to be sorting out the lodge's inventory, and getting ready to move. We will be requesting assistance for the move, and will notify the membership with details.

Don't forget, there will be a Lodge meeting on Monday, December 7th, too. See you there!

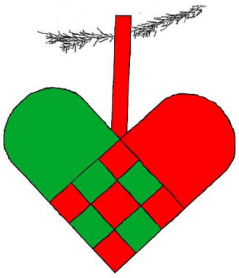
Vennlig hilsen, Susan Cody

God Jul!

Valhall Annual Christmas Party And Potluck Dinner

Saturday, December 19, 2015

Adults Happy Hour and
Children's Activities
5:00-6:00 P.M.
Pot Luck Dinner 6:00 -7:00
(bring enough for 8-10 people)
Norsk food encouraged!



Last names with N-Z bring a main dish
Last names with A-M bring a side dish or salad
Dessert Will Be Provided
(If You Can, Bring Norwegian Christmas Cookies to Share)
Go Around the Christmas tree Norwegian Style…
Family Entainment and Visit with Santa

Make Reservations before December 18th
We need a count of adults attending for seating arrangements and number of kids to reserve Christmas bags for children under 13.

Ellen Spitzer 619-933-5409 leave a message/ text or e-mail ellenspitzer@cox.net
E. San Diego Masonic Temple, 7849 Tommy Dr., San Diego. CA

Important News from District SuperSix

The District Six Nominating Committee is now evaluating candidates for the District Six Board of Directors (June, 2016 – June, 2018).

The District Six Nominating Committee members are:
•Lyle Berge (CO-UT) – lyle.berge@sofnboard.com
•Roger Espeland (AZ) – roger.espeland@sofn6.org
•Randi Cruze (Northern CA) – randi.cruze@sofn6.org
•Lise Fleming (Southern CA) – lise.fleming@sofn6.org
•Gwen Knighton (NV) – gwen.knighton@sofn6.org

Will you consider serving on the District Six Board from June 2016 – June 2018? The recently formed Nominating Committee anticipates hearing from many dedicated members who will ultimately provide a solid representation of the membership in the District. Our Committee will introduce the names of candidates for all thirteen positions at the June 2016 biennial meeting in Loveland, CO. Delegates from all local lodges in District Six are eligible – Be An Elected Delegate!

All candidates must be Benefit members by the date of the 2016 Convention, over the age of 18 and complete the Candidate Application form here.

If you are interested, please complete the Candidate Application Form and forward to the Chair, Lyle Berge lyle.berge@sofnboard.com or 1353 W. 88th Ave. D-202, Thornton, CO 80260. You may also contact other committee members (see list above).

See the District Six website for application form and to see what positions are available..

Currently, Rick Hausvik is on the District Six Board but he does not plan to run again for this position. It is hoped someone from Valhall Lodge is interested in becoming a Board member for our district so our lodge can be well represented..

Lodge Officers for 2015

President	Susan Cody	619-303-5220
Vice-President	Marc Schaefer	858-880-5653
Counselor	Rick Hausvik	619-579-5447
Secretary	Janet Weber	858-484-3996
Assist. Secretary	VACANT	
Financial Secretary	Aprell Bigler	619-284-6221
Treasurer	Millie Wright	619-443-0942
Social Director	Judy Sawyer	619-993-9113
Assist. Social Director	Joyce Oen	858-271-6229
Cultural Director	Sven Olsen	760-735-6171
Marshal	Steve Rawlinson	619-275-1934
Assistant Marshal	Patrick Kearney	
Greeter	Lou Coover	610-264-9486
Historian	Jean Shogren	619-287-6056
Librarian	Else Ottesen	858-569-5960
Musician	Ragnhild Amble	619-465-7425
Editor	Arlene LaBree	858-271-8709
Assistant Editor	Amelia Seeto-Murguia	619-988-2452
Foundation Director	Rick Hausvik	619-579-5447
Publicity Director	Sven Olsen	760-735-6171
Youth Director	Ellen Spitzer	619-444-9077
Sports Director	Ellen Spitzer	619-444-9077
Trustee (3 years)	Raymond Johnsen	858-459-5430
Trustee (1 year)	Joyce Oen	858-217-6229
Trustee (2 years)	Judy Sawyer	619-993-9113
Auditors:	Allen Johannesen	858-452-1797
	Thelma Johannesen	858-452-1797
	Sig Stautland	619-299-9237
Corporation Directors		
	Andy Ueland	619-226-1946
	Don Balmer	619-466-2179
	Susan Cody	619-303-5220
Corporation Officers		
President	Allen Johannesen	858-452-1797
Vice President	Sigurd Stautland	619-299-9237
Secretary	Aprell Bigler	619-284-6221
Treasurer	Rick Hausvik	619-579-5447

Happy Birthday
Gratulerer Med Dagen!

December 2015 Birthdays

1	John Steen
5	Jan Garzon
7	Rosalie Olson
9	Cheryl Edwards
10	Claudia Kristine Fisketti
10	Peggy Gere
10	Jeff Wergeland
12	Mary Hovland
14	Gale Schaffroth
15	Eldbjorg Backous
17	Allen Johannesen
20	Ragnhild Amble
23	Ola Brevig
25	Arita White
29	Helen Andrewson

January 2016 Birthdays

1	Jerilynn Hovland
3	Kenneth Monson
4	Barbara Evje
6	Sara Wheeland
7	Erik Aamodt
11	Solveig Waters Appel
11	Tam Stautland
13	Thelma Johannesen
16	Helga Moore
21	Charles Hansen
22	Monica Ruth Johnsen
22	Lucille Wendling
25	Erik Adams
25	Don Amundson
26	Wendy Hovland-Henry
26	Glenn Jerpseth

Barnas Klubb

Crafts, Cooking, & Culture

Valhall Lodge Kids Activities at Socials

Free classes in Rosemaling for Valhall members.

Thursdays at 11:00am to 2:00pm

MEETING AT CARMEN'S.FOR NOW.

2nd and 4th Thursday of each month 11:30 til 2:00, except November and Christmas.

Contact Instructor Carmen Cleary by phone at 619- 922-6071 or email carmencleary@gmail.com for more information.

Sons of Norway
Mission Statement

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

LOV NOTES

November-December 2015

Next Meeting: January 2, 2016 at 9:00am. Denny's Restaurant in Fletcher Hills
Hostesses: Millie Wright & Myla Coleman

Well the 2015 holiday season is fast approaching and I was happy to see so many members in attendance. Our group was pleased to have Judy Sawyer, Mary Conklin, Darleen Bradley and Liz Urich as visitors this month.

Susan Cody shared the new proposed draft of our LOV brochure she has been working on that will soon be ready to share with new lodge members. We voted to have our current officers to continue in their positions during 2016. Dale Roybal as President, Joyce Oen as Vice President, Sandra Yeaman as Secretary and Amelia Murguia as Treasurer.

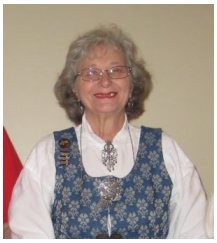
Finalizing plans for the annual Lille Butikken was on the agenda. We again ordered Norwegian calendars, lefse and Gjetost for sale at the Lutefisk Dinner Social. As was to be expected our homemade lefse sold out quickly. We still had some Wisconsin Lefse, Norwegian Gjetost and calendars at the end of the evening. Call Joyce at 858 217 6229 if you would like to order some for the holidays. There will also be lefse for sale at the House of Norway during the International Christmas Festival at Balboa Park December 4&5. A Rondaskakk Bunad from the Oppland District was also for sale this year. It is still available since it was not the right size for those who were considering purchasing it. If interested contact Anne Hoidal at 619 286 8641.

The two lucky winners of our raffle were the Paulovich Family who took home the Kransekake (Almond Wreath Cake) and Wilma Springer won the Henning carved Accordion Player.

Tam Stautland reported that the book club focus next year would start with looking at the play Hedda Gabler; since a local theater company will be presenting it this coming spring. Tam then introduced Thelma Johannesen who shared with us her latest hand-appliqued quilts. She always has us spell bound with her work that has been in several local quilt shows. The quilt that drew the most oohs was a full-sized top with twelve different Santas from around the world.
Wishing you all a wonderful holiday season and Happy New Year!

Dale Roybal, LOV President

Dale Roybal, 2015 LOV President



Millie and Thelma holding up the Thelma's Christmas Village quilt at the November LOV meeting.

Picture above is Thelma's recent creation, Classic Santa Clauses from around the world.

Below is close-up of one of the Santas.

Minutes of the Valhall Board Meeting

Wednesday, October 21, 2015

Call to Order:
Susan Cody called the meeting to order at 6:50 PM. There were 9 board members present: they are listed at the end of the minutes.

ACCEPTANCE OF MINUTES:
The minutes of July 15, 2015 board meeting were accepted.

OFFICER REPORTS:
Vice President: no report
Secretary: no report
Counselor and Foundation: Rick Hausvik
(1) reported on a fund raising program using gift cards from Ralphs/Kroger grocery store. Another lodge is successfully using a program where $5 reloadable gift cards are given to members who bring potential new members to a lodge function. Upon reloading the card, 5% of the amount is given to the lodge.
(2) He reported that some other lodges are very pleased with the Fraternalsgive.org website that is used for tracking lodge functions and volunteer hours. Janet Weber added that she will be using it this year for those purposes.
(3) Rick reported that he plans to get together with the committee of Aprell, Marc Schaefer and Sven Olsen to review and update the bylaws.
(4) Rick reported that the Krettstevne is expecting a lower than usual turnout this year. Several members have had health issues that will prevent their participation. (4) There is a new upgraded membership package that will be available this year upon request.
(5) Rick reported that he will not be running for Zone Director next year and he hopes someone else in the lodge would be interested in that position. Arlene added that she can place information about this and all District Offices in the next newsletter.

Treasurer: (1) Millie Wright gave the Treasurer's Report. (2) Millie gave copies of the Valhall Liability Report to Janet Weber and Rick Hausvik.
(3) Steve Rawlinson reported that anniversary gifts were given and acknowledged by Solskinn and Vinland Lodges.

Social Director: (1) Judy Sawyer reported that the September Heritage Social went well and a small profit was made.
(2) She will be working on getting a committee together for the November Lutefisk Dinner, which will be similar to last year's dinner. There was some discussion about the price of the lutefisk and lefse that need to be ordered.
(3) Marc Schaefer added that he is looking for ideas for kids activities for the Barnas Klubb. (4) There was discussion about the price for the November Social, which will be set at $20 for prepay or $24 at the door. These prices were printed in an ad Sven Olsen placed in the NAW (Norwegian American Weekly) newspaper. (5) Susan Cody announced that she is holding a Lefse making class at the lodge on November 14 at 9am. There is room in the class for 10 people and more classes will be held if enough people are interested in signing up. Members can earn points towards the cultural cooking pin by taking this class.

Newsletter: Arlene LaBree reported that the printing of the Valhall Viking has had a slower turnaround time recently. The printer we have been using is under new ownership, and service is not as quick as it used to be. Other options were mentioned and she will look into a potential change of printer for 2016.

Website: (1)Steve Rawlinson discussed rules the District has shared about printing pictures on our website. Copyrighted photos cannot be used without permission from the owner. He also discussed getting permission from members before posting their names and/or photos on the website.
(2) There was a discussion about member privacy of phone numbers. An alternative would be to have one phone # with a voicemail system. A motion was made by Rick Hausvik to have Steve Rawlinson will look into this, it was seconded by Millie Wright, and approved by the board.

Youth Membership: Marc Schaefer discussed ideas for future Barnas Klubb activities.

Membership: Rick Hausvik reported on the new membership drive for Sons of Norway, called the Super Six 6000.

Trustees: no report

President: (1) Susan Cody reported that we have scheduling conflicts for the socials and meetings planned for 2016. The Valhall schedule for 2016 has us using more Saturdays than we did in 2015, but not more than we always have in the past. Building manager Tim has already rented the space to other groups on 4 of the third Saturdays that we have events planned. In addition, the rent is going up to $900/month. Several board members have been actively looking at alternative venues, such as the Heartland Masonic Lodge in El Cajon and the Ascension Lutheran Church on Zion Ave in San Diego. Several board members plan to look at more venues on Oct. 26 and continue the search, and Rick will continue discussions about scheduling and rent with our current Masonic Lodge.
(2) Marc Schaefer made a motion to restore Monday meetings for 2016, this was seconded by Millie Wright and Judy Sawyer. The motion was passed.
(3) Revised social schedule for 2016 is as follows:
February: Salmon dinner
March: Anniversary dinner

Cont. next page —->

April: not decided yet
May: Sytennde Mai
June: Ice cream social
July/August: no socials
September: Heritage social
October: Krettstevne
November: Lutefisk dinner and Lille Buttiken
December: Christmas potluck social
Lodge meetings would be held on the first Monday of every month except July and August

OLD BUSINESS: Allen Johanessen (absent) is working on the tax exemption forms.

NEW BUSINESS: (1) We are looking for new Valhall home, see President's report above.
(2) Marc Schaefer reported that some members have complained that they don't enjoy the insurance presentations given by our representative, Pat Kelley, who lives in LA County. They wish we had someone more local. Rick Hausvik explained that we do not have an option to choose our representative, Headquarters in Minneapolis makes this decision.

FOR THE GOOD OF THE ORDER:
Millie Wright reported that the bank has cleared up a small check amount discrepancy, and have refunded us 3 cents!!

The following members were present at this board meeting: Susan Cody, Rick Hausvik, Judy Sawyer, Arlene LaBree, Steve Rawlinson, Willie Wright, Aprell Bigler, Janet Weber and Marc Schaefer.

Adjournment:
The board meeting adjourned at 8:40PM.
The next board meeting will be Jan. 20, 2016
The next social will be Nov. 21, 2015
The next lodge meeting will be Dec. 7, 2015
Respectfully submitted by:
Janet Weber, Secretary
Valhall #6-25

Minutes of the Emergency Valhall Board Meeting

Monday, November 16, 2015

Call to Order:
Susan Cody called the meeting to order at 6:00 PM. There were 14 board members present: they are listed at the end of the minutes.

The purpose of this meeting was to discuss Valhall's finding a new location for our meetings and socials. Our current rent is $680/month, and it will be raised to $900/month in 2016, in addition we will not be able to use the lodge for all the socials planned for 2016. It has become clear that we have to move.

Rick Hausvik gave a summary of rent that several other lodges in District 6 pay. Some pay nothing and provide a donation, some pay $75/month, most meet at a church.

Marc, Susan, and Rick have visited several potential locations, and there are two possibilities. One is the Heartland Masonic Lodge in El Cajon, the other is Ascension Lutheran Church in Allied Gardens area of San Diego. The Heartland Lodge in El Cajon would be ideal but the rent there is $600/month and location would be farther away for many members.
The church would likely be considerably cheaper, but firm rates have not been established. The church location can provide us a small amount of storage which could accommodate the regalia, but we would need to purchase a storage shed, which we can keep on the property, for additional storage. The church has a good kitchen that we can use, and the church allows beer and wine to be served at social functions. Joyce Oen has a recent inventory of Valhall possessions, and this will be helpful for the move, as we will have to purge a lot of what we've acquired after all these years at the Masonic Lodge. The church has a piano and PA system that we could use.
Steve Rawlinson made a motion that Susan and Rick negotiate with the church, starting with a proposed fee of $150/month, with a cap at $400/month. Amelia Seeto-Murguia seconded, and after discussion, the motion was passed.

Steve Rawlinson made a second motion that if Susan and Rick can negotiate a reasonable deal with Ascension Lutheran Church within the limits of the above motion, then the lodge will move to that location. Millie Wright seconded this and the motion was passed.

The meeting was adjourned at 6:55PM.

The following board members were present: Susan Cody, Rick Hausvik, Janet Weber, Steve Rawlinson, Joyce Oen, Judy Sawyer, Arlene LaBree, Amelia Seeto Murguia, Jean Shogren, Allen Johannesen, Millie Wright, Sven Olsen, Tam and Sig Stautland.

Respectfully submitted by:
Janet Weber, Secretary
Valhall #6-25

Love That Lutefisk !

Lutefisk/Meatball Dinner Nov. 21st

Anita Reith, lutefisk chef and Judy Sawyer, social director and chef, in kitchen getting ready for the Lutefisk/Meatball Social in November. Great job ladies!

Barbara Paulovich holding the Kransekake she won in the raffle at the November social.

Rosalie Olson & Arnette Scherl registering with Dealn Seiler and Sig Stautland/ for November Social.

Helen Seiler and Tam Stautland at Lutefisk/Meatball social. Special thanks to Helen and Dean Seiler for making the delicious meatballs

Karina Malony and Olivia Stedham showing off the krumkak at the Lutefisk/Meatball dinner.

Sandra Yeaman holing the Norwegian wood carving she won in the raffle at the November social. Annoucing the winners was Dale Roybal.

Around Valhall

Bob and Becky Bourdage with Carmen Cleary at the November Social.

Having fun at the lefse-making class: Stacey-Michelle Walker, Susan Cody, Arlene LaBree, and Mari Olson-Weir. Susan organized and taught the class, The lefse was delicious!

Charles and Cathie Sundrie at the November Lutefisk/ Meatball Social.

It was great to see Lorraine Tucker at the November LOV meeting!

Two lovely ladies helping serve the lutefisk dinner—Olivia Stedham and Astrid Lunde (Queen of House of Norway.

Joyce Olsen looking radiant at the Lutefisk/Meatball dinner.

Norway's Best Pepper Cookies

Adapted from allrecipes.com

Makes 30 servings

- 1⅛ cups butter
- 1 cup white sugar
- ¼ cup heavy whipping cream
- 1 tsp baking soda
- 3¼ cups all-purpose flour
- 1 tsp ground cinnamon
- 1 tsp ground black pepper
- 1½ tsp ground cardamom
- 1 tsp baking powder

Mix together the sugar and butter until fluffy. Add cream to mixture and stir.

Next, add baking soda and a little water (less than 2 tablespoons) to the butter mixture. Sprinkle the spices, baking powder and flour into the mixture and combine until dough forms.

Roll into 2½ inch diameter segments. Wrap tightly and chill thoroughly in refrigerator.

Bring oven to 375°F. Unwrap chilled dough and slice into thin pieces.

Place cookie slices on lightly greased cookie sheet and bake for 6 to 8 minutes. Cool cookies on wire rack.

Social Committees & Events

December 7 **Lodge Meeting**

December 19 **Juletre Fest (party & potluck)**

Chair: Ellen Spitzer
Helen Andrewson
Kim & Bob Bardin
Aprell & Don Bigler
Wendy Hovland-Henry
Doug & Jerilynn Hovland
Kaitlin Hovland
William & Mary Stedham
Amelia & David Murguia
Cody & Sara Wheeland
Laura Sutton

January 2016 **Valhall Lodge Moving!!!**

Happy New Year! There will be no lodge meeting or social this January. The location where we have been meeting has greatly increased their rental fees, and some of our socials will not be able to meet on the scheduled times we requested, so we need to move.

We plan to move in January. Please notify by phone or email Susan Cody or Marc Schaefer and volunteer to help with the move. Many hands make light work!

Lutefisk-Meatball Social

What a wonderful beginning to the Holiday Season.....
Thank you to all in attendance. We served approximately 115...

Special thanks to Helen and Dean Seiler for the delicious and plentiful Meatballs....also to Mary Conklin for making the oh so delicate Krumkake...and to House of Norway's Queen Astrid for adding the whipped cream and sauce.

The Awesome committee:
Anita Reith, Lutefisk cook...she knew just when it was done...
Maury Lee, Bar
Millie, reservations, also helped me Bag purchased Lutefisk...
Sig and Dean, check in
Tam and Maritt, Hostess, and organizing seating.
Sven, Song leader, and consultant....
Susan C for picking up the Lutefisk from Airport
Cecilia, Graciela, Mary, Anita, and myself preparing plates for pickup.
Karina, Trevor, Olivia, and Paul for a great job taking orders and serving.
Karina and Sven for setting up tables for LOV....and James for helping set up. And to ALL for staying and helping Clean Up....the most important task ever.....

Sincerely....Judy

Countdown to Christmas with the Julekalender

Counting down the days to Christmas is a feeling of anticipation and joy. For children, the eagerness of Santa bringing Christmas presents can arguably be the greatest happiness in a child's life. The Christmas Calendar or the Julekalender is a tradition, popular in Norway, which gets both children and adults alike excited for the days leading up to Christmas.

The Julekalender can be compared to the familiar Christmas Advent calendar; a cardboard Christmas scene with chocolates hidden behind small windows for every day of December. The small task of opening up a window, similarly to crossing out a day on the calendar, is a task that people of all ages can get thrilled over. This tradition of opening a small treat every day until Christmas was started in Germany for those celebrating the season of Advent, which starts four Sundays before Christmas.

In Norway, the chocolate Advent calendars can be found in nearly every grocery store. However, many Norwegians like to make their own in order to personalize their calendar for their friends or family. The average Julekalender is simple yet extravagant compared to small chocolates. People fill their calendars with small gifts; one for each day leading up to Christmas.

Types of Julekalenders:

1. The Pocket Calendar literally hangs from the wall. You can use a large piece of cloth by sewing in 25 pockets in which to place each small gift. This way you can you can skip wrapping the gifts all together.
2. The Hanging Calendar uses some sort of structure to hang the gifts. Commonly a wire clothesline that can hang in the house, a small decorative tree or a homemade wooden structure is great for hanging 25 small gifts using clothespins, pegs, hooks or string. This calendar is very decorative and is fun to get creative with.
3. The Box Calendar is a bit tricky but is very fun to use. Using cardboard and old match boxes, create a structure of tall sliding drawers. Wrap the boxes for extra decoration, glue them together and simply add your gift inside each drawer. Be sure to number each of your gifts in order to signify which day of December they should be opened. Some parents like to make a calendar for each child or make one and designate which kids get which day. Gifts can include small toys, chocolates, poems, jewelry, handmade ornaments and so much more. In order to give it that Nordic charm, decorate with red and white colors, use natural materials like bark, twigs, pine, paper and felt. The point is to get creative and enjoy the countdown to Christmas as a family and friends.There are some pretty amazing Julekalender ideas on Pinterest at http://www.pinterest.com/, so take a look and get inspired.

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Pat Kelly:
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Cell: 818-667-6627
Fax: 818-905-5785
Email: amlives@aol.com

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You cannot find earnings rates as good as SOFN Offers in other major financial institutions

In Recognition
of
Ten Years of Membership,

Sons of Norway awards a Certificate of Appreciation and Pin to the following members for Their long and faithful service:

Ten Years of Membership
Edvard Hemmingsen
Rhonda Gorder

Congratulations to you!
Valhall Lodge 6-025 ~ Sons of Norway

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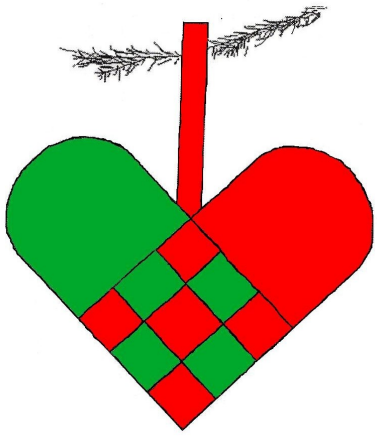
Valhall Viking

DECEMBER 2015



God Jul!

Next newsletter is the
February issue

Deadline for the
Feb. Valhall Viking
is Jan.23, 2016

E-Mail articles to:
lodgevalhall@yahoo.com
or alabree25@yahoo.com